

**EXPRESS SWIM TEAM**  
**2009-10 SHORT COURSE SEASON**

**Individual Meet Entries Report**

**Silver B Conference Meet 15-Feb-10 Yards**

**Location: York High School-ILS0238-10**

**GIRLS**

<b>Allen, Elizabeth G (11)</b>	EXPR-IL	# 47	Girls 13 & Over100 Fly	1:29.33Y
# 5	Girls 11-12 50 Free	38.15Y	<b>Kaminski, Courtney M (15)</b>	EXPR-IL
# 21	Girls 11-12 50 Back	51.64Y	# 23	Girls 13 & Over100 Back
<b>Arend, Bree C (13)</b>	EXPR-IL	# 47	Girls 13 & Over100 Fly	1:01.94Y
# 31	Girls 13 & Over100 Breast	1:26.12Y	<b>Kazmierczak, Liz (13)</b>	EXPR-IL
# 39	Girls 13 & Over100 Free	1:10.17Y	# 23	Girls 13 & Over100 Back
<b>Bondarowicz, Alyse K (11)</b>	EXPR-IL	# 39	Girls 13 & Over100 Free	1:13.40Y
# 5	Girls 11-12 50 Free	32.09Y	<b>Kenney, Samantha C (12)</b>	EXPR-IL
# 13	Girls 11-12 100 IM	1:26.40Y	# 5	Girls 11-12 50 Free
<b>Cikoch, Anita R (11)</b>	EXPR-IL	# 37	Girls 11-12 100 Free	1:13.95Y
# 5	Girls 11-12 50 Free	36.46Y	<b>Koch, Marie E (16)</b>	EXPR-IL
# 29	Girls 11-12 50 Breast	54.95Y	# 7	Girls 13 & Over50 Free
<b>Costello, Grace E (8)</b>	EXPR-IL	# 39	Girls 13 & Over100 Free	1:11.48Y
# 1	Girls 8 & Under 25 Free	24.56Y	<b>La Londe, Jessica J (15)</b>	EXPR-IL
# 25	Girls 8 & Under 25 Breast	34.63Y	# 7	Girls 13 & Over50 Free
<b>Cotter, Sally (13)</b>	EXPR-IL	# 39	Girls 13 & Over100 Free	NT
# 23	Girls 13 & Over100 Back	1:24.70Y	<b>Lake, Carolyn (9)</b>	EXPR-IL
# 39	Girls 13 & Over100 Free	1:17.33Y	# 19	Girls 9-10 50 Back
<b>Crandell, Esther H (9)</b>	EXPR-IL	# 35	Girls 9-10 100 Free	1:27.61Y
# 19	Girls 9-10 50 Back	49.43Y	<b>Lapen, Chloe A (12)</b>	EXPR-IL
# 35	Girls 9-10 100 Free	1:31.40Y	# 5	Girls 11-12 50 Free
<b>Cunningham, Abby (7)</b>	EXPR-IL	# 37	Girls 11-12 100 Free	1:16.50Y
# 1	Girls 8 & Under 25 Free	33.51Y	<b>Larson, Mary E (10)</b>	EXPR-IL
# 17	Girls 8 & Under 25 Back	39.92Y	# 3	Girls 9-10 50 Free
<b>Davis, Julia T (9)</b>	EXPR-IL	# 43	Girls 9-10 50 Fly	NT
# 3	Girls 9-10 50 Free	37.87Y	<b>Lawrence, Cairo A (10)</b>	EXPR-IL
# 19	Girls 9-10 50 Back	45.64Y	# 19	Girls 9-10 50 Back
<b>Dietrich, Meghan G (8)</b>	EXPR-IL	# 35	Girls 9-10 100 Free	1:22.79Y
# 1	Girls 8 & Under 25 Free	26.04Y	<b>Luebchow, Taylor L (9)</b>	EXPR-IL
# 17	Girls 8 & Under 25 Back	24.24Y	# 3	Girls 9-10 50 Free
<b>Ferrari, Martita A (10)</b>	EXPR-IL	# 35	Girls 9-10 100 Free	1:21.30Y
# 11	Girls 9-10 100 IM	1:42.04Y	<b>Martin, Silvia M (13)</b>	EXPR-IL
# 43	Girls 9-10 50 Fly	45.08Y	# 15	Girls 13 & Over200 IM
<b>Gibson, Alexis B (8)</b>	EXPR-IL	# 47	Girls 13 & Over100 Fly	1:10.31Y
# 1	Girls 8 & Under 25 Free	24.31Y	<b>McDaniel, Riley P (13)</b>	EXPR-IL
# 17	Girls 8 & Under 25 Back	26.55Y	# 31	Girls 13 & Over100 Breast
<b>Graefe, Kristine A (13)</b>	EXPR-IL	# 39	Girls 13 & Over100 Free	1:04.22Y
# 7	Girls 13 & Over50 Free	NT	<b>McDonnell, Emma J (13)</b>	EXPR-IL
# 23	Girls 13 & Over100 Back	NT	# 7	Girls 13 & Over50 Free
<b>Hermann, Lihdsey M (9)</b>	EXPR-IL	# 31	Girls 13 & Over100 Breast	2:18.21Y
# 3	Girls 9-10 50 Free	41.36Y	<b>McGlynn, Shannon G (9)</b>	EXPR-IL
# 35	Girls 9-10 100 Free	1:38.75Y	# 3	Girls 9-10 50 Free
<b>Johnson, Alexa G (10)</b>	EXPR-IL	# 19	Girls 9-10 50 Back	56.82Y
# 3	Girls 9-10 50 Free	40.27Y	<b>Muzykansky, Gabbie (9)</b>	EXPR-IL
# 27	Girls 9-10 50 Breast	50.52Y	# 3	Girls 9-10 50 Free
<b>Johnson, Ashley N (11)</b>	EXPR-IL	# 43	Girls 9-10 50 Fly	51.79Y
# 5	Girls 11-12 50 Free	38.93Y	<b>Nuccio, Brooke S (12)</b>	EXPR-IL
# 29	Girls 11-12 50 Breast	52.82Y	# 5	Girls 11-12 50 Free
<b>Julitz, Stephanie V (13)</b>	EXPR-IL	# 29	Girls 11-12 50 Breast	53.71Y
# 7	Girls 13 & Over50 Free	32.86Y	<b>O'Connor, Maggie R (13)</b>	EXPR-IL

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#### GIRLS

<b>O'Connor, Maggie R (13)</b>	EXPR-IL	# 3	Girls 9-10 50 Free	NT
# 7 Girls 13 & Over50 Free	30.01Y	# 35	Girls 9-10 100 Free	1:29.98Y
# 39 Girls 13 & Over100 Free	1:07.03Y	<b>Ullmann, Julia M (10)</b>		EXPR-IL
<b>Pritchard, Olivia W (12)</b>	EXPR-IL	# 3	Girls 9-10 50 Free	35.15Y
# 5 Girls 11-12 50 Free	37.71Y	# 11	Girls 9-10 100 IM	1:28.51Y
# 29 Girls 11-12 50 Breast	52.96Y	<b>Vanek, Hannah C (12)</b>		EXPR-IL
<b>Prochaska, Amanda S (9)</b>	EXPR-IL	# 5	Girls 11-12 50 Free	37.89Y
# 3 Girls 9-10 50 Free	45.09Y	# 37	Girls 11-12 100 Free	1:28.75Y
# 19 Girls 9-10 50 Back	51.18Y	<b>Verbeke, Allie (10)</b>		EXPR-IL
<b>Prochaska, Sara J (11)</b>	EXPR-IL	# 3	Girls 9-10 50 Free	43.52Y
# 5 Girls 11-12 50 Free	37.03Y	# 19	Girls 9-10 50 Back	50.35Y
# 37 Girls 11-12 100 Free	1:22.90Y	<b>Verbeke, Maddie (13)</b>		EXPR-IL
<b>Rose, Jaida M (8)</b>	EXPR-IL	# 7	Girls 13 & Over50 Free	34.14Y
# 1 Girls 8 & Under 25 Free	22.51Y	# 39	Girls 13 & Over100 Free	1:21.40Y
# 17 Girls 8 & Under 25 Back	30.45Y	<b>Veselik, Sydney E (9)</b>		EXPR-IL
<b>Salman, Claire I (10)</b>	EXPR-IL	# 3	Girls 9-10 50 Free	42.57Y
# 3 Girls 9-10 50 Free	45.71Y	# 19	Girls 9-10 50 Back	54.75Y
# 35 Girls 9-10 100 Free	1:38.53Y	<b>Wick, Alyssa M (8)</b>		EXPR-IL
<b>Schrom, Jordan M (7)</b>	EXPR-IL	# 1	Girls 8 & Under 25 Free	30.13Y
# 1 Girls 8 & Under 25 Free	22.60Y	# 17	Girls 8 & Under 25 Back	32.68Y
# 17 Girls 8 & Under 25 Back	27.40Y	<b>Woywod, Elizabeth F (10)</b>		EXPR-IL
<b>Sevcik, Jaye T (8)</b>	EXPR-IL	# 3	Girls 9-10 50 Free	41.50Y
# 1 Girls 8 & Under 25 Free	18.69Y	# 19	Girls 9-10 50 Back	47.78Y
# 41 Girls 8 & Under 25 Fly	23.09Y	<b>Woywod, Jane K (13)</b>		EXPR-IL
<b>Sharp, Abigail M (9)</b>	EXPR-IL	# 31	Girls 13 & Over100 Breast	1:33.25Y
# 3 Girls 9-10 50 Free	39.42Y	# 39	Girls 13 & Over100 Free	1:14.24Y
# 43 Girls 9-10 50 Fly	42.74Y	<b>Wydra, Rachel D (13)</b>		EXPR-IL
<b>Sharp, Callie M (12)</b>	EXPR-IL	# 7	Girls 13 & Over50 Free	31.41Y
# 13 Girls 11-12 100 IM	1:45.51Y	# 39	Girls 13 & Over100 Free	1:11.86Y
# 29 Girls 11-12 50 Breast	46.10Y	<b>Yunker, Robin J (12)</b>		EXPR-IL
<b>Sobczak, Abigail R (10)</b>	EXPR-IL	# 5	Girls 11-12 50 Free	35.49Y
# 3 Girls 9-10 50 Free	46.53Y	# 29	Girls 11-12 50 Breast	46.16Y
# 19 Girls 9-10 50 Back	51.29Y	<b>Zlioba, Inga K (7)</b>		EXPR-IL
<b>Sobczak, Isabella V (8)</b>	EXPR-IL	# 1	Girls 8 & Under 25 Free	26.41Y
# 1 Girls 8 & Under 25 Free	NT	# 17	Girls 8 & Under 25 Back	33.92Y
# 17 Girls 8 & Under 25 Back	NT			
<b>Spahn, Jessica M (6)</b>	EXPR-IL			
# 1 Girls 8 & Under 25 Free	22.38Y			
# 17 Girls 8 & Under 25 Back	27.28Y			
<b>Sparacino, Emily N (9)</b>	EXPR-IL			
# 11 Girls 9-10 100 IM	1:57.52Y			
# 43 Girls 9-10 50 Fly	49.96Y			
<b>Sparacino, Maria A (5)</b>	EXPR-IL			
# 1 Girls 8 & Under 25 Free	NT			
# 17 Girls 8 & Under 25 Back	NT			
<b>Stanley, Kate (7)</b>	EXPR-IL			
# 1 Girls 8 & Under 25 Free	NT			
# 17 Girls 8 & Under 25 Back	NT			
<b>Stevens, Erin E (14)</b>	EXPR-IL			
# 15 Girls 13 & Over200 IM	2:42.24Y			
# 47 Girls 13 & Over100 Fly	1:17.31Y			
<b>Suero, Val (10)</b>	EXPR-IL			

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**BOYS**

<b>Arend, Sky G (11)</b>		EXPR-IL
# 14	Boys 11-12 100 IM	1:27.71Y
# 30	Boys 11-12 50 Breast	45.76Y
<b>Cepeda, Danny (13)</b>		EXPR-IL
# 32	Boys 13 & Over100 Breast	1:29.10Y
# 40	Boys 13 & Over100 Free	1:10.79Y
<b>Chapa, Patrick (13)</b>		EXPR-IL
# 40	Boys 13 & Over100 Free	1:12.98Y
# 48	Boys 13 & Over100 Fly	1:24.10Y
<b>Costello, Jack (10)</b>		EXPR-IL
# 4	Boys 9-10 50 Free	49.68Y
# 28	Boys 9-10 50 Breast	1:07.50Y
<b>Elisha, Emmet G (12)</b>		EXPR-IL
# 30	Boys 11-12 50 Breast	44.86Y
# 38	Boys 11-12 100 Free	1:17.82Y
<b>Hermann, Kyle N (11)</b>		EXPR-IL
# 6	Boys 11-12 50 Free	NT
# 38	Boys 11-12 100 Free	1:27.08Y
<b>Maloney, Michael P (13)</b>		EXPR-IL
# 24	Boys 13 & Over100 Back	1:31.88Y
# 40	Boys 13 & Over100 Free	1:19.60Y
<b>Mc Anally, Dan (14)</b>		EXPR-IL
# 24	Boys 13 & Over100 Back	1:21.72Y
# 48	Boys 13 & Over100 Fly	1:19.66Y
<b>McKenzie, Russell E (13)</b>		EXPR-IL
# 24	Boys 13 & Over100 Back	1:30.24Y
# 40	Boys 13 & Over100 Free	1:16.45Y
<b>Pakowski, PJ (9)</b>		EXPR-IL
# 4	Boys 9-10 50 Free	59.61Y
# 12	Boys 9-10 100 IM	2:54.13Y
<b>Pritchard, Alden T (11)</b>		EXPR-IL
# 6	Boys 11-12 50 Free	38.62Y
# 22	Boys 11-12 50 Back	56.48Y
<b>Rutter, Tommy (9)</b>		EXPR-IL
# 4	Boys 9-10 50 Free	1:06.74Y
# 20	Boys 9-10 50 Back	1:15.31Y
<b>Smusz, Justin R (11)</b>		EXPR-IL
# 6	Boys 11-12 50 Free	35.56Y
# 38	Boys 11-12 100 Free	1:20.15Y
<b>Synak, Nicholas W (10)</b>		EXPR-IL
# 4	Boys 9-10 50 Free	40.17Y
# 28	Boys 9-10 50 Breast	48.70Y
<b>Tegeler, Christopher G (14)</b>		EXPR-IL
# 8	Boys 13 & Over50 Free	47.64Y
# 24	Boys 13 & Over100 Back	NT

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<b>Female IE's:</b>	<b>124</b>
<b>Male IE's:</b>	<b>30</b>
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<b>Total IE's:</b>	<b>154</b>
<b>Total Athletes:</b>	<b>77</b>