

**EXPRESS SWIM TEAM
2010-11 SHORT COURSE SEASON**

Individual Top Times

Times since: 01-Aug-10

Number of Top Times: All Show Yards Only

	Time	P/F/S	Name	Age/Yr			
Girls 8 & Under 25 Free							
1	15.22 Y	F	8&under Express Team Record	8	EXPR IL	8/15/2010	Express Team Record
2	15.88 Y	F	Melissa Troy	8	EXPR IL	11/6/2010	Maverick Roundup 2010
3*	16.89 Y	F	Margaret Sparacino	8	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
3*	16.89 Y	F	Kylie Moser	8	EXPR IL	10/16/2010	FOX Fall First Splash
5	17.07 Y	F	Karly Bernhard	8	EXPR IL	11/6/2010	Maverick Roundup 2010
6	17.72 Y	F	Jorie Selig	8	EXPR IL	11/6/2010	Maverick Roundup 2010
7	18.30 Y	F	Jessica Spahn	7	EXPR IL	10/16/2010	FOX Fall First Splash
8	18.32 Y	F	Olivia Bechstein	8	EXPR IL	2/20/2011	Chicagoland A Conference
9	18.65 Y	F	Kelsey Bernhard	8	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
10	19.25 Y	F	Elizabeth Bengé	8	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
11	19.71 Y	F	Inga Zlioba	8	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
12	20.00 Y	F	Kate Stanley	8	EXPR IL	2/11/2011	12th Annual Winter Classic
13	20.20 Y	F	Olivia Shirk	8	EXPR IL	2/11/2011	12th Annual Winter Classic
14	20.79 Y	F	Maria Sparacino	6	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
15	20.85 Y	F	Courtney Kaplan	7	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference
16	25.65 Y	F	Ashleigh Szydlowski	7	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference
17	27.05 Y	F	Jenna Moser	6	EXPR IL	2/11/2011	12th Annual Winter Classic
18	29.09 Y	F	Angela Troy	6	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference
19	31.78 Y	F	Sarah Shelton	7	EXPR IL	10/16/2010	FOX Fall First Splash
Girls 8 & Under 50 Free							
1	34.29 Y	BB	F	8&under Express Team Record	8	EXPR IL	8/15/2010 Express Team Record
2	34.33 Y	BB	F	Melissa Troy	8	EXPR IL	11/6/2010 Maverick Roundup 2010
3	36.76 Y	B	F	Karly Bernhard	8	EXPR IL	2/20/2011 Chicagoland A Conference
4	36.90 Y	B	F	Olivia Bechstein	8	EXPR IL	2/11/2011 12th Annual Winter Classic
5	38.25 Y	B	F	Kelsey Bernhard	8	EXPR IL	2/11/2011 12th Annual Winter Classic
6	38.26 Y	B	F	Jorie Selig	8	EXPR IL	12/10/2010 Elmhurst December ISI Meet- ILS10-1210
7	38.36 Y	B	F	Kylie Moser	8	EXPR IL	11/6/2010 Maverick Roundup 2010
8	39.36 Y	B	F	Jessica Spahn	8	EXPR IL	7/19/2011 2011 CASSL Gold Championships
9	39.81 Y	F	Elizabeth Bengé	8	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
10	40.17 Y	F	Margaret Sparacino	8	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
11	45.15 Y	F	Kate Stanley	8	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
12	48.05 Y	F	Maria Sparacino	6	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
13	49.45 Y	F	Olivia Shirk	8	EXPR IL	2/11/2011	12th Annual Winter Classic
14	49.70 Y	F	Inga Zlioba	8	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
15	1:02.97 Y	F	Sarah Shelton	7	EXPR IL	11/6/2010	Maverick Roundup 2010
16	1:02.98 Y	F	Jenna Moser	6	EXPR IL	2/11/2011	12th Annual Winter Classic
17	1:07.54 Y	F	Angela Troy	6	EXPR IL	1/7/2011	2011 Speedo Invitational
Girls 8 & Under 100 Free							
1	1:22.51 Y	B	F	Karly Bernhard	8	EXPR IL	2/11/2011 12th Annual Winter Classic
2	1:23.45 Y	B	F	8&under Express Team Record	8	EXPR IL	8/15/2010 Express Team Record
3	1:26.28 Y	B	F	Jorie Selig	8	EXPR IL	2/11/2011 12th Annual Winter Classic
4	1:26.90 Y	B	F	Olivia Bechstein	8	EXPR IL	2/11/2011 12th Annual Winter Classic
5	1:27.47 Y	B	F	Kelsey Bernhard	8	EXPR IL	2/11/2011 12th Annual Winter Classic
6	1:28.92 Y	B	F	Kylie Moser	8	EXPR IL	2/4/2011 2011 IN FINS FEBRUARY INVITE
7	1:31.67 Y	F	Jessica Spahn	7	EXPR IL	1/7/2011	2011 Speedo Invitational
8	1:33.91 Y	F	Margaret Sparacino	8	EXPR IL	1/7/2011	2011 Speedo Invitational
9	1:35.72 Y	F	Elizabeth Bengé	8	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
10	1:42.47 Y	F	Kate Stanley	8	EXPR IL	1/7/2011	2011 Speedo Invitational
11	1:59.90 Y	F	Maria Sparacino	6	EXPR IL	1/7/2011	2011 Speedo Invitational
12	2:16.12 Y	F	Jenna Moser	6	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE

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2010-11 SHORT COURSE SEASON**

Individual Top Times

Times since: 01-Aug-10

Number of Top Times: All Show Yards Only

	Time	P/F/S	Name	Age/Yr			
13	2:20.43 Y	F	Olivia Shirk	8	EXPR IL	1/7/2011	2011 Speedo Invitational
14	2:30.35 Y	F	Angela Troy	6	EXPR IL	1/7/2011	2011 Speedo Invitational
Girls 8 & Under 200 Free							
1*	2:59.29 Y B	F	8&under Express Team Record	8	EXPR IL	8/15/2010	Express Team Record
1*	2:59.29 Y B	F	Melissa Troy	8	EXPR IL	10/30/2010	2010 NTSC IMX Challenge
3	3:03.86 Y B	F	Kylie Moser	8	EXPR IL	1/7/2011	2011 Speedo Invitational
4	3:12.22 Y B	F	Karly Bernhard	8	EXPR IL	1/7/2011	2011 Speedo Invitational
5	3:13.67 Y B	F	Olivia Bechstein	8	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
6	3:21.67 Y	F	Kelsey Bernhard	8	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
7	3:24.64 Y	F	Elizabeth Bengel	8	EXPR IL	1/7/2011	2011 Speedo Invitational
Girls 8 & Under 25 Back							
1	18.89 Y	F	8&under Express Team Record	8	EXPR IL	8/15/2010	Express Team Record
2	19.14 Y	F	Melissa Troy	8	EXPR IL	11/6/2010	Maverick Roundup 2010
3	20.05 Y	F	Kylie Moser	8	EXPR IL	2/20/2011	Chicagoland A Conference
4	20.94 Y	F	Olivia Bechstein	8	EXPR IL	2/20/2011	Chicagoland A Conference
5	21.16 Y	F	Jorie Selig	8	EXPR IL	11/6/2010	Maverick Roundup 2010
6	21.28 Y	F	Margaret Sparacino	8	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
7	21.42 Y	F	Jessica Spahn	8	EXPR IL	7/19/2011	2011 CASSL Gold Championships
8	21.50 Y	F	Kelsey Bernhard	8	EXPR IL	2/20/2011	Chicagoland A Conference
9	22.55 Y	F	Inga Zlioba	8	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
10	23.92 Y	F	Karly Bernhard	8	EXPR IL	10/16/2010	FOX Fall First Splash
11	24.17 Y	F	Elizabeth Bengel	8	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
12	24.96 Y	F	Maria Sparacino	6	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
13	25.61 Y	F	Courtney Kaplan	7	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference
14	25.84 Y	F	Kate Stanley	8	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
15	27.42 Y	F	Olivia Shirk	8	EXPR IL	2/11/2011	12th Annual Winter Classic
16	29.38 Y	F	Sarah Shelton	7	EXPR IL	11/6/2010	Maverick Roundup 2010
17	29.97 Y	F	Jenna Moser	6	EXPR IL	2/11/2011	12th Annual Winter Classic
18	32.24 Y	F	Angela Troy	6	EXPR IL	2/11/2011	12th Annual Winter Classic
19	33.38 Y	F	Ashleigh Szydowski	7	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference
Girls 8 & Under 50 Back							
1	43.05 Y BB	F	Kylie Moser	8	EXPR IL	2/11/2011	12th Annual Winter Classic
2	44.18 Y B	F	8&under Express Team Record	8	EXPR IL	8/15/2010	Express Team Record
3	45.93 Y B	F	Kelsey Bernhard	8	EXPR IL	2/11/2011	12th Annual Winter Classic
4	47.08 Y B	F	Olivia Bechstein	8	EXPR IL	1/7/2011	2011 Speedo Invitational
5	47.10 Y B	F	Margaret Sparacino	8	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
6	49.30 Y	F	Jorie Selig	8	EXPR IL	2/11/2011	12th Annual Winter Classic
7	51.73 Y	F	Inga Zlioba	8	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
8	54.38 Y	F	Karly Bernhard	8	EXPR IL	1/7/2011	2011 Speedo Invitational
9	56.45 Y	F	Elizabeth Bengel	8	EXPR IL	1/7/2011	2011 Speedo Invitational
10	56.94 Y	F	Jessica Spahn	7	EXPR IL	1/7/2011	2011 Speedo Invitational
11	57.09 Y	F	Maria Sparacino	6	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
12	59.97 Y	F	Kate Stanley	8	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
13	1:03.23 Y	F	Olivia Shirk	8	EXPR IL	1/7/2011	2011 Speedo Invitational
14	1:08.18 Y	F	Angela Troy	6	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
15	1:17.01 Y	F	Jenna Moser	6	EXPR IL	1/7/2011	2011 Speedo Invitational
Girls 8 & Under 100 Back							
1	1:26.38 Y BB	F	8&under Express Team Record	8	EXPR IL	8/15/2010	Express Team Record
2	1:45.03 Y B	F	Olivia Bechstein	8	EXPR IL	2/11/2011	12th Annual Winter Classic

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	Time	P/F/S	Name	Age/Yr			
Girls 8 & Under 25 Breast							
1	20.94 Y	F	8&under Express Team Record	8	EXPR IL	8/15/2010	Express Team Record
2	22.30 Y	F	Jorie Selig	8	EXPR IL	11/6/2010	Maverick Roundup 2010
3	22.60 Y	F	Kelsey Bernhard	8	EXPR IL	2/11/2011	12th Annual Winter Classic
4	22.92 Y	F	Melissa Troy	8	EXPR IL	11/6/2010	Maverick Roundup 2010
5	22.98 Y	F	Karly Bernhard	8	EXPR IL	11/6/2010	Maverick Roundup 2010
6	24.35 Y	F	Kylie Moser	8	EXPR IL	2/11/2011	12th Annual Winter Classic
7	24.49 Y	F	Elizabeth Bengel	8	EXPR IL	2/11/2011	12th Annual Winter Classic
8	25.63 Y	F	Jessica Spahn	8	EXPR IL	7/19/2011	2011 CASSL Gold Championships
9	25.84 Y	F	Kate Stanley	8	EXPR IL	2/11/2011	12th Annual Winter Classic
10	27.89 Y	F	Margaret Sparacino	8	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
11	28.98 Y	F	Olivia Bechstein	8	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
12	32.46 Y	F	Maria Sparacino	6	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference
13	38.28 Y	F	Ashleigh Szydowski	7	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference
Girls 8 & Under 50 Breast							
1	46.26 Y BB	F	8&under Express Team Record	8	EXPR IL	8/15/2010	Express Team Record
2	51.76 Y B	F	Jorie Selig	8	EXPR IL	1/7/2011	2011 Speedo Invitational
3	52.35 Y B	F	Kelsey Bernhard	8	EXPR IL	1/7/2011	2011 Speedo Invitational
4	52.52 Y B	F	Karly Bernhard	8	EXPR IL	1/7/2011	2011 Speedo Invitational
5	54.91 Y	F	Elizabeth Bengel	8	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
6	58.20 Y	F	Kylie Moser	8	EXPR IL	1/7/2011	2011 Speedo Invitational
7	58.44 Y	F	Kate Stanley	8	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
8	1:01.17 Y	F	Margaret Sparacino	8	EXPR IL	1/7/2011	2011 Speedo Invitational
9	1:03.37 Y	F	Jessica Spahn	7	EXPR IL	1/7/2011	2011 Speedo Invitational
10	1:11.05 Y	F	Olivia Bechstein	8	EXPR IL	1/7/2011	2011 Speedo Invitational
11	1:20.91 Y	F	Maria Sparacino	6	EXPR IL	1/7/2011	2011 Speedo Invitational
Girls 8 & Under 100 Breast							
1	1:44.96 Y BB	F	8&under Express Team Record	8	EXPR IL	8/15/2010	Express Team Record
2	1:55.52 Y B	F	Melissa Troy	8	EXPR IL	10/30/2010	2010 NTSC IMX Challenge
3	2:03.02 Y	F	Kate Stanley	8	EXPR IL	2/11/2011	12th Annual Winter Classic
Girls 8 & Under 25 Fly							
1	16.22 Y	F	8&under Express Team Record	8	EXPR IL	8/15/2010	Express Team Record
2	17.57 Y	F	Melissa Troy	8	EXPR IL	11/6/2010	Maverick Roundup 2010
3	18.80 Y	F	Jorie Selig	8	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
4	18.92 Y	F	Kylie Moser	8	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
5	19.96 Y	F	Margaret Sparacino	8	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
6	20.35 Y	F	Jessica Spahn	7	EXPR IL	2/11/2011	12th Annual Winter Classic
7	21.29 Y	F	Olivia Bechstein	8	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
8	21.62 Y	F	Kelsey Bernhard	8	EXPR IL	11/6/2010	Maverick Roundup 2010
9	21.65 Y	F	Karly Bernhard	8	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
10	22.13 Y	F	Elizabeth Bengel	8	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
11	23.76 Y	F	Kate Stanley	8	EXPR IL	2/11/2011	12th Annual Winter Classic
12	24.71 Y	F	Inga Zlioba	8	EXPR IL	11/6/2010	Maverick Roundup 2010
13	29.78 Y	F	Olivia Shirk	8	EXPR IL	2/11/2011	12th Annual Winter Classic
14	30.42 Y	F	Maria Sparacino	6	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
15	38.30 Y	F	Jenna Moser	6	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
Girls 8 & Under 50 Fly							
1	42.77 Y BB	F	8&under Express Team Record	8	EXPR IL	8/15/2010	Express Team Record
2	46.31 Y B	F	Kelsey Bernhard	8	EXPR IL	2/11/2011	12th Annual Winter Classic
3	46.58 Y B	F	Karly Bernhard	8	EXPR IL	2/11/2011	12th Annual Winter Classic

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	Time	P/F/S	Name	Age/Yr			
4	47.39 Y B	F	Jorie Selig	8	EXPR IL	1/7/2011	2011 Speedo Invitational
5	49.39 Y	F	Kylie Moser	8	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
6	49.61 Y	F	Olivia Bechstein	8	EXPR IL	2/11/2011	12th Annual Winter Classic
7	50.64 Y	F	Margaret Sparacino	8	EXPR IL	1/7/2011	2011 Speedo Invitational
8	51.08 Y	F	Elizabeth Benge	8	EXPR IL	1/7/2011	2011 Speedo Invitational
9	53.37 Y	F	Jessica Spahn	7	EXPR IL	1/7/2011	2011 Speedo Invitational
10	54.17 Y	F	Kate Stanley	8	EXPR IL	1/7/2011	2011 Speedo Invitational
11	57.29 Y	F	Inga Zlioba	8	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
Girls 8 & Under 100 Fly							
1	1:41.82 Y BB	F	8&under Express Team Record	8	EXPR IL	8/15/2010	Express Team Record
2	1:43.28 Y B	F	Melissa Troy	8	EXPR IL	10/30/2010	2010 NTSC IMX Challenge
Girls 8 & Under 100 IM							
1	1:29.50 Y BB	F	8&under Express Team Record	8	EXPR IL	8/15/2010	Express Team Record
2	1:29.79 Y BB	F	Melissa Troy	8	EXPR IL	11/6/2010	Maverick Roundup 2010
3	1:33.94 Y B	F	Jorie Selig	8	EXPR IL	2/20/2011	Chicagoland A Conference
4	1:40.72 Y B	F	Kylie Moser	8	EXPR IL	2/20/2011	Chicagoland A Conference
5	1:40.96 Y B	F	Karly Bernhard	8	EXPR IL	2/11/2011	12th Annual Winter Classic
6	1:43.35 Y B	F	Kelsey Bernhard	8	EXPR IL	2/11/2011	12th Annual Winter Classic
7	1:43.57 Y B	F	Elizabeth Benge	8	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference
8	1:45.17 Y	F	Olivia Bechstein	8	EXPR IL	2/11/2011	12th Annual Winter Classic
9	1:46.06 Y	F	Margaret Sparacino	8	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
10	1:51.70 Y	F	Jessica Spahn	7	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
11	1:52.07 Y	F	Kate Stanley	8	EXPR IL	2/11/2011	12th Annual Winter Classic
12	2:16.70 Y	F	Maria Sparacino	6	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference
Girls 8 & Under 200 IM							
1	3:18.60 Y BB	F	Melissa Troy	8	EXPR IL	10/30/2010	2010 NTSC IMX Challenge
2	3:22.99 Y B	F	8&under Express Team Record	8	EXPR IL	8/15/2010	Express Team Record
3	3:41.63 Y B	F	Karly Bernhard	8	EXPR IL	2/11/2011	12th Annual Winter Classic
4	3:44.69 Y	F	Elizabeth Benge	8	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
5	3:46.77 Y	F	Kelsey Bernhard	8	EXPR IL	2/11/2011	12th Annual Winter Classic
6	3:51.21 Y	F	Olivia Bechstein	8	EXPR IL	2/11/2011	12th Annual Winter Classic
7	4:11.42 Y	F	Jessica Spahn	7	EXPR IL	2/11/2011	12th Annual Winter Classic
Girls 9-10 50 Free							
1	28.13 Y AAAA	F	9-10 Express Team Record	9	EXPR IL	8/15/2010	Express Team Record
2	30.59 Y AA	F	9-10 State Qualifying	10	EXPR IL	8/15/2010	State Qualifying
3	32.00 Y A	F	Anilyn Benge	10	EXPR IL	10/16/2010	FOX Fall First Splash
4	32.18 Y A	F	Gabrielle Muzykansky	10	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championsh
5	32.54 Y BB	F	Carolyn Lake	10	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championsh
6	32.97 Y BB	F	Cameran Frank	10	EXPR IL	2/25/2011	2011 LWSA Winter Regional Championship
7	33.05 Y BB	F	Melissa Troy	9	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championsh
8	33.27 Y BB	F	Mackenzie Bernhard	10	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
9	33.69 Y BB	F	9-10 Regional Qualifying	10	EXPR IL	8/15/2010	Regional Qualifying
10	34.89 Y BB	F	Alexa Johnson	10	EXPR IL	10/16/2010	FOX Fall First Splash
11	35.48 Y BB	F	Taylor Luebchow	10	EXPR IL	2/11/2011	12th Annual Winter Classic
12	36.65 Y B	F	Jaye Sevcik	9	EXPR IL	1/7/2011	2011 Speedo Invitational
13	36.70 Y B	F	Nicole Molnar	9	EXPR IL	2/11/2011	12th Annual Winter Classic
14	37.13 Y B	F	Anna Bogdanski	9	EXPR IL	2/20/2011	Chicagoland A Conference
15	37.17 Y B	F	Esther Crandell	10	EXPR IL	2/11/2011	12th Annual Winter Classic
16	38.68 Y B	F	Emily Sparacino	10	EXPR IL	2/20/2011	Chicagoland A Conference
17	39.20 Y B	F	Claire Drobny	10	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference

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	Time	P/F/S	Name	Age/Yr				
18	39.37	Y B	F	Abigail Sobczak	10	EXPR IL	10/16/2010	FOX Fall First Splash
19	39.79	Y B	F	Amanda Prochaska	10	EXPR IL	1/7/2011	2011 Speedo Invitational
20	40.09	Y	F	Aleena Albert	10	EXPR IL	2/11/2011	12th Annual Winter Classic
21	42.45	Y	F	Shae Quinn	9	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference
22	44.76	Y	F	Meghan Dietrich	9	EXPR IL	2/11/2011	12th Annual Winter Classic
23	45.41	Y	F	Rachael Salman	9	EXPR IL	10/16/2010	FOX Fall First Splash
24	50.15	Y	F	Ziba Kisielius	10	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference
Girls 9-10 100 Free								
1	1:00.25	Y AAAA	F	9-10 Express Team Record	9	EXPR IL	8/15/2010	Express Team Record
2	1:07.39	Y AA	F	9-10 State Qualifying	10	EXPR IL	8/15/2010	State Qualifying
3	1:12.59	Y BB	F	Carolyn Lake	10	EXPR IL	7/19/2011	2011 CASSL Gold Championships
4	1:12.97	Y BB	F	Cameran Frank	10	EXPR IL	2/25/2011	2011 LWSA Winter Regional Championship
5	1:13.24	Y BB	F	Gabrielle Muzykansky	10	EXPR IL	7/19/2011	2011 CASSL Gold Championships
6	1:13.44	Y BB	F	Melissa Troy	9	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championsh
7	1:13.56	Y BB	F	Anilyn Benge	10	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
8	1:13.61	Y BB	F	MacKenzie Bernhard	10	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
9	1:14.09	Y BB	F	9-10 Regional Qualifying	10	EXPR IL	8/15/2010	Regional Qualifying
10	1:16.49	Y BB	F	Taylor Luebchow	10	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
11	1:21.43	Y BB	F	Jaye Sevcik	9	EXPR IL	2/11/2011	12th Annual Winter Classic
12	1:23.87	Y B	F	Esther Crandell	10	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference
13	1:24.25	Y B	F	Nicole Molnar	9	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
14	1:27.81	Y B	F	Anna Bogdanski	9	EXPR IL	1/7/2011	2011 Speedo Invitational
15	1:29.51	Y B	F	Amanda Prochaska	10	EXPR IL	2/11/2011	12th Annual Winter Classic
16	1:30.87	Y B	F	Claire Drobny	10	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
17	1:32.89	Y	F	Emily Sparacino	10	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
18	1:33.08	Y	F	Meghan Dietrich	9	EXPR IL	2/11/2011	12th Annual Winter Classic
19	1:39.15	Y	F	Aleena Albert	10	EXPR IL	2/11/2011	12th Annual Winter Classic
20	1:52.94	Y	F	Ziba Kisielius	10	EXPR IL	2/11/2011	12th Annual Winter Classic
Girls 9-10 200 Free								
1	2:16.88	Y AAA	F	9-10 Express Team Record	9	EXPR IL	8/15/2010	Express Team Record
2	2:28.19	Y AA	F	9-10 State Qualifying	10	EXPR IL	8/15/2010	State Qualifying
3	2:39.10	Y BB	F	Carolyn Lake	10	EXPR IL	2/11/2011	12th Annual Winter Classic
4	2:39.83	Y BB	F	Melissa Troy	9	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championsh
5	2:41.47	Y BB	F	Anilyn Benge	10	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
6	2:42.03	Y BB	F	Gabrielle Muzykansky	10	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championsh
7	2:42.09	Y BB	F	9-10 Regional Qualifying	10	EXPR IL	8/15/2010	Regional Qualifying
8	2:48.73	Y BB	F	MacKenzie Bernhard	10	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
9	2:49.89	Y BB	F	Cameran Frank	10	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
10	3:21.03	Y	F	Esther Crandell	10	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
11	3:24.91	Y	F	Amanda Prochaska	10	EXPR IL	1/7/2011	2011 Speedo Invitational
12	3:34.58	Y	F	Meghan Dietrich	9	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
13	4:09.12	Y	F	Ziba Kisielius	10	EXPR IL	1/7/2011	2011 Speedo Invitational
Girls 9-10 500 Free								
1	6:10.81	Y AAA	F	9-10 Express Team Record	9	EXPR IL	8/15/2010	Express Team Record
2	6:28.29	Y AA	F	9-10 State Qualifying	10	EXPR IL	8/15/2010	State Qualifying
3	6:53.18	Y BB	F	Melissa Troy	9	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championsh
4	7:02.40	Y BB	F	Carolyn Lake	10	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championsh
5	7:08.41	Y BB	F	Cameran Frank	10	EXPR IL	2/25/2011	2011 LWSA Winter Regional Championship
6	8:30.49	Y B	F	9-10 Regional Qualifying	10	EXPR IL	8/15/2010	Regional Qualifying
7	8:59.31	Y	F	Esther Crandell	10	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE

**EXPRESS SWIM TEAM
2010-11 SHORT COURSE SEASON**

Individual Top Times

Times since: 01-Aug-10

Number of Top Times: All Show Yards Only

	Time	P/F/S	Name	Age/Yr				
Girls 9-10 50 Back								
1	31.95	Y AAAA	F	9-10 Express Team Record	9	EXPR IL	8/15/2010	Express Team Record
2	35.89	Y AA	F	9-10 State Qualifying	10	EXPR IL	8/15/2010	State Qualifying
3	36.82	Y A	F	Anilyn Benge	10	EXPR IL	10/16/2010	FOX Fall First Splash
4	38.59	Y BB	F	Taylor Luebchow	10	EXPR IL	2/25/2011	2011 LWSA Winter Regional Championships
5	38.64	Y BB	F	Gabrielle Muzykansky	10	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championships
6	39.47	Y BB	F	Melissa Troy	9	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championships
7	39.49	Y BB	F	9-10 Regional Qualifying	10	EXPR IL	8/15/2010	Regional Qualifying
8	40.80	Y BB	F	Cameran Frank	10	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
9	41.34	Y BB	F	MacKenzie Bernhard	10	EXPR IL	11/6/2010	Maverick Roundup 2010
10	41.52	Y BB	F	Jaye Sevcik	9	EXPR IL	2/11/2011	12th Annual Winter Classic
11	42.01	Y L BB	F	Anna Bogdanski	9	EXPR IL	2/20/2011	Chicagoland A Conference
12	42.19	Y L BB	F	Kylie Moser	9	EXPR IL	7/19/2011	2011 CASSL Gold Championships
13	42.33	Y BB	F	Nicole Molnar	9	EXPR IL	2/11/2011	12th Annual Winter Classic
14	43.33	Y L BB	F	Carolyn Lake	10	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
15	44.35	Y B	F	Claire Drobny	10	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference
16	46.18	Y B	F	Amanda Prochaska	10	EXPR IL	2/11/2011	12th Annual Winter Classic
17	47.96	Y B	F	Abigail Sobczak	10	EXPR IL	10/16/2010	FOX Fall First Splash
18	48.18	Y B	F	Alexa Johnson	10	EXPR IL	10/16/2010	FOX Fall First Splash
19	48.37	Y B	F	Esther Crandell	10	EXPR IL	1/7/2011	2011 Speedo Invitational
20	48.85	Y	F	Aleena Albert	10	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference
21	49.42	Y	F	Meghan Dietrich	9	EXPR IL	2/11/2011	12th Annual Winter Classic
22	51.84	Y	F	Emily Sparacino	10	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
23	54.46	Y	F	Shae Quinn	9	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference
24	59.90	Y	F	Ziba Kisielius	10	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference
Girls 9-10 100 Back								
1	1:11.66	Y AAA	F	9-10 Express Team Record	9	EXPR IL	8/15/2010	Express Team Record
2	1:17.09	Y AA	F	9-10 State Qualifying	10	EXPR IL	8/15/2010	State Qualifying
3	1:21.17	Y A	F	Melissa Troy	9	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championships
4	1:23.14	Y BB	F	Anilyn Benge	10	EXPR IL	10/30/2010	2010 NTSC IMX Challenge
5	1:24.79	Y BB	F	9-10 Regional Qualifying	10	EXPR IL	8/15/2010	Regional Qualifying
6	1:25.24	Y BB	F	Taylor Luebchow	10	EXPR IL	2/11/2011	12th Annual Winter Classic
7	1:29.54	Y BB	F	Cameran Frank	10	EXPR IL	2/11/2011	12th Annual Winter Classic
8	1:29.59	Y BB	F	Jaye Sevcik	9	EXPR IL	2/11/2011	12th Annual Winter Classic
9	1:34.63	Y B	F	Carolyn Lake	10	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
10	1:36.37	Y B	F	Nicole Molnar	9	EXPR IL	2/11/2011	12th Annual Winter Classic
11	1:36.42	Y B	F	Gabrielle Muzykansky	10	EXPR IL	2/11/2011	12th Annual Winter Classic
12	1:41.82	Y B	F	Esther Crandell	10	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
13	1:42.59	Y B	F	Amanda Prochaska	10	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
14	1:52.87	Y	F	Emily Sparacino	10	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
Girls 9-10 50 Breast								
1	37.82	Y AAA	F	9-10 Express Team Record	9	EXPR IL	8/15/2010	Express Team Record
2	40.49	Y A	F	9-10 State Qualifying	10	EXPR IL	8/15/2010	State Qualifying
3	44.59	Y BB	F	9-10 Regional Qualifying	10	EXPR IL	8/15/2010	Regional Qualifying
4	44.93	Y BB	F	Gabrielle Muzykansky	10	EXPR IL	7/19/2011	2011 CASSL Gold Championships
5	45.45	Y BB	F	Cameran Frank	10	EXPR IL	1/7/2011	2011 Speedo Invitational
6	45.50	Y BB	F	Anilyn Benge	10	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
7	47.94	Y B	F	Nicole Molnar	9	EXPR IL	11/6/2010	Maverick Roundup 2010
8	48.36	Y B	F	Carolyn Lake	10	EXPR IL	2/20/2011	Chicagoland A Conference
9	48.39	Y B	F	Aleena Albert	10	EXPR IL	2/11/2011	12th Annual Winter Classic
10	49.23	Y B	F	Taylor Luebchow	10	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE

**EXPRESS SWIM TEAM
2010-11 SHORT COURSE SEASON**

Individual Top Times

Times since: 01-Aug-10

Number of Top Times: All Show Yards Only

	Time	P/F/S	Name	Age/Yr			
11	49.92	Y B	F	Jaye Sevcik	10	EXPR IL	2/20/2011 Chicagoland A Conference
12	51.39	Y B	F	Anna Bogdanski	9	EXPR IL	1/7/2011 2011 Speedo Invitational
13*	51.49	Y B	F	Mackenzie Bernhard	10	EXPR IL	11/6/2010 Maverick Roundup 2010
13*	51.49	Y B	F	Claire Drobny	10	EXPR IL	2/21/2011 2011 Chicagoland Silver Conference
15	51.70	Y B	F	Abigail Sobczak	10	EXPR IL	10/16/2010 FOX Fall First Splash
16	52.70	Y B	F	Melissa Troy	9	EXPR IL	1/7/2011 2011 Speedo Invitational
17	53.22	Y B	F	Emily Sparacino	10	EXPR IL	12/10/2010 Elmhurst December ISI Meet- ILS10-1210
18	53.44	Y B	F	Rachael Salman	9	EXPR IL	10/16/2010 FOX Fall First Splash
19	53.48	Y B	F	Kylie Moser	9	EXPR IL	7/19/2011 2011 CASSL Gold Championships
20	57.97	Y	F	Amanda Prochaska	10	EXPR IL	1/7/2011 2011 Speedo Invitational
21	59.72	Y	F	Ziba Kisielius	9	EXPR IL	11/6/2010 Maverick Roundup 2010
22	1:00.70	Y	F	Esther Crandell	10	EXPR IL	1/7/2011 2011 Speedo Invitational
23	1:04.01	Y	F	Shae Quinn	9	EXPR IL	10/16/2010 FOX Fall First Splash
24	1:11.80	Y	F	Meghan Dietrich	9	EXPR IL	11/6/2010 Maverick Roundup 2010
Girls 9-10 100 Breast							
1	1:22.48	Y AAA	F	9-10 Express Team Record	9	EXPR IL	8/15/2010 Express Team Record
2	1:28.89	Y AA	F	9-10 State Qualifying	10	EXPR IL	8/15/2010 State Qualifying
3	1:35.51	Y BB	F	Gabrielle Muzykansky	10	EXPR IL	7/22/2011 2011 LWSA Summer Regional Championsh
4	1:37.79	Y BB	F	9-10 Regional Qualifying	10	EXPR IL	8/15/2010 Regional Qualifying
5	1:41.10	Y BB	F	Anilyn Benge	10	EXPR IL	10/30/2010 2010 NTSC IMX Challenge
6	1:42.51	Y BB	F	Cameron Frank	10	EXPR IL	2/4/2011 2011 IN FINS FEBRUARY INVITE
7	1:43.29	Y BB	F	Taylor Luebchow	10	EXPR IL	2/11/2011 12th Annual Winter Classic
8	1:46.92	Y B	F	Carolyn Lake	10	EXPR IL	2/4/2011 2011 IN FINS FEBRUARY INVITE
9	1:48.92	Y B	F	Jaye Sevcik	9	EXPR IL	2/4/2011 2011 IN FINS FEBRUARY INVITE
10	1:53.32	Y B	F	Melissa Troy	9	EXPR IL	2/11/2011 12th Annual Winter Classic
11	1:54.12	Y B	F	Aleena Albert	10	EXPR IL	2/11/2011 12th Annual Winter Classic
12	1:58.36	Y B	F	Emily Sparacino	10	EXPR IL	2/4/2011 2011 IN FINS FEBRUARY INVITE
Girls 9-10 50 Fly							
1	30.03	Y AAAA	F	9-10 Express Team Record	9	EXPR IL	8/15/2010 Express Team Record
2	34.49	Y AA	F	9-10 State Qualifying	10	EXPR IL	8/15/2010 State Qualifying
3	36.22	Y A	F	Cameron Frank	10	EXPR IL	2/25/2011 2011 LWSA Winter Regional Championship
4	36.95	Y A	F	Anilyn Benge	10	EXPR IL	10/16/2010 FOX Fall First Splash
5	37.33	Y BB	F	Mackenzie Bernhard	10	EXPR IL	12/10/2010 Elmhurst December ISI Meet- ILS10-1210
6	37.89	Y BB	F	9-10 Regional Qualifying	10	EXPR IL	8/15/2010 Regional Qualifying
7	38.43	Y BB	F	Gabrielle Muzykansky	10	EXPR IL	7/22/2011 2011 LWSA Summer Regional Championsh
8	40.68	Y BB	F	Taylor Luebchow	10	EXPR IL	1/7/2011 2011 Speedo Invitational
9	42.20	Y BB	F	Melissa Troy	9	EXPR IL	2/4/2011 2011 IN FINS FEBRUARY INVITE
10	44.52	Y B	F	Emily Sparacino	10	EXPR IL	12/10/2010 Elmhurst December ISI Meet- ILS10-1210
11	44.82	Y B	F	Esther Crandell	10	EXPR IL	2/11/2011 12th Annual Winter Classic
12	44.86	Y B	F	Anna Bogdanski	9	EXPR IL	2/20/2011 Chicagoland A Conference
13	45.55	Y B	F	Nicole Molnar	9	EXPR IL	2/11/2011 12th Annual Winter Classic
14	46.01	Y B	F	Jaye Sevcik	9	EXPR IL	2/11/2011 12th Annual Winter Classic
15	48.36	Y B	F	Amanda Prochaska	10	EXPR IL	1/7/2011 2011 Speedo Invitational
16	48.56	Y B	F	Carolyn Lake	10	EXPR IL	12/10/2010 Elmhurst December ISI Meet- ILS10-1210
17	52.41	Y	F	Shae Quinn	9	EXPR IL	12/10/2010 Elmhurst December ISI Meet- ILS10-1210
18	55.08	Y	F	Meghan Dietrich	9	EXPR IL	2/11/2011 12th Annual Winter Classic
19	56.22	Y	F	Aleena Albert	10	EXPR IL	2/11/2011 12th Annual Winter Classic
Girls 9-10 100 Fly							
1	1:09.47	Y AAAA	F	9-10 Express Team Record	9	EXPR IL	8/15/2010 Express Team Record
2	1:19.99	Y AA	F	9-10 State Qualifying	10	EXPR IL	8/15/2010 State Qualifying
3	1:27.99	Y BB	F	9-10 Regional Qualifying	10	EXPR IL	8/15/2010 Regional Qualifying

**EXPRESS SWIM TEAM
2010-11 SHORT COURSE SEASON**

Individual Top Times

Times since: 01-Aug-10

Number of Top Times: All Show Yards Only

	Time		P/F/S		Name		Age/Yr				
4	1:28.27	Y	BB	F	Cameran Frank	10	EXPR IL	2/11/2011	12th Annual Winter Classic		
5	1:35.11	Y	BB	F	Taylor Luebchow	10	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE		
6	1:41.43	Y	BB	F	Melissa Troy	9	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE		
7	1:44.08	Y	B	F	Anilyn Benge	10	EXPR IL	10/30/2010	2010 NTSC IMX Challenge		
8	1:50.07	Y	B	F	Carolyn Lake	10	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE		
Girls 9-10 100 IM											
1	1:09.17	Y	AAAA	F	9-10 Express Team Record	9	EXPR IL	8/15/2010	Express Team Record		
2	1:17.29	Y	AA	F	9-10 State Qualifying	10	EXPR IL	8/15/2010	State Qualifying		
3	1:21.30	Y	A	F	Anilyn Benge	10	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210		
4	1:24.75	Y	BB	F	Cameran Frank	10	EXPR IL	2/11/2011	12th Annual Winter Classic		
5	1:24.99	Y	BB	F	9-10 Regional Qualifying	10	EXPR IL	8/15/2010	Regional Qualifying		
6	1:26.65	Y	BB	F	Melissa Troy	9	EXPR IL	7/19/2011	2011 CASSL Gold Championships		
7	1:27.33	Y	BB	F	Taylor Luebchow	10	EXPR IL	2/11/2011	12th Annual Winter Classic		
8	1:28.11	Y	BB	F	MacKenzie Bernhard	10	EXPR IL	11/6/2010	Maverick Roundup 2010		
9	1:32.03	Y	BB	F	Carolyn Lake	10	EXPR IL	2/11/2011	12th Annual Winter Classic		
10	1:32.42	Y	BB	F	Gabrielle Muzykanski	10	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference		
11	1:32.54	Y	BB	F	Jaye Sevcik	9	EXPR IL	2/11/2011	12th Annual Winter Classic		
12	1:36.06	Y	B	F	Alexa Johnson	10	EXPR IL	10/16/2010	FOX Fall First Splash		
13	1:37.46	Y	B	F	Nicole Molnar	9	EXPR IL	2/11/2011	12th Annual Winter Classic		
14	1:39.08	Y	B	F	Kylie Moser	9	EXPR IL	7/19/2011	2011 CASSL Gold Championships		
15	1:41.10	Y	B	F	Amanda Prochaska	10	EXPR IL	2/11/2011	12th Annual Winter Classic		
16	1:41.74	Y	B	F	Anna Bogdanski	9	EXPR IL	1/7/2011	2011 Speedo Invitational		
17	1:43.92	Y	B	F	Emily Sparacino	10	EXPR IL	1/7/2011	2011 Speedo Invitational		
18	1:44.72	Y	B	F	Aleena Albert	10	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference		
19	1:45.61	Y		F	Claire Drobny	10	EXPR IL	1/7/2011	2011 Speedo Invitational		
20	1:46.23	Y		F	Esther Crandell	10	EXPR IL	2/11/2011	12th Annual Winter Classic		
21	1:54.29	Y		F	Rachael Salman	9	EXPR IL	10/16/2010	FOX Fall First Splash		
22	1:56.86	Y		F	Meghan Dietrich	9	EXPR IL	2/11/2011	12th Annual Winter Classic		
Girls 9-10 200 IM											
1	2:34.15	Y	AAA	F	9-10 Express Team Record	9	EXPR IL	8/15/2010	Express Team Record		
2	2:47.29	Y	AA	F	9-10 State Qualifying	10	EXPR IL	8/15/2010	State Qualifying		
3	3:01.56	Y	BB	F	Gabrielle Muzykanski	10	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championsh		
4	3:03.99	Y	BB	F	9-10 Regional Qualifying	10	EXPR IL	8/15/2010	Regional Qualifying		
5	3:04.12	Y	BB	F	Cameran Frank	10	EXPR IL	2/11/2011	12th Annual Winter Classic		
6	3:04.27	Y	BB	F	Melissa Troy	9	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championsh		
7	3:05.40	Y	BB	F	Anilyn Benge	10	EXPR IL	10/30/2010	2010 NTSC IMX Challenge		
8	3:33.13	Y	B	F	Nicole Molnar	9	EXPR IL	2/11/2011	12th Annual Winter Classic		
9	3:40.97	Y	B	F	Amanda Prochaska	10	EXPR IL	2/11/2011	12th Annual Winter Classic		
Girls 11-12 50 Free											
1	25.54	Y	AAAA	F	11-12 Express Team Record	11	EXPR IL	8/15/2010	Express Team Record		
2	27.09	Y	AAA	F	Alyssa Reinholz	12	EXPR IL	2/20/2011	Chicagoland A Conference		
3	27.19	Y	AA	F	11-12 State Qualifying	11	EXPR IL	8/15/2010	State Qualifying		
4	29.37	Y	A	F	Eleanor Benge	11	EXPR IL	2/11/2011	12th Annual Winter Classic		
5	29.39	Y	A	F	Alyse Bondarowicz	12	EXPR IL	2/25/2011	2011 LWSA Winter Regional Championship		
6	29.78	Y	BB	F	Madelaine Harris	12	EXPR IL	10/16/2010	FOX Fall First Splash		
7	29.99	Y	BB	F	11-12 Regional Qualifying	11	EXPR IL	8/15/2010	Regional Qualifying		
8	30.05	Y	BB	F	Madelaine Grubich	11	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE		
9	30.18	Y	BB	F	Elizabeth Vetter	12	EXPR IL	7/19/2011	2011 CASSL Gold Championships		
10	30.37	Y	BB	F	Anilyn Benge	11	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championsh		
11	30.93	Y	BB	F	Julia Ullmann	11	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210		
12	31.40	Y	BB	F	Natalie Costello	12	EXPR IL	10/16/2010	FOX Fall First Splash		

**EXPRESS SWIM TEAM
2010-11 SHORT COURSE SEASON**

Individual Top Times

Times since: 01-Aug-10

Number of Top Times: All Show Yards Only

	Time	P/F/S	Name	Age/Yr			
13	32.06	Y B	F	MacKenzie Bernhard	11	EXPR IL	2/11/2011 12th Annual Winter Classic
14	32.19	Y B	F	Mary Lelko	12	EXPR IL	2/11/2011 12th Annual Winter Classic
15	32.85	Y B	F	Allison Lake	12	EXPR IL	2/11/2011 12th Annual Winter Classic
16	32.89	Y B	F	Cameran Frank	11	EXPR IL	7/19/2011 2011 CASSL Gold Championships
17	33.33	Y B	F	Sara Prochaska	12	EXPR IL	2/11/2011 12th Annual Winter Classic
18	34.60	Y	F	Anita Cikoch	12	EXPR IL	2/11/2011 12th Annual Winter Classic
19	35.29	Y L	F	Martita Ferrari	11	EXPR IL	2/4/2011 2011 IN FINS FEBRUARY INVITE
20	35.49	Y	F	Elizabeth Allen	12	EXPR IL	2/21/2011 2011 Chicagoland Silver Conference
21	35.77	Y	F	Tyler Sullivan	11	EXPR IL	1/7/2011 2011 Speedo Invitational
22	39.33	Y	F	Elizabeth Woywod	11	EXPR IL	2/11/2011 12th Annual Winter Classic
23	40.21	Y	F	Alexandra Verbeke	11	EXPR IL	12/10/2010 Elmhurst December ISI Meet- ILS10-1210
24	42.52	Y	F	Nisha Albert	12	EXPR IL	10/16/2010 FOX Fall First Splash
25	43.18	Y	F	Vasiliki Panos	12	EXPR IL	2/11/2011 12th Annual Winter Classic
Girls 11-12 100 Free							
1	54.11	Y AAAA	F	11-12 Express Team Record	11	EXPR IL	8/15/2010 Express Team Record
2	58.00	Y AA	P	Alyssa Reinholz	12	EXPR IL	3/11/2011 Age Group State Championships
3	59.19	Y AA	F	11-12 State Qualifying	11	EXPR IL	8/15/2010 State Qualifying
4	1:02.83	Y A	F	Alyse Bondarowicz	12	EXPR IL	2/25/2011 2011 LWSA Winter Regional Championship
5	1:04.09	Y BB	F	Eleanor Bengé	11	EXPR IL	1/7/2011 2011 Speedo Invitational
6	1:04.41	Y BB	F	Elizabeth Vetter	12	EXPR IL	7/22/2011 2011 LWSA Summer Regional Championsh
7	1:05.09	Y BB	F	11-12 Regional Qualifying	11	EXPR IL	8/15/2010 Regional Qualifying
8	1:08.69	Y B	F	Madeline Grubich	11	EXPR IL	2/4/2011 2011 IN FINS FEBRUARY INVITE
9	1:08.89	Y B	F	Natalie Costello	12	EXPR IL	11/6/2010 Maverick Roundup 2010
10	1:11.05	Y B	F	Julia Ullmann	11	EXPR IL	11/6/2010 Maverick Roundup 2010
11	1:11.26	Y B	F	Anilyn Bengé	11	EXPR IL	1/7/2011 2011 Speedo Invitational
12	1:11.66	Y B	F	Allison Lake	12	EXPR IL	1/7/2011 2011 Speedo Invitational
13	1:12.35	Y B	F	Mary Lelko	12	EXPR IL	2/11/2011 12th Annual Winter Classic
14	1:13.98	Y	F	Sara Prochaska	12	EXPR IL	2/11/2011 12th Annual Winter Classic
15	1:14.26	Y	F	MacKenzie Bernhard	11	EXPR IL	2/4/2011 2011 IN FINS FEBRUARY INVITE
16	1:15.83	Y	F	Anita Cikoch	12	EXPR IL	2/11/2011 12th Annual Winter Classic
17	1:16.19	Y	F	Martita Ferrari	11	EXPR IL	2/21/2011 2011 Chicagoland Silver Conference
18	1:18.34	Y	F	Emma Braun	12	EXPR IL	2/21/2011 2011 Chicagoland Silver Conference
19	1:18.84	Y	F	Tyler Sullivan	11	EXPR IL	2/4/2011 2011 IN FINS FEBRUARY INVITE
20	1:19.13	Y	F	Connie Wash	12	EXPR IL	2/4/2011 2011 IN FINS FEBRUARY INVITE
21	1:25.28	Y	F	Elizabeth Woywod	11	EXPR IL	12/10/2010 Elmhurst December ISI Meet- ILS10-1210
22	1:29.96	Y	F	Alexandra Verbeke	11	EXPR IL	2/4/2011 2011 IN FINS FEBRUARY INVITE
23	1:42.78	Y	F	Vasiliki Panos	12	EXPR IL	2/21/2011 2011 Chicagoland Silver Conference
Girls 11-12 200 Free							
1	1:59.50	Y AAAA	F	11-12 Express Team Record	11	EXPR IL	8/15/2010 Express Team Record
2	2:03.59	Y AAA	P	Alyssa Reinholz	12	EXPR IL	3/11/2011 Age Group State Championships
3	2:09.49	Y AA	F	11-12 State Qualifying	11	EXPR IL	8/15/2010 State Qualifying
4	2:17.12	Y A	F	Eleanor Bengé	11	EXPR IL	7/22/2011 2011 LWSA Summer Regional Championsh
5	2:20.01	Y BB	F	Elizabeth Vetter	12	EXPR IL	7/22/2011 2011 LWSA Summer Regional Championsh
6	2:22.39	Y BB	F	11-12 Regional Qualifying	11	EXPR IL	8/15/2010 Regional Qualifying
7	2:24.48	Y BB	F	Alyse Bondarowicz	12	EXPR IL	1/7/2011 2011 Speedo Invitational
8	2:36.36	Y B	F	Allison Lake	12	EXPR IL	1/7/2011 2011 Speedo Invitational
9	2:41.19	Y B	F	Anilyn Bengé	11	EXPR IL	1/7/2011 2011 Speedo Invitational
10	2:41.61	Y B	F	Sara Prochaska	12	EXPR IL	1/7/2011 2011 Speedo Invitational
11	2:42.21	Y B	F	MacKenzie Bernhard	11	EXPR IL	1/7/2011 2011 Speedo Invitational
12	2:45.67	Y	F	Martita Ferrari	11	EXPR IL	2/4/2011 2011 IN FINS FEBRUARY INVITE
13	2:55.80	Y	F	Tyler Sullivan	11	EXPR IL	2/11/2011 12th Annual Winter Classic

**EXPRESS SWIM TEAM
2010-11 SHORT COURSE SEASON**

Individual Top Times

Times since: 01-Aug-10

Number of Top Times: All Show Yards Only

	Time		P/F/S	Name		Age/Yr			
14	3:07.90	Y	F	Elizabeth Woywod	11	EXPR IL	12/10/2010	Elmhurst December ISI Meet-	ILS10-1210
15	3:15.08	Y	F	Alexandra Verbeke	11	EXPR IL	1/7/2011	2011 Speedo Invitational	
16	3:29.17	Y	F	Connie Wash	12	EXPR IL	12/10/2010	Elmhurst December ISI Meet-	ILS10-1210
Girls 11-12 500 Free									
1	5:38.45	Y	AAA	F	11-12 Express Team Record	11	EXPR IL	8/15/2010	Express Team Record
2	5:46.67	Y	AA	F	Alyssa Reinholz	12	EXPR IL	7/19/2011	2011 CASSL Gold Championships
3	5:47.89	Y	AA	F	11-12 State Qualifying	11	EXPR IL	8/15/2010	State Qualifying
4	6:04.09	Y	A	F	Eleanor Benge	11	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championsh
5	6:05.89	Y	A	F	Elizabeth Vetter	12	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championsh
6	6:22.69	Y	BB	F	11-12 Regional Qualifying	11	EXPR IL	8/15/2010	Regional Qualifying
7	7:16.19	Y	F	Allison Lake	12	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE	
Girls 11-12 1650 Free									
1	21:08.76	Y	A	F	11-12 Express Team Record	11	EXPR IL	8/15/2010	Express Team Record
Girls 11-12 50 Back									
1	30.06	Y	AAA	F	11-12 Express Team Record	11	EXPR IL	8/15/2010	Express Team Record
2	30.29	Y	AAA	P	Alyssa Reinholz	12	EXPR IL	3/11/2011	Age Group State Championships
3	31.59	Y	AA	F	11-12 State Qualifying	11	EXPR IL	8/15/2010	State Qualifying
4	33.82	Y	A	F	Anilyn Benge	11	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championsh
5	34.33	Y	L BB	F	Alyse Bondarowicz	12	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
6	34.59	Y	BB	F	Madeline Grubich	11	EXPR IL	2/25/2011	2011 LWSA Winter Regional Championship
7	34.79	Y	BB	F	11-12 Regional Qualifying	11	EXPR IL	8/15/2010	Regional Qualifying
8	36.14	Y	BB	F	Julia Ullmann	11	EXPR IL	10/16/2010	FOX Fall First Splash
9	36.23	Y	BB	F	Eleanor Benge	11	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
10	36.42	Y	BB	F	Natalie Costello	12	EXPR IL	10/16/2010	FOX Fall First Splash
11	36.88	Y	B	F	Madelaine Harris	12	EXPR IL	10/16/2010	FOX Fall First Splash
12	37.91	Y	B	F	Elizabeth Vetter	11	EXPR IL	10/16/2010	FOX Fall First Splash
13	38.10	Y	B	F	Allison Lake	12	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference
14	38.95	Y	B	F	MacKenzie Bernhard	11	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
15	39.43	Y	B	F	Tyler Sullivan	11	EXPR IL	1/7/2011	2011 Speedo Invitational
16	39.71	Y	F	Martita Ferrari	11	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference	
17	40.92	Y	F	Sara Prochaska	12	EXPR IL	2/11/2011	12th Annual Winter Classic	
18	42.66	Y	F	Emma Braun	12	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference	
19	43.01	Y	F	Anita Cikoch	12	EXPR IL	2/11/2011	12th Annual Winter Classic	
20	44.72	Y	F	Elizabeth Allen	12	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference	
21	45.94	Y	F	Elizabeth Woywod	11	EXPR IL	1/7/2011	2011 Speedo Invitational	
22	47.69	Y	F	Alexandra Verbeke	11	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference	
23	52.10	Y	F	Vasiliki Panos	12	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference	
24	54.30	Y	F	Nisha Albert	12	EXPR IL	10/16/2010	FOX Fall First Splash	
Girls 11-12 100 Back									
1	1:04.14	Y	AAA	F	11-12 Express Team Record	11	EXPR IL	8/15/2010	Express Team Record
2	1:05.01	Y	AAA	F	Alyssa Reinholz	12	EXPR IL	3/11/2011	Age Group State Championships
3	1:07.89	Y	AA	F	11-12 State Qualifying	11	EXPR IL	8/15/2010	State Qualifying
4	1:14.69	Y	BB	F	11-12 Regional Qualifying	11	EXPR IL	8/15/2010	Regional Qualifying
5*	1:14.80	Y	BB	F	Allison Lake	12	EXPR IL	2/25/2011	2011 LWSA Winter Regional Championship
5*	1:14.80	Y	BB	F	Anilyn Benge	11	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championsh
7	1:15.39	Y	BB	F	Madeline Grubich	11	EXPR IL	2/11/2011	12th Annual Winter Classic
8	1:15.79	Y	BB	F	Alyse Bondarowicz	12	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
9	1:18.24	Y	BB	F	Eleanor Benge	11	EXPR IL	2/11/2011	12th Annual Winter Classic
10	1:20.91	Y	BB	F	Julia Ullmann	11	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
11	1:21.48	Y	B	F	Elizabeth Vetter	11	EXPR IL	2/11/2011	12th Annual Winter Classic

**EXPRESS SWIM TEAM
2010-11 SHORT COURSE SEASON**

Individual Top Times

Times since: 01-Aug-10

Number of Top Times: All Show Yards Only

	Time	P/F/S	Name	Age/Yr			
12	1:24.81	Y B	F MacKenzie Bernhard	11	EXPR IL	2/11/2011	12th Annual Winter Classic
13	1:28.20	Y	F Sara Prochaska	12	EXPR IL	2/11/2011	12th Annual Winter Classic
14	1:29.49	Y	F Martita Ferrari	11	EXPR IL	2/11/2011	12th Annual Winter Classic
15	1:32.51	Y	F Tyler Sullivan	11	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
16	1:34.23	Y	F Anita Cikocho	12	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
17	1:39.20	Y	F Elizabeth Woywod	11	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
18	1:42.65	Y	F Connie Wash	12	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
19	1:43.05	Y	F Alexandra Verbeke	11	EXPR IL	2/11/2011	12th Annual Winter Classic
20	1:52.23	Y	F Vasiliki Panos	12	EXPR IL	2/11/2011	12th Annual Winter Classic
Girls 11-12 200 Back							
1	2:39.30	Y BB	F Allison Lake	12	EXPR IL	2/25/2011	2011 LWSA Winter Regional Championship
2	3:03.29	Y	F 11-12 Regional Qualifying	11	EXPR IL	8/15/2010	Regional Qualifying
Girls 11-12 50 Breast							
1	34.18	Y AAA	F 11-12 Express Team Record	11	EXPR IL	8/15/2010	Express Team Record
2	35.29	Y AA	F 11-12 State Qualifying	11	EXPR IL	8/15/2010	State Qualifying
3	36.03	Y AA	F Madeline Grubich	11	EXPR IL	2/25/2011	2011 LWSA Winter Regional Championship
4	37.57	Y A	F Alyssa Reinholz	12	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championship
5	38.43	Y BB	F Madelaine Harris	12	EXPR IL	10/16/2010	FOX Fall First Splash
6	38.68	Y BB	F Natalie Costello	12	EXPR IL	11/6/2010	Maverick Roundup 2010
7	38.79	Y BB	F 11-12 Regional Qualifying	11	EXPR IL	8/15/2010	Regional Qualifying
8	40.36	Y BB	F Eleanor Benge	11	EXPR IL	2/20/2011	Chicagoland A Conference
9	41.83	Y B	F Elizabeth Vetter	12	EXPR IL	7/19/2011	2011 CASSL Gold Championships
10	42.69	Y B	F Cameran Frank	11	EXPR IL	7/19/2011	2011 CASSL Gold Championships
11	42.74	Y B	F Alyse Bondarowicz	12	EXPR IL	11/6/2010	Maverick Roundup 2010
12	43.33	Y B	F Anilyn Benge	11	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
13	44.28	Y	F Julia Ullmann	11	EXPR IL	11/6/2010	Maverick Roundup 2010
14	46.37	Y	F Nisha Albert	12	EXPR IL	10/16/2010	FOX Fall First Splash
15	47.46	Y	F Sara Prochaska	12	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
16	52.05	Y	F Allison Lake	12	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
17	52.08	Y	F Tyler Sullivan	11	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
18	53.27	Y	F Alexandra Verbeke	11	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
19	54.94	Y	F Elizabeth Woywod	11	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
20	55.10	Y	F Martita Ferrari	11	EXPR IL	11/6/2010	Maverick Roundup 2010
Girls 11-12 100 Breast							
1	1:16.10	Y AA	F 11-12 Express Team Record	11	EXPR IL	8/15/2010	Express Team Record
2	1:16.99	Y AA	F 11-12 State Qualifying	11	EXPR IL	8/15/2010	State Qualifying
3	1:18.56	Y AA	F Madeline Grubich	11	EXPR IL	2/25/2011	2011 LWSA Winter Regional Championship
4	1:23.01	Y BB	F Alyssa Reinholz	12	EXPR IL	1/7/2011	2011 Speedo Invitational
5	1:24.69	Y BB	F 11-12 Regional Qualifying	11	EXPR IL	8/15/2010	Regional Qualifying
6	1:29.39	Y B	F Eleanor Benge	11	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
7	1:29.71	Y B	F Elizabeth Vetter	11	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
8	1:31.65	Y B	F Alyse Bondarowicz	12	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
9	1:32.29	Y B	F Julia Ullmann	11	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
10	1:39.99	Y	F Sara Prochaska	12	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
11	1:51.14	Y	F Allison Lake	12	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
12	1:54.18	Y	F Tyler Sullivan	11	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
13	1:54.70	Y	F Alexandra Verbeke	11	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
14	1:55.75	Y	F Mary Lelko	12	EXPR IL	2/11/2011	12th Annual Winter Classic
Girls 11-12 200 Breast							
1	3:27.29	Y	F 11-12 Regional Qualifying	11	EXPR IL	8/15/2010	Regional Qualifying

**EXPRESS SWIM TEAM
2010-11 SHORT COURSE SEASON**

Individual Top Times

Times since: 01-Aug-10

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	Time	P/F/S	Name	Age/Yr				
Girls 11-12 50 Fly								
1	27.67 Y	AAAA F	11-12 Express Team Record	11	EXPR IL	8/15/2010	Express Team Record	
2	30.19 Y	AA F	11-12 State Qualifying	11	EXPR IL	8/15/2010	State Qualifying	
3	30.53 Y	AA F	Alyssa Reinholz	12	EXPR IL	2/25/2011	2011 LWSA Winter Regional Championship	
4	31.62 Y	A F	Eleanor Benge	11	EXPR IL	7/19/2011	2011 CASSL Gold Championships	
5	33.19 Y	BB F	11-12 Regional Qualifying	11	EXPR IL	8/15/2010	Regional Qualifying	
6	33.53 Y	BB F	Alyse Bondarowicz	12	EXPR IL	2/20/2011	Chicagoland A Conference	
7	34.17 Y	BB F	Cameran Frank	11	EXPR IL	7/19/2011	2011 CASSL Gold Championships	
8	35.31 Y	B F	Natalie Costello	12	EXPR IL	11/6/2010	Maverick Roundup 2010	
9	35.56 Y	B F	Julia Ullmann	11	EXPR IL	11/6/2010	Maverick Roundup 2010	
10	36.28 Y	B F	Anilyn Benge	11	EXPR IL	2/20/2011	Chicagoland A Conference	
11	37.01 Y	B F	MacKenzie Bernhard	11	EXPR IL	2/11/2011	12th Annual Winter Classic	
12	37.31 Y	B F	Elizabeth Vetter	11	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE	
13	37.74 Y	B F	Madeline Grubich	11	EXPR IL	11/6/2010	Maverick Roundup 2010	
14	39.35 Y	F	Sara Prochaska	12	EXPR IL	11/6/2010	Maverick Roundup 2010	
15	39.52 Y	F	Allison Lake	12	EXPR IL	11/6/2010	Maverick Roundup 2010	
16	40.70 Y	F	Tyler Sullivan	11	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE	
17	40.80 Y	F	Anita Cikoch	12	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference	
18	41.16 Y	F	Connie Wash	12	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE	
19	41.88 Y	F	Martita Ferrari	11	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference	
20	43.78 Y	F	Elizabeth Allen	12	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference	
21	44.05 Y	F	Elizabeth Woywod	11	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE	
22	47.05 Y	F	Alexandra Verbeke	11	EXPR IL	2/11/2011	12th Annual Winter Classic	
Girls 11-12 100 Fly								
1	1:02.89 Y	AAA F	11-12 Express Team Record	11	EXPR IL	8/15/2010	Express Team Record	
2	1:07.89 Y	AA F	11-12 State Qualifying	11	EXPR IL	8/15/2010	State Qualifying	
3	1:10.91 Y	A F	Eleanor Benge	11	EXPR IL	2/25/2011	2011 LWSA Winter Regional Championship	
4	1:12.48 Y	A F	Alyssa Reinholz	12	EXPR IL	1/7/2011	2011 Speedo Invitational	
5	1:14.62 Y	BB F	Alyse Bondarowicz	12	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210	
6	1:14.69 Y	BB F	11-12 Regional Qualifying	11	EXPR IL	8/15/2010	Regional Qualifying	
7	1:25.87 Y	B F	Madeline Grubich	11	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210	
8	1:27.24 Y	F	Elizabeth Vetter	11	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210	
9	1:28.32 Y	F	Sara Prochaska	12	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE	
10	1:33.52 Y	F	Anilyn Benge	11	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE	
11	1:36.35 Y	F	Martita Ferrari	11	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210	
12	1:37.04 Y	F	Allison Lake	12	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210	
13	1:38.44 Y	F	MacKenzie Bernhard	11	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE	
14	1:38.98 Y	F	Anita Cikoch	12	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210	
15	1:43.15 Y	F	Elizabeth Woywod	11	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210	
16	1:51.41 Y	F	Alexandra Verbeke	11	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210	
Girls 11-12 200 Fly								
1	3:06.29 Y	F	11-12 Regional Qualifying	11	EXPR IL	8/15/2010	Regional Qualifying	
Girls 11-12 100 IM								
1	1:04.91 Y	AAA F	11-12 Express Team Record	11	EXPR IL	8/15/2010	Express Team Record	
2	1:06.01 Y	AAA P	Alyssa Reinholz	12	EXPR IL	3/11/2011	Age Group State Championships	
3	1:08.09 Y	AA F	11-12 State Qualifying	11	EXPR IL	8/15/2010	State Qualifying	
4	1:13.93 Y	A F	Eleanor Benge	11	EXPR IL	2/25/2011	2011 LWSA Winter Regional Championship	
5	1:14.26 Y	BB F	Madeline Grubich	11	EXPR IL	2/25/2011	2011 LWSA Winter Regional Championship	
6	1:14.89 Y	BB F	11-12 Regional Qualifying	11	EXPR IL	8/15/2010	Regional Qualifying	
7	1:16.23 Y	BB F	Alyse Bondarowicz	12	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210	

**EXPRESS SWIM TEAM
2010-11 SHORT COURSE SEASON**

Individual Top Times

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	Time		P/F/S	Name	Age/Yr				
8	1:17.52	Y	BB	F	Natalie Costello	12	EXPR IL	11/6/2010	Maverick Roundup 2010
9	1:17.90	Y	BB	F	Julia Ullmann	11	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
10	1:19.19	Y	BB	F	Elizabeth Vetter	11	EXPR IL	2/11/2011	12th Annual Winter Classic
11	1:21.60	Y	B	F	Anilyn Benge	11	EXPR IL	2/11/2011	12th Annual Winter Classic
12	1:26.18	Y	B	F	Sara Prochaska	12	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
13	1:28.46	Y		F	Anita Cikoch	12	EXPR IL	2/11/2011	12th Annual Winter Classic
14	1:28.57	Y		F	MacKenzie Bernhard	11	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference
15	1:29.02	Y		F	Allison Lake	12	EXPR IL	2/11/2011	12th Annual Winter Classic
16	1:35.88	Y		F	Martita Ferrari	11	EXPR IL	2/11/2011	12th Annual Winter Classic
17	1:37.23	Y		F	Elizabeth Woywod	11	EXPR IL	2/11/2011	12th Annual Winter Classic
18	1:38.57	Y		F	Tyler Sullivan	11	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
19	1:43.84	Y		F	Alexandra Verbeke	11	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
20	2:12.34	Y		F	Vasiliki Panos	12	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
Girls 11-12 200 IM									
1	2:18.25	Y	AAA	F	11-12 Express Team Record	11	EXPR IL	8/15/2010	Express Team Record
2	2:22.26	Y	AAA	F	Alyssa Reinholz	12	EXPR IL	2/25/2011	2011 LWSA Winter Regional Championship
3	2:26.29	Y	AA	F	11-12 State Qualifying	11	EXPR IL	8/15/2010	State Qualifying
4	2:36.18	Y	A	F	Eleanor Benge	11	EXPR IL	2/25/2011	2011 LWSA Winter Regional Championship
5	2:40.89	Y	BB	F	11-12 Regional Qualifying	11	EXPR IL	8/15/2010	Regional Qualifying
6	2:46.08	Y	BB	F	Elizabeth Vetter	11	EXPR IL	2/11/2011	12th Annual Winter Classic
7	2:59.17	Y	B	F	Anilyn Benge	11	EXPR IL	2/11/2011	12th Annual Winter Classic
8	3:00.98	Y	B	F	MacKenzie Bernhard	11	EXPR IL	2/11/2011	12th Annual Winter Classic
9	3:06.99	Y		F	Sara Prochaska	12	EXPR IL	2/11/2011	12th Annual Winter Classic
10	3:09.40	Y		F	Allison Lake	12	EXPR IL	1/7/2011	2011 Speedo Invitational
11	3:11.86	Y		F	Mary Lelko	12	EXPR IL	2/11/2011	12th Annual Winter Classic
Girls 11-12 400 IM									
1	6:34.39	Y		F	11-12 Regional Qualifying	11	EXPR IL	8/15/2010	Regional Qualifying
Girls 13-14 50 Free									
1	24.12	Y	AAAA	F	13-14 Express Team Record	13	EXPR IL	8/15/2010	Express Team Record
2	24.51	Y	AAAA	F	Gabrielle Sims	14	EXPR IL	10/3/2010	Conference 2010
3	25.34	Y	AAA	P	Elaina Ricci	14	EXPR IL	3/11/2011	Age Group State Championships
4	25.99	Y	AAA	F	13-14 State Qualifying	13	EXPR IL	8/15/2010	State Qualifying
5*	26.22	Y	AAA	F	Kaitlyn Joyce	14	EXPR IL	2/25/2011	2011 LWSA Winter Regional Championship
5*	26.22	Y	AAA	F	Erin Stevens	14	EXPR IL	10/3/2010	Conference 2010
7	26.40	Y	AA	F	Daria Wick	13	EXPR IL	2/25/2011	2011 LWSA Winter Regional Championship
8	27.20	Y	AA	F	Erica Hagen	14	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championsh
9	27.37	Y	AA	F	Emily Albrecht	13	EXPR IL	2/25/2011	2011 LWSA Winter Regional Championship
10	27.52	Y	A	F	Victoria Frank	14	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championsh
11	27.80	Y	A	F	Elizabeth Arand	14	EXPR IL	2/25/2011	2011 LWSA Winter Regional Championship
12	28.04	Y	A	F	Riley McDaniel	14	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
13	28.31	Y	A	F	Sydney Lydon	13	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championsh
14	28.59	Y	A	F	13-14 Regional Qualifying	13	EXPR IL	8/15/2010	Regional Qualifying
15	28.64	Y	L A	F	Silvia Martin	14	EXPR IL	2/20/2011	Chicagoland A Conference
16	29.15	Y	BB	F	Margaret Michaels	13	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference
17	29.79	Y	BB	F	Madelaine Harris	13	EXPR IL	11/6/2010	Maverick Roundup 2010
18	30.17	Y	BB	F	Natalie Costello	13	EXPR IL	1/7/2011	2011 Speedo Invitational
19	31.13	Y	B	F	Rachel Wydra	14	EXPR IL	2/11/2011	12th Annual Winter Classic
20	32.05	Y	B	F	Bree Arend	14	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
21	32.35	Y	B	F	Stephanie Julitz	14	EXPR IL	11/6/2010	Maverick Roundup 2010
22	33.36	Y	B	F	Allison Lake	13	EXPR IL	7/19/2011	2011 CASSL Gold Championships
23	33.47	Y		F	Chloe Lapen	13	EXPR IL	1/7/2011	2011 Speedo Invitational

**EXPRESS SWIM TEAM
2010-11 SHORT COURSE SEASON**

Individual Top Times

Times since: 01-Aug-10

Number of Top Times: All Show Yards Only

	Time	P/F/S	Name	Age/Yr			
24	34.18 Y	F	Robin Younker	13	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
25	34.56 Y	F	Kaitlyn Igoe	13	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference
26	34.61 Y	F	Julia Lambert	13	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference
27	35.17 Y	F	Olivia Pritchard	13	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference
28	35.68 Y	F	Ruta Raulickis	14	EXPR IL	1/7/2011	2011 Speedo Invitational
29	37.26 Y	F	Emma McDonnell	14	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
30	38.39 Y	F	Brooke Nuccio	13	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
31	40.17 Y	F	Nisha Albert	13	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference
32	40.73 Y	F	Julia Para	13	EXPR IL	2/11/2011	12th Annual Winter Classic
33	41.03 Y	F	Abrielle Joseph	13	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
Girls 13-14 100 Free							
1	51.08 Y	AAAA	P Gabrielle Sims	14	EXPR IL	11/19/2010	IHSA State 2010
2	52.11 Y	AAAA	F 13-14 Express Team Record	13	EXPR IL	8/15/2010	Express Team Record
3	55.43 Y	AAA	P Daria Wick	13	EXPR IL	3/11/2011	Age Group State Championships
4	56.15 Y	AAA	F Elaina Ricci	14	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championsh
5	56.29 Y	AAA	F 13-14 State Qualifying	13	EXPR IL	8/15/2010	State Qualifying
6	58.55 Y	AA	F Erica Hagen	14	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championsh
7	58.72 Y	AA	F Erin Stevens	14	EXPR IL	10/3/2010	Conference 2010
8	59.26 Y	AA	F Kaitlyn Joyce	14	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
9	59.50 Y	AA	F Victoria Frank	14	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championsh
10	1:00.12 Y	A	F Sydney Lydon	13	EXPR IL	7/19/2011	2011 CASSL Gold Championships
11	1:01.89 Y	A	F 13-14 Regional Qualifying	13	EXPR IL	8/15/2010	Regional Qualifying
12	1:02.04 Y	A	F Natalie Costello	13	EXPR IL	7/12/2011	2011 CASSL Silver Conference Champions
13	1:02.55 Y	BB	F Margaret Michaels	13	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference
14	1:02.98 Y	BB	F Samantha Grubich	14	EXPR IL	10/3/2010	Conference 2010
15	1:02.99 Y	BB	F Elizabeth Arand	14	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
16	1:03.16 Y	BB	F Emily Albrecht	13	EXPR IL	10/16/2010	FOX Fall First Splash
17	1:03.62 Y	BB	F Silvia Martin	14	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
18	1:03.63 Y	BB	F Riley McDaniel	13	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
19	1:04.13 Y	BB	F Madelaine Harris	13	EXPR IL	2/11/2011	12th Annual Winter Classic
20	1:06.57 Y	BB	F Rachel Wydra	14	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference
21	1:09.17 Y	B	F Jane Woywod	14	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
22	1:09.27 Y	B	F Bree Arend	14	EXPR IL	2/11/2011	12th Annual Winter Classic
23	1:11.26 Y	B	F Stephanie Julitz	14	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
24	1:15.63 Y	F	F Chloe Lapen	13	EXPR IL	2/11/2011	12th Annual Winter Classic
25	1:16.36 Y	F	F Robin Younker	13	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference
26	1:17.76 Y	F	F Kaitlyn Igoe	13	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference
27	1:19.46 Y	F	F Olivia Pritchard	13	EXPR IL	2/11/2011	12th Annual Winter Classic
28	1:19.49 Y	F	F Ruta Raulickis	14	EXPR IL	1/7/2011	2011 Speedo Invitational
29	1:20.10 Y	F	F Julia Lambert	13	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference
30	1:23.07 Y	F	F Emma McDonnell	14	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
31	1:26.05 Y	F	F Garima Jajoo	13	EXPR IL	1/7/2011	2011 Speedo Invitational
32	1:28.25 Y	F	F Brooke Nuccio	13	EXPR IL	1/7/2011	2011 Speedo Invitational
33	1:40.62 Y	F	F Abrielle Joseph	13	EXPR IL	11/6/2010	Maverick Roundup 2010
Girls 13-14 200 Free							
1	1:53.29 Y	AAAA	F 13-14 Express Team Record	13	EXPR IL	8/15/2010	Express Team Record
2	1:57.44 Y	AAA	F Madeline Sims	14	EXPR IL	10/3/2010	Conference 2010
3	2:00.76 Y	AAA	F Elaina Ricci	14	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championsh
4	2:01.69 Y	AAA	F 13-14 State Qualifying	13	EXPR IL	8/15/2010	State Qualifying
5	2:02.68 Y	AAA	F Daria Wick	13	EXPR IL	2/25/2011	2011 LWSA Winter Regional Championship
6	2:05.11 Y	AA	F Kaitlyn Joyce	14	EXPR IL	2/11/2011	12th Annual Winter Classic

**EXPRESS SWIM TEAM
2010-11 SHORT COURSE SEASON**

Individual Top Times

Times since: 01-Aug-10

Number of Top Times: All Show Yards Only

	Time		P/F/S	Name	Age/Yr			
7	2:11.70	Y	A	F	Erica Hagen	14	EXPR IL	7/22/2011 2011 LWSA Summer Regional Championsh
8	2:12.52	Y	A	F	Elizabeth Arand	14	EXPR IL	2/25/2011 2011 LWSA Winter Regional Championship
9	2:13.88	Y	BB	F	Victoria Frank	14	EXPR IL	7/22/2011 2011 LWSA Summer Regional Championsh
10	2:13.99	Y	BB	F	13-14 Regional Qualifying	13	EXPR IL	8/15/2010 Regional Qualifying
11	2:17.66	Y	BB	F	Riley McDaniel	14	EXPR IL	2/11/2011 12th Annual Winter Classic
12	2:19.97	Y	BB	F	Margaret Michaels	13	EXPR IL	2/4/2011 2011 IN FINS FEBRUARY INVITE
13	2:21.25	Y	BB	F	Madelaine Harris	13	EXPR IL	12/10/2010 Elmhurst December ISI Meet- ILS10-1210
14	2:22.00	Y	BB	F	Silvia Martin	14	EXPR IL	2/11/2011 12th Annual Winter Classic
15	2:24.90	Y	BB	F	Sydney Lydon	13	EXPR IL	2/11/2011 12th Annual Winter Classic
16	2:26.22	Y	B	F	Emily Albrecht	13	EXPR IL	2/11/2011 12th Annual Winter Classic
17	2:27.12	Y	B	F	Natalie Costello	13	EXPR IL	1/7/2011 2011 Speedo Invitational
18	2:31.45	Y	B	F	Jane Woywod	14	EXPR IL	12/10/2010 Elmhurst December ISI Meet- ILS10-1210
19	2:31.90	Y	B	F	Bree Arend	14	EXPR IL	2/11/2011 12th Annual Winter Classic
20	2:32.29	Y	B	F	Rachel Wydra	14	EXPR IL	2/11/2011 12th Annual Winter Classic
21	2:33.25	Y	B	F	Stephanie Julitz	14	EXPR IL	2/11/2011 12th Annual Winter Classic
22	2:33.76	Y	B	F	Robin Younker	13	EXPR IL	2/11/2011 12th Annual Winter Classic
23	2:44.43	Y		F	Chloe Lapen	13	EXPR IL	2/11/2011 12th Annual Winter Classic
24	2:52.80	Y		F	Emma McDonnell	14	EXPR IL	2/11/2011 12th Annual Winter Classic
25	3:14.80	Y		F	Garima Jajoo	13	EXPR IL	2/11/2011 12th Annual Winter Classic
Girls 13-14 500 Free								
1	5:03.80	Y	AAAA	P	Madeline Sims	14	EXPR IL	11/19/2010 IHSA State 2010
2	5:08.61	Y	AAAA	F	13-14 Express Team Record	13	EXPR IL	8/15/2010 Express Team Record
3	5:23.23	Y	AAA	F	Daria Wick	13	EXPR IL	3/11/2011 Age Group State Championships
4	5:27.79	Y	AA	F	13-14 State Qualifying	13	EXPR IL	8/15/2010 State Qualifying
5	5:44.62	Y	A	F	Erica Hagen	14	EXPR IL	7/22/2011 2011 LWSA Summer Regional Championsh
6	5:46.20	Y	A	F	Victoria Frank	14	EXPR IL	7/22/2011 2011 LWSA Summer Regional Championsh
7	5:58.83	Y	BB	F	Elaina Ricci	14	EXPR IL	10/30/2010 2010 NTSC IMX Challenge
8	6:00.59	Y	BB	F	13-14 Regional Qualifying	13	EXPR IL	8/15/2010 Regional Qualifying
9	6:19.99	Y	BB	F	Riley McDaniel	13	EXPR IL	10/30/2010 2010 NTSC IMX Challenge
10	6:20.44	Y	BB	F	Silvia Martin	14	EXPR IL	2/11/2011 12th Annual Winter Classic
11	6:45.18	Y	B	F	Bree Arend	14	EXPR IL	2/4/2011 2011 IN FINS FEBRUARY INVITE
12	7:55.62	Y		F	Emma McDonnell	14	EXPR IL	2/4/2011 2011 IN FINS FEBRUARY INVITE
Girls 13-14 1000 Free								
1	11:08.20	Y	AA	F	13-14 Express Team Record	13	EXPR IL	8/15/2010 Express Team Record
2	12:09.62	Y	BB	F	Victoria Frank	14	EXPR IL	7/22/2011 2011 LWSA Summer Regional Championsh
3	12:34.29	Y	BB	F	13-14 Regional Qualifying	13	EXPR IL	8/15/2010 Regional Qualifying
Girls 13-14 1650 Free								
1	18:15.26	Y	AAA	F	13-14 Express Team Record	13	EXPR IL	8/15/2010 Express Team Record
2	19:08.19	Y	AA	F	13-14 State Qualifying	13	EXPR IL	8/15/2010 State Qualifying
3	20:45.23	Y	BB	F	Daria Wick	13	EXPR IL	2/4/2011 2011 IN FINS FEBRUARY INVITE
4	21:02.99	Y	BB	F	13-14 Regional Qualifying	13	EXPR IL	8/15/2010 Regional Qualifying
5	23:16.95	Y	B	F	Sydney Lydon	13	EXPR IL	2/4/2011 2011 IN FINS FEBRUARY INVITE
Girls 13-14 50 Back								
1	30.22	Y	L	F	Kaitlyn Joyce	14	EXPR IL	2/4/2011 2011 IN FINS FEBRUARY INVITE
2	33.13	Y	L	F	Elaina Ricci	14	EXPR IL	2/4/2011 2011 IN FINS FEBRUARY INVITE
3	36.30	Y	L	F	Allison Lake	13	EXPR IL	7/19/2011 2011 CASSL Gold Championships
Girls 13-14 100 Back								
1	55.82	Y	AAAA	F	Gabrielle Sims	14	EXPR IL	11/19/2010 IHSA State 2010
2	59.10	Y	AAAA	F	13-14 Express Team Record	13	EXPR IL	8/15/2010 Express Team Record
3	1:00.30	Y	AAA	F	Kaitlyn Joyce	14	EXPR IL	11/13/2010 IHSA Sectional 2010

**EXPRESS SWIM TEAM
2010-11 SHORT COURSE SEASON**

Individual Top Times

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Number of Top Times: All Show Yards Only

	Time		P/F/S	Name	Age/Yr				
4	1:03.79	Y	AA	F	13-14 State Qualifying	13	EXPR IL	8/15/2010	State Qualifying
5	1:04.33	Y	AA	F	Daria Wick	13	EXPR IL	2/25/2011	2011 LWSA Winter Regional Championship
6	1:08.99	Y	BB	F	Elaina Ricci	14	EXPR IL	1/7/2011	2011 Speedo Invitational
7	1:09.78	Y	BB	F	Silvia Martin	14	EXPR IL	2/20/2011	Chicagoland A Conference
8	1:10.10	Y	BB	F	Elizabeth Arand	14	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
9	1:10.19	Y	BB	F	13-14 Regional Qualifying	13	EXPR IL	8/15/2010	Regional Qualifying
10	1:12.06	Y	BB	F	Erica Hagen	14	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championsh
11	1:13.62	Y	BB	F	Emily Albrecht	13	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference
12	1:13.97	Y	BB	F	Rachel Wydra	14	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference
13	1:15.17	Y	B	F	Samantha Grubich	14	EXPR IL	10/3/2010	Conference 2010
14	1:15.49	Y	B	F	Riley McDaniel	13	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
15	1:16.61	Y	B	F	Victoria Frank	13	EXPR IL	1/7/2011	2011 Speedo Invitational
16	1:17.85	Y	B	F	Natalie Costello	13	EXPR IL	1/7/2011	2011 Speedo Invitational
17	1:18.28	Y	B	F	Madelaine Harris	13	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
18	1:18.91	Y	B	F	Sydney Lydon	13	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
19	1:19.42	Y	B	F	Bree Arend	14	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
20	1:21.17	Y		F	Margaret Michaels	13	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
21	1:23.06	Y		F	Stephanie Julitz	14	EXPR IL	10/16/2010	FOX Fall First Splash
22	1:23.49	Y		F	Jane Woywod	14	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
23	1:25.13	Y		F	Chloe Lapen	13	EXPR IL	2/11/2011	12th Annual Winter Classic
24	1:27.22	Y		F	Emma McDonnell	14	EXPR IL	2/11/2011	12th Annual Winter Classic
25	1:29.54	Y		F	Robin Younker	13	EXPR IL	2/11/2011	12th Annual Winter Classic
26	1:33.84	Y		F	Olivia Pritchard	13	EXPR IL	10/16/2010	FOX Fall First Splash
27	1:37.87	Y		F	Ruta Raulickis	14	EXPR IL	1/7/2011	2011 Speedo Invitational
28	1:38.80	Y		F	Garima Jajoo	13	EXPR IL	2/11/2011	12th Annual Winter Classic
29	1:39.16	Y		F	Kaitlyn Igoe	13	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference
30	1:39.57	Y		F	Julia Lambert	13	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
31	1:41.69	Y		F	Brooke Nuccio	13	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
32	1:42.80	Y		F	Nisha Albert	13	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference
33	2:09.88	Y		F	Abrielle Joseph	13	EXPR IL	10/16/2010	FOX Fall First Splash
Girls 13-14 200 Back									
1	2:13.47	Y	AAA	F	13-14 Express Team Record	13	EXPR IL	8/15/2010	Express Team Record
2	2:17.84	Y	AA	F	Kaitlyn Joyce	14	EXPR IL	2/11/2011	12th Annual Winter Classic
3	2:18.49	Y	AA	F	13-14 State Qualifying	13	EXPR IL	8/15/2010	State Qualifying
4	2:20.88	Y	AA	F	Daria Wick	13	EXPR IL	2/25/2011	2011 LWSA Winter Regional Championship
5	2:25.03	Y	A	F	Elizabeth Arand	14	EXPR IL	2/25/2011	2011 LWSA Winter Regional Championship
6	2:32.28	Y	BB	F	Elaina Ricci	14	EXPR IL	10/30/2010	2010 NTSC IMX Challenge
7	2:32.29	Y	BB	F	13-14 Regional Qualifying	13	EXPR IL	8/15/2010	Regional Qualifying
8	2:42.10	Y	B	F	Silvia Martin	14	EXPR IL	1/7/2011	2011 Speedo Invitational
9	2:43.94	Y	B	F	Riley McDaniel	13	EXPR IL	10/30/2010	2010 NTSC IMX Challenge
10	2:43.96	Y	B	F	Emily Albrecht	13	EXPR IL	11/6/2010	Maverick Roundup 2010
11	2:47.43	Y	B	F	Victoria Frank	13	EXPR IL	2/11/2011	12th Annual Winter Classic
12	2:47.62	Y	B	F	Bree Arend	14	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
13	2:51.00	Y	B	F	Sydney Lydon	13	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
14	2:51.01	Y	B	F	Natalie Costello	13	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
15	2:54.61	Y		F	Margaret Michaels	13	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
16	3:01.78	Y		F	Robin Younker	13	EXPR IL	2/11/2011	12th Annual Winter Classic
Girls 13-14 100 Breast									
1	1:09.53	Y	AAA	F	13-14 Express Team Record	13	EXPR IL	8/15/2010	Express Team Record
2	1:10.92	Y	AAA	P	Elizabeth Arand	14	EXPR IL	3/11/2011	Age Group State Championships
3	1:12.59	Y	AA	F	Elaina Ricci	14	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championsh

**EXPRESS SWIM TEAM
2010-11 SHORT COURSE SEASON**

Individual Top Times

Times since: 01-Aug-10

Number of Top Times: All Show Yards Only

	Time		P/F/S	Name	Age/Yr				
4	1:12.79	Y	AA	F	13-14 State Qualifying	13	EXPR IL	8/15/2010	State Qualifying
5	1:16.59	Y	A	F	Kaitlyn Joyce	14	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
6	1:18.12	Y	BB	F	Sydney Lydon	13	EXPR IL	7/19/2011	2011 CASSL Gold Championships
7	1:19.96	Y	BB	F	Riley McDaniel	14	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
8	1:20.09	Y	BB	F	13-14 Regional Qualifying	13	EXPR IL	8/15/2010	Regional Qualifying
9	1:20.84	Y	BB	F	Erica Hagen	14	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championsh
10	1:22.68	Y	BB	F	Madelaine Harris	13	EXPR IL	2/11/2011	12th Annual Winter Classic
11	1:23.42	Y	BB	F	Natalie Costello	13	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
12	1:24.96	Y	B	F	Silvia Martin	14	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
13	1:27.54	Y	B	F	Bree Arend	14	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
14	1:30.24	Y	B	F	Daria Wick	13	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
15	1:31.39	Y		F	Emily Albrecht	13	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
16	1:31.86	Y		F	Victoria Frank	13	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
17	1:33.51	Y		F	Margaret Michaels	13	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference
18	1:34.81	Y		F	Stephanie Julitz	14	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
19	1:34.82	Y		F	Robin Younker	13	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference
20	1:37.36	Y		F	Ruta Raulickis	14	EXPR IL	1/7/2011	2011 Speedo Invitational
21	1:38.14	Y		F	Chloe Lapen	13	EXPR IL	2/11/2011	12th Annual Winter Classic
22	1:40.42	Y		F	Julia Lambert	13	EXPR IL	2/11/2011	12th Annual Winter Classic
23	1:40.83	Y		F	Garima Jajoo	13	EXPR IL	2/11/2011	12th Annual Winter Classic
24	1:42.05	Y		F	Rachel Wydra	14	EXPR IL	1/7/2011	2011 Speedo Invitational
25	1:44.08	Y		F	Emma McDonnell	14	EXPR IL	2/11/2011	12th Annual Winter Classic
26	1:44.76	Y		F	Abrielle Joseph	13	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
27	1:45.00	Y		F	Brooke Nuccio	13	EXPR IL	1/7/2011	2011 Speedo Invitational
28	1:49.30	Y		F	Kaitlyn Igoe	13	EXPR IL	1/7/2011	2011 Speedo Invitational
29	1:51.54	Y		F	Olivia Pritchard	13	EXPR IL	10/16/2010	FOX Fall First Splash
Girls 13-14 200 Breast									
1	2:33.67	Y	AA	F	13-14 Express Team Record	13	EXPR IL	8/15/2010	Express Team Record
2	2:37.64	Y	AA	F	Elizabeth Arand	14	EXPR IL	2/25/2011	2011 LWSA Winter Regional Championship
3	2:38.29	Y	AA	F	13-14 State Qualifying	13	EXPR IL	8/15/2010	State Qualifying
4	2:39.19	Y	AA	F	Elaina Ricci	14	EXPR IL	2/25/2011	2011 LWSA Winter Regional Championship
5	2:50.61	Y	BB	F	Sydney Lydon	13	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championsh
6	2:53.99	Y	BB	F	Riley McDaniel	14	EXPR IL	2/11/2011	12th Annual Winter Classic
7	2:54.09	Y	BB	F	13-14 Regional Qualifying	13	EXPR IL	8/15/2010	Regional Qualifying
8	3:03.87	Y	B	F	Bree Arend	14	EXPR IL	2/11/2011	12th Annual Winter Classic
9	3:06.80	Y	B	F	Natalie Costello	13	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
10	3:10.64	Y	B	F	Daria Wick	13	EXPR IL	10/30/2010	2010 NTSC IMX Challenge
11	3:40.57	Y		F	Emma McDonnell	14	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
Girls 13-14 100 Fly									
1	56.95	Y	AAAA	F	13-14 Express Team Record	13	EXPR IL	8/15/2010	Express Team Record
2	1:00.93	Y	AAA	F	Kaitlyn Joyce	14	EXPR IL	10/3/2010	Conference 2010
3	1:01.24	Y	AAA	P	Daria Wick	13	EXPR IL	3/11/2011	Age Group State Championships
4	1:03.29	Y	AA	F	13-14 State Qualifying	13	EXPR IL	8/15/2010	State Qualifying
5	1:08.54	Y	BB	F	Silvia Martin	14	EXPR IL	2/25/2011	2011 LWSA Winter Regional Championship
6	1:09.12	Y	BB	F	Elaina Ricci	14	EXPR IL	1/7/2011	2011 Speedo Invitational
7	1:09.59	Y	BB	F	13-14 Regional Qualifying	13	EXPR IL	8/15/2010	Regional Qualifying
8	1:11.77	Y	BB	F	Natalie Costello	13	EXPR IL	7/12/2011	2011 CASSL Silver Conference Champions
9	1:12.51	Y	BB	F	Madelaine Harris	13	EXPR IL	2/11/2011	12th Annual Winter Classic
10	1:13.90	Y	B	F	Riley McDaniel	13	EXPR IL	1/7/2011	2011 Speedo Invitational
11	1:15.98	Y	B	F	Victoria Frank	14	EXPR IL	7/19/2011	2011 CASSL Gold Championships
12	1:17.55	Y	B	F	Elizabeth Arand	14	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210

**EXPRESS SWIM TEAM
2010-11 SHORT COURSE SEASON**

Individual Top Times

Times since: 01-Aug-10

Number of Top Times: All Show Yards Only

	Time	P/F/S	Name	Age/Yr			
13	1:18.83	Y B	F	Sydney Lydon	13	EXPR IL	2/11/2011 12th Annual Winter Classic
14	1:19.12	Y	F	Margaret Michaels	13	EXPR IL	2/4/2011 2011 IN FINS FEBRUARY INVITE
15	1:22.81	Y	F	Emily Albrecht	13	EXPR IL	12/10/2010 Elmhurst December ISI Meet- ILS10-1210
16	1:23.49	Y	F	Rachel Wydra	14	EXPR IL	1/7/2011 2011 Speedo Invitational
17	1:23.93	Y	F	Erica Hagen	14	EXPR IL	2/11/2011 12th Annual Winter Classic
18	1:24.90	Y	F	Stephanie Julitz	14	EXPR IL	12/10/2010 Elmhurst December ISI Meet- ILS10-1210
19	1:26.89	Y	F	Bree Arend	14	EXPR IL	1/7/2011 2011 Speedo Invitational
20	1:29.16	Y	F	Chloe Lapen	13	EXPR IL	10/16/2010 FOX Fall First Splash
21	1:37.26	Y	F	Robin Younker	13	EXPR IL	2/11/2011 12th Annual Winter Classic
22	1:38.64	Y	F	Garima Jajoo	13	EXPR IL	2/11/2011 12th Annual Winter Classic
23	1:42.05	Y	F	Ruta Raulickis	14	EXPR IL	1/7/2011 2011 Speedo Invitational
24	1:43.85	Y	F	Kaitlyn Igoe	13	EXPR IL	10/16/2010 FOX Fall First Splash
25	1:44.83	Y	F	Brooke Nuccio	13	EXPR IL	12/10/2010 Elmhurst December ISI Meet- ILS10-1210
26	1:49.29	Y	F	Emma McDonnell	14	EXPR IL	12/10/2010 Elmhurst December ISI Meet- ILS10-1210
Girls 13-14 200 Fly							
1	2:08.05	Y AAAA	F	13-14 Express Team Record	13	EXPR IL	8/15/2010 Express Team Record
2	2:18.64	Y AA	P	Daria Wick	13	EXPR IL	3/11/2011 Age Group State Championships
3	2:21.88	Y AA	F	Kaitlyn Joyce	14	EXPR IL	1/7/2011 2011 Speedo Invitational
4	2:24.59	Y A	F	13-14 State Qualifying	13	EXPR IL	8/15/2010 State Qualifying
5	2:39.09	Y BB	F	13-14 Regional Qualifying	13	EXPR IL	8/15/2010 Regional Qualifying
6	2:42.63	Y B	F	Silvia Martin	14	EXPR IL	2/4/2011 2011 IN FINS FEBRUARY INVITE
7	2:46.06	Y B	F	Elaina Ricci	14	EXPR IL	10/30/2010 2010 NTSC IMX Challenge
8	2:52.62	Y B	F	Riley McDaniel	13	EXPR IL	10/30/2010 2010 NTSC IMX Challenge
9	3:01.19	Y	F	Victoria Frank	13	EXPR IL	2/11/2011 12th Annual Winter Classic
10	3:09.24	Y	F	Bree Arend	14	EXPR IL	2/4/2011 2011 IN FINS FEBRUARY INVITE
Girls 13-14 200 IM							
1	2:08.58	Y AAAA	F	Madeline Sims	14	EXPR IL	11/13/2010 IHSA Sectional 2010
2	2:10.16	Y AAAA	F	13-14 Express Team Record	13	EXPR IL	8/15/2010 Express Team Record
3	2:18.79	Y AA	F	13-14 State Qualifying	13	EXPR IL	8/15/2010 State Qualifying
4	2:21.82	Y AA	F	Kaitlyn Joyce	14	EXPR IL	2/20/2011 Chicagoland A Conference
5	2:21.97	Y AA	F	Elaina Ricci	14	EXPR IL	7/22/2011 2011 LWSA Summer Regional Championship
6	2:22.89	Y AA	F	Daria Wick	13	EXPR IL	2/25/2011 2011 LWSA Winter Regional Championship
7	2:25.72	Y A	F	Elizabeth Arand	14	EXPR IL	2/25/2011 2011 LWSA Winter Regional Championship
8	2:31.11	Y BB	F	Sydney Lydon	13	EXPR IL	7/19/2011 2011 CASSL Gold Championships
9	2:32.69	Y BB	F	13-14 Regional Qualifying	13	EXPR IL	8/15/2010 Regional Qualifying
10	2:33.84	Y BB	F	Riley McDaniel	13	EXPR IL	1/7/2011 2011 Speedo Invitational
11	2:39.18	Y BB	F	Silvia Martin	14	EXPR IL	1/7/2011 2011 Speedo Invitational
12	2:40.44	Y BB	F	Madelaine Harris	13	EXPR IL	2/11/2011 12th Annual Winter Classic
13	2:45.33	Y B	F	Victoria Frank	13	EXPR IL	12/10/2010 Elmhurst December ISI Meet- ILS10-1210
14	2:45.56	Y B	F	Jane Woywod	14	EXPR IL	1/7/2011 2011 Speedo Invitational
15*	2:46.92	Y B	F	Bree Arend	14	EXPR IL	12/10/2010 Elmhurst December ISI Meet- ILS10-1210
15*	2:46.92	Y B	F	Natalie Costello	13	EXPR IL	12/10/2010 Elmhurst December ISI Meet- ILS10-1210
17	2:47.58	Y B	F	Erica Hagen	14	EXPR IL	2/11/2011 12th Annual Winter Classic
18	2:51.24	Y B	F	Margaret Michaels	13	EXPR IL	1/7/2011 2011 Speedo Invitational
19	2:51.48	Y B	F	Rachel Wydra	14	EXPR IL	2/21/2011 2011 Chicagoland Silver Conference
20	2:57.25	Y	F	Stephanie Julitz	14	EXPR IL	12/10/2010 Elmhurst December ISI Meet- ILS10-1210
21	3:02.91	Y	F	Chloe Lapen	13	EXPR IL	2/11/2011 12th Annual Winter Classic
22	3:31.85	Y	F	Brooke Nuccio	13	EXPR IL	12/10/2010 Elmhurst December ISI Meet- ILS10-1210
23	3:32.16	Y	F	Emma McDonnell	14	EXPR IL	12/10/2010 Elmhurst December ISI Meet- ILS10-1210
Girls 13-14 400 IM							
1	4:35.72	Y AAAA	F	13-14 Express Team Record	13	EXPR IL	8/15/2010 Express Team Record

**EXPRESS SWIM TEAM
2010-11 SHORT COURSE SEASON**

Individual Top Times

Times since: 01-Aug-10

Number of Top Times: All Show Yards Only

	Time		P/F/S	Name	Age/Yr			
2	4:44.12	Y	AAA	F	Kaitlyn Joyce	14	EXPR IL	3/11/2011 Age Group State Championships
3	4:55.89	Y	AA	F	13-14 State Qualifying	13	EXPR IL	8/15/2010 State Qualifying
4	5:16.80	Y	A	F	Sydney Lydon	13	EXPR IL	7/22/2011 2011 LWSA Summer Regional Championsh
5	5:18.09	Y	BB	F	Elaina Ricci	14	EXPR IL	1/7/2011 2011 Speedo Invitational
6	5:19.95	Y	BB	F	Erica Hagen	14	EXPR IL	7/22/2011 2011 LWSA Summer Regional Championsh
7	5:25.49	Y	BB	F	13-14 Regional Qualifying	13	EXPR IL	8/15/2010 Regional Qualifying
8	5:31.34	Y	BB	F	Riley McDaniel	13	EXPR IL	1/7/2011 2011 Speedo Invitational
9	5:32.95	Y	BB	F	Daria Wick	13	EXPR IL	10/30/2010 2010 NTSC IMX Challenge
10	5:37.22	Y	BB	F	Silvia Martin	14	EXPR IL	1/7/2011 2011 Speedo Invitational
11	5:47.87	Y	B	F	Madelaine Harris	13	EXPR IL	1/7/2011 2011 Speedo Invitational
12	5:58.28	Y	B	F	Victoria Frank	13	EXPR IL	1/7/2011 2011 Speedo Invitational
13	5:58.85	Y	B	F	Bree Arend	14	EXPR IL	2/4/2011 2011 IN FINS FEBRUARY INVITE
14	6:21.96	Y		F	Robin Younker	13	EXPR IL	2/11/2011 12th Annual Winter Classic
Girls Senior 50 Free								
1	23.69	Y	AAAA	F	Gabrielle Sims	15	EXPR IL	3/15/2011 NCSA Junior Nationals
2	23.70	Y	AAAA	F	Senior Express Team Record	15	EXPR IL	8/15/2010 Express Team Record
3	25.09	Y	AAA	F	Jennifer Gockman	16	EXPR IL	11/13/2010 IHSA Sectional 2010
4	25.39	Y	AAA	F	Senior State Qualifying	15	EXPR IL	8/15/2010 State Qualifying - Senior
5*	25.59	Y	AAA	F	Hannah Kaufmann	15	EXPR IL	2/25/2011 2011 LWSA Winter Regional Championship
5*	25.59	Y	AA	F	Allison Soper	17	EXPR IL	11/13/2010 IHSA Sectional 2010
7	26.41	Y	AA	F	Stefanie Selvage	17	EXPR IL	7/22/2011 2011 LWSA Summer Regional Championsh
8	26.55	Y	AA	F	Claire Schoenberger	15	EXPR IL	2/25/2011 2011 LWSA Winter Regional Championship
9	26.56	Y	AA	F	Erin Stevens	15	EXPR IL	2/25/2011 2011 LWSA Winter Regional Championship
10	26.71	Y	AA	F	Maura Towey	16	EXPR IL	7/22/2011 2011 LWSA Summer Regional Championsh
11	27.89	Y	A	F	Senior Regional Qualifying	15	EXPR IL	8/15/2010 Regional Qualifying
12	27.99	Y	A	F	Elizabeth Arand	15	EXPR IL	7/22/2011 2011 LWSA Summer Regional Championsh
13	28.56	Y	BB	F	Amanda Bila	16	EXPR IL	2/11/2011 12th Annual Winter Classic
14	30.18	Y	BB	F	Alyssa Salela	15	EXPR IL	2/4/2011 2011 IN FINS FEBRUARY INVITE
15	36.24	Y		F	Marissa Howland	15	EXPR IL	2/4/2011 2011 IN FINS FEBRUARY INVITE
Girls Senior 100 Free								
1	50.79	Y	AAAA	F	Gabrielle Sims	15	EXPR IL	3/15/2011 NCSA Junior Nationals
2	51.02	Y	AAAA	F	Senior Express Team Record	15	EXPR IL	8/15/2010 Express Team Record
3	53.69	Y	L AAA	F	Madeline Sims	15	EXPR IL	3/3/2011 Illinois Senior State Championships
4	54.66	Y	AAA	F	Jennifer Gockman	16	EXPR IL	11/13/2010 IHSA Sectional 2010
5	54.84	Y	L AAA	F	Hannah Kaufmann	15	EXPR IL	3/3/2011 Illinois Senior State Championships
6	54.99	Y	AAA	F	Senior State Qualifying	15	EXPR IL	8/15/2010 State Qualifying - Senior
7	56.96	Y	AA	F	Maura Towey	16	EXPR IL	2/25/2011 2011 LWSA Winter Regional Championship
8	57.68	Y	A	F	Allison Soper	17	EXPR IL	2/25/2011 2011 LWSA Winter Regional Championship
9	57.84	Y	A	F	Stefanie Selvage	17	EXPR IL	2/20/2011 Chicagoland A Conference
10	58.17	Y	AA	F	Erin Stevens	15	EXPR IL	2/25/2011 2011 LWSA Winter Regional Championship
11	1:00.49	Y	A	F	Senior Regional Qualifying	15	EXPR IL	8/15/2010 Regional Qualifying
12	1:00.61	Y	A	F	Claire Schoenberger	15	EXPR IL	2/25/2011 2011 LWSA Winter Regional Championship
13	1:01.75	Y	BB	F	Desiree Tamez	17	EXPR IL	2/11/2011 12th Annual Winter Classic
14	1:02.97	Y	BB	F	Amanda Bila	16	EXPR IL	2/21/2011 2011 Chicagoland Silver Conference
15	1:04.78	Y	BB	F	Alyssa Salela	15	EXPR IL	1/7/2011 2011 Speedo Invitational
16	1:29.28	Y		F	Marissa Howland	15	EXPR IL	1/7/2011 2011 Speedo Invitational
Girls Senior 200 Free								
1	1:49.22	Y	AAAA	F	Senior Express Team Record	15	EXPR IL	8/15/2010 Express Team Record
2	1:53.49	Y	AAAA	P	Gabrielle Sims	15	EXPR IL	3/15/2011 NCSA Junior Nationals
3	1:56.05	Y	AAA	P	Madeline Sims	15	EXPR IL	3/15/2011 NCSA Junior Nationals
4	1:58.78	Y	AAA	F	Jennifer Gockman	16	EXPR IL	2/25/2011 2011 LWSA Winter Regional Championship

**EXPRESS SWIM TEAM
2010-11 SHORT COURSE SEASON**

Individual Top Times

Times since: 01-Aug-10

Number of Top Times: All Show Yards Only

	Time		P/F/S	Name	Age/Yr				
5	1:59.19	Y	AAA	F	Senior State Qualifying	15	EXPR IL	8/15/2010	State Qualifying - Senior
6	2:00.18	Y	AA	F	Hannah Kaufmann	15	EXPR IL	11/13/2010	IHSA Sectional 2010
7	2:02.97	Y	AA	F	Maura Towey	16	EXPR IL	2/25/2011	2011 LWSA Winter Regional Championship
8	2:06.66	Y	A	F	Desiree Tamez	17	EXPR IL	11/13/2010	IHSA Sectional 2010
9	2:11.09	Y	BB	F	Senior Regional Qualifying	15	EXPR IL	8/15/2010	Regional Qualifying
10	2:11.22	Y	BB	F	Erin Stevens	15	EXPR IL	2/11/2011	12th Annual Winter Classic
11	2:12.31	Y	BB	F	Stefanie Selvage	17	EXPR IL	2/11/2011	12th Annual Winter Classic
12	2:17.25	Y	BB	F	Claire Schoenberger	15	EXPR IL	2/11/2011	12th Annual Winter Classic
13	2:22.70	Y	B	F	Amanda Bila	16	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
14	2:22.78	Y	B	F	Alyssa Salela	15	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
15	3:13.19	Y		F	Marissa Howland	15	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
Girls Senior 500 Free									
1	4:50.26	Y	AAAA	F	Senior Express Team Record	15	EXPR IL	8/15/2010	Express Team Record
2	5:12.76	Y	AAA	T	Madeline Sims	15	EXPR IL	3/15/2011	2011 NCSA Jr Natl Time Trials
3	5:19.19	Y	AA	F	Senior State Qualifying	15	EXPR IL	8/15/2010	State Qualifying - Senior
4	5:22.26	Y	AA	F	Hannah Kaufmann	15	EXPR IL	2/25/2011	2011 LWSA Winter Regional Championship
5	5:29.79	Y	AA	F	Maura Towey	16	EXPR IL	2/25/2011	2011 LWSA Winter Regional Championship
6	5:34.15	Y	A	F	Jennifer Gockman	16	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championsh
7	5:36.51	Y	A	F	Desiree Tamez	17	EXPR IL	11/13/2010	IHSA Sectional 2010
8	5:51.09	Y	BB	F	Senior Regional Qualifying	15	EXPR IL	8/15/2010	Regional Qualifying
9	5:55.74	Y	BB	F	Stefanie Selvage	17	EXPR IL	2/11/2011	12th Annual Winter Classic
10	6:01.86	Y	BB	F	Alyssa Salela	15	EXPR IL	10/3/2010	Conference 2010
Girls Senior 1000 Free									
1	10:05.04	Y	AAAA	F	Senior Express Team Record	15	EXPR IL	8/15/2010	Express Team Record
2	11:14.59	Y	AA	F	Senior State Qualifying	15	EXPR IL	8/15/2010	State Qualifying - Senior
3	12:22.09	Y	BB	F	Senior Regional Qualifying	15	EXPR IL	8/15/2010	Regional Qualifying
Girls Senior 1650 Free									
1	17:40.24	Y	AAA	F	Senior Express Team Record	15	EXPR IL	8/15/2010	Express Team Record
2	18:49.99	Y	AA	F	Senior State Qualifying	15	EXPR IL	8/15/2010	State Qualifying - Senior
3	20:42.99	Y	BB	F	Senior Regional Qualifying	15	EXPR IL	8/15/2010	Regional Qualifying
Girls Senior 50 Back									
1	25.78	Y		F	Gabrielle Sims	15	EXPR IL	3/15/2011	NCSA Junior Nationals
2	33.97	Y	L	F	Stefanie Selvage	17	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
Girls Senior 100 Back									
1	55.90	Y	AAAA	F	Gabrielle Sims	15	EXPR IL	3/15/2011	NCSA Junior Nationals
2	58.61	Y	AAA	F	Senior Express Team Record	15	EXPR IL	8/15/2010	Express Team Record
3	1:02.38	Y	AA	F	Jennifer Gockman	16	EXPR IL	2/25/2011	2011 LWSA Winter Regional Championship
4	1:02.89	Y	AA	F	Senior State Qualifying	15	EXPR IL	8/15/2010	State Qualifying - Senior
5	1:05.05	Y	A	F	Stefanie Selvage	17	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championsh
6	1:05.25	Y	A	F	Madeline Sims	15	EXPR IL	2/11/2011	12th Annual Winter Classic
7	1:05.59	Y	A	F	Erin Stevens	15	EXPR IL	2/25/2011	2011 LWSA Winter Regional Championship
8	1:08.07	Y	BB	F	Hannah Kaufmann	15	EXPR IL	2/11/2011	12th Annual Winter Classic
9	1:09.19	Y	BB	F	Senior Regional Qualifying	15	EXPR IL	8/15/2010	Regional Qualifying
10	1:11.33	Y	BB	F	Maura Towey	16	EXPR IL	2/11/2011	12th Annual Winter Classic
11	1:13.29	Y	B	F	Desiree Tamez	17	EXPR IL	2/11/2011	12th Annual Winter Classic
12	1:14.24	Y	B	F	Amanda Bila	16	EXPR IL	2/11/2011	12th Annual Winter Classic
13	1:27.72	Y		F	Marissa Howland	15	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference
Girls Senior 200 Back									
1	2:10.03	Y	AAA	P	Gabrielle Sims	15	EXPR IL	3/3/2011	Illinois Senior State Championships
2	2:10.42	Y	AAA	F	Senior Express Team Record	15	EXPR IL	8/15/2010	Express Team Record

**EXPRESS SWIM TEAM
2010-11 SHORT COURSE SEASON**

Individual Top Times

Times since: 01-Aug-10

Number of Top Times: All Show Yards Only

	Time		P/F/S	Name	Age/Yr				
3	2:13.23	Y	AA	P	Jennifer Gockman	16	EXPR IL	3/3/2011	Illinois Senior State Championships
4	2:16.29	Y	AA	F	Senior State Qualifying	15	EXPR IL	8/15/2010	State Qualifying - Senior
5	2:21.84	Y	A	F	Madeline Sims	15	EXPR IL	1/7/2011	2011 Speedo Invitational
6	2:23.05	Y	A	F	Maura Towey	16	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championsh
7	2:23.52	Y	A	F	Erin Stevens	15	EXPR IL	2/25/2011	2011 LWSA Winter Regional Championship
8	2:24.13	Y	BB	F	Elizabeth Arand	15	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championsh
9	2:25.91	Y	BB	F	Hannah Kaufmann	15	EXPR IL	2/11/2011	12th Annual Winter Classic
10	2:29.89	Y	BB	F	Senior Regional Qualifying	15	EXPR IL	8/15/2010	Regional Qualifying
11	2:35.45	Y	B	F	Stefanie Selvage	17	EXPR IL	2/11/2011	12th Annual Winter Classic
12	2:35.61	Y	B	F	Desiree Tamez	17	EXPR IL	2/11/2011	12th Annual Winter Classic
13	2:43.92	Y	B	F	Amanda Bila	16	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
14	2:50.46	Y		F	Alyssa Salela	15	EXPR IL	1/7/2011	2011 Speedo Invitational
Girls Senior 100 Breast									
1	1:04.56	Y	AAAA	F	Senior Express Team Record	15	EXPR IL	8/15/2010	Express Team Record
2	1:06.89	Y	AAA	F	Allison Soper	17	EXPR IL	11/13/2010	IHSA Sectional 2010
3	1:11.29	Y	AA	F	Senior State Qualifying	15	EXPR IL	8/15/2010	State Qualifying - Senior
4	1:12.69	Y	A	F	Madeline Sims	15	EXPR IL	2/20/2011	Chicagoland A Conference
5	1:12.95	Y	A	F	Claire Schoenberger	15	EXPR IL	10/3/2010	Conference 2010
6	1:16.57	Y	BB	F	Hannah Kaufmann	15	EXPR IL	2/11/2011	12th Annual Winter Classic
7	1:18.39	Y	BB	F	Senior Regional Qualifying	15	EXPR IL	8/15/2010	Regional Qualifying
8	1:18.58	Y	BB	F	Erin Stevens	15	EXPR IL	2/11/2011	12th Annual Winter Classic
9	1:21.22	Y	BB	F	Stefanie Selvage	17	EXPR IL	2/11/2011	12th Annual Winter Classic
10	1:22.73	Y	B	F	Maura Towey	16	EXPR IL	2/11/2011	12th Annual Winter Classic
11	1:24.39	Y	B	F	Amanda Bila	16	EXPR IL	1/7/2011	2011 Speedo Invitational
12	1:33.13	Y		F	Marissa Howland	15	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference
Girls Senior 200 Breast									
1	2:17.02	Y	AAAA	F	Senior Express Team Record	15	EXPR IL	8/15/2010	Express Team Record
2	2:28.35	Y	AAA	P	Allison Soper	17	EXPR IL	3/3/2011	Illinois Senior State Championships
3	2:35.89	Y	AA	F	Senior State Qualifying	15	EXPR IL	8/15/2010	State Qualifying - Senior
4	2:42.27	Y	A	F	Claire Schoenberger	15	EXPR IL	2/25/2011	2011 LWSA Winter Regional Championship
5	2:49.49	Y	BB	F	Maura Towey	16	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championsh
6	2:51.49	Y	BB	F	Senior Regional Qualifying	15	EXPR IL	8/15/2010	Regional Qualifying
Girls Senior 50 Fly									
1	24.76	Y		F	Gabrielle Sims	15	EXPR IL	3/15/2011	NCSA Junior Nationals
Girls Senior 100 Fly									
1	54.17	Y	AAAA	F	Senior Express Team Record	15	EXPR IL	8/15/2010	Express Team Record
2	55.03	Y	AAAA	F	Gabrielle Sims	15	EXPR IL	3/15/2011	NCSA Junior Nationals
3	59.50	Y	SAAA	T	Madeline Sims	15	EXPR IL	3/15/2011	2011 NCSA Jr Natl Time Trials
4	1:01.59	Y	AA	F	Senior State Qualifying	15	EXPR IL	8/15/2010	State Qualifying - Senior
5*	1:04.47	Y	A	F	Erin Stevens	15	EXPR IL	2/25/2011	2011 LWSA Winter Regional Championship
5*	1:04.47	Y	A	F	Alyssa Salela	15	EXPR IL	2/25/2011	2011 LWSA Winter Regional Championship
7	1:04.49	Y	A	F	Claire Schoenberger	15	EXPR IL	11/13/2010	IHSA Sectional 2010
8	1:06.49	Y	BB	F	Jennifer Gockman	16	EXPR IL	2/11/2011	12th Annual Winter Classic
9	1:07.79	Y	BB	F	Senior Regional Qualifying	15	EXPR IL	8/15/2010	Regional Qualifying
10	1:10.50	Y	BB	F	Stefanie Selvage	17	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
11	1:10.92	Y	BB	F	Hannah Kaufmann	15	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
12	1:14.62	Y	B	F	Amanda Bila	16	EXPR IL	2/11/2011	12th Annual Winter Classic
13	1:16.83	Y		F	Desiree Tamez	17	EXPR IL	2/11/2011	12th Annual Winter Classic
Girls Senior 200 Fly									
1	1:56.56	Y	AAAA	F	Senior Express Team Record	15	EXPR IL	8/15/2010	Express Team Record

**EXPRESS SWIM TEAM
2010-11 SHORT COURSE SEASON**

Individual Top Times

Times since: 01-Aug-10

Number of Top Times: All Show Yards Only

	Time		P/F/S	Name	Age/Yr				
2	2:07.09	Y	AAA	P	Gabrielle Sims	15	EXPR IL	3/15/2011	NCSA Junior Nationals
3	2:12.93	Y	AA	P	Madeline Sims	15	EXPR IL	3/15/2011	NCSA Junior Nationals
4	2:20.29	Y	A	F	Senior State Qualifying	15	EXPR IL	8/15/2010	State Qualifying - Senior
5	2:34.29	Y	BB	F	Senior Regional Qualifying	15	EXPR IL	8/15/2010	Regional Qualifying
6	2:41.58	Y	B	F	Stefanie Selvage	17	EXPR IL	2/11/2011	12th Annual Winter Classic
7	2:47.57	Y	B	F	Alyssa Salela	15	EXPR IL	1/7/2011	2011 Speedo Invitational
Girls Senior 200 IM									
1	2:00.61	Y	AAAA	F	Senior Express Team Record	15	EXPR IL	8/15/2010	Express Team Record
2	2:09.04	Y	AAA	F	Madeline Sims	15	EXPR IL	3/3/2011	Illinois Senior State Championships
3	2:14.79	Y	AAA	F	Senior State Qualifying	15	EXPR IL	8/15/2010	State Qualifying - Senior
4	2:16.98	Y	AA	F	Jennifer Gockman	16	EXPR IL	2/25/2011	2011 LWSA Winter Regional Championship
5	2:17.74	Y	AA	F	Gabrielle Sims	15	EXPR IL	1/7/2011	2011 Speedo Invitational
6	2:20.00	Y	AA	F	Hannah Kaufmann	15	EXPR IL	2/25/2011	2011 LWSA Winter Regional Championship
7	2:21.06	Y	A	F	Allison Soper	17	EXPR IL	10/3/2010	Conference 2010
8	2:25.90	Y	A	F	Claire Schoenberger	15	EXPR IL	10/3/2010	Conference 2010
9	2:28.29	Y	BB	F	Senior Regional Qualifying	15	EXPR IL	8/15/2010	Regional Qualifying
10	2:28.88	Y	BB	F	Erin Stevens	15	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
11	2:32.70	Y	BB	F	Stefanie Selvage	17	EXPR IL	2/11/2011	12th Annual Winter Classic
12	2:33.59	Y	BB	F	Maura Towey	16	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
13	2:40.82	Y	B	F	Amanda Bila	16	EXPR IL	2/11/2011	12th Annual Winter Classic
14	2:45.33	Y	B	F	Alyssa Salela	15	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
15	3:17.57	Y		F	Marissa Howland	15	EXPR IL	1/7/2011	2011 Speedo Invitational
Girls Senior 400 IM									
1	4:15.06	Y	AAAA	F	Senior Express Team Record	15	EXPR IL	8/15/2010	Express Team Record
2	4:38.36	Y	AAA	P	Madeline Sims	15	EXPR IL	3/3/2011	Illinois Senior State Championships
3	4:50.19	Y	AA	F	Senior State Qualifying	15	EXPR IL	8/15/2010	State Qualifying - Senior
4	4:51.74	Y	AA	F	Gabrielle Sims	15	EXPR IL	1/7/2011	2011 Speedo Invitational
5	5:03.05	Y	A	F	Jennifer Gockman	16	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
6	5:09.62	Y	A	F	Allison Soper	17	EXPR IL	2/25/2011	2011 LWSA Winter Regional Championship
7	5:15.26	Y	BB	F	Hannah Kaufmann	15	EXPR IL	1/7/2011	2011 Speedo Invitational
8	5:19.19	Y	BB	F	Senior Regional Qualifying	15	EXPR IL	8/15/2010	Regional Qualifying
9	5:27.45	Y	BB	F	Maura Towey	16	EXPR IL	1/7/2011	2011 Speedo Invitational
Boys 8 & Under 25 Free									
1	16.54	Y		F	8 & Under Express Team Record	8	EXPR IL	8/15/2010	Express Team Record
2	18.63	Y		F	Bryan Lake	8	EXPR IL	11/6/2010	Maverick Roundup 2010
3	49.52	Y		F	Michael Joseph	6	EXPR IL	10/16/2010	FOX Fall First Splash
Boys 8 & Under 50 Free									
1	35.43	Y	B	F	8 & Under Express Team Record	8	EXPR IL	8/15/2010	Express Team Record
Boys 8 & Under 100 Free									
1	1:34.36	Y		F	8 & Under Express Team Record	8	EXPR IL	8/15/2010	Express Team Record
Boys 8 & Under 200 Free									
1	3:07.86	Y	B	F	8 & Under Express Team Record	8	EXPR IL	8/15/2010	Express Team Record
Boys 8 & Under 25 Back									
1	20.56	Y		F	8 & Under Express Team Record	8	EXPR IL	8/15/2010	Express Team Record
Boys 8 & Under 50 Back									
1	49.46	Y		F	8 & Under Express Team Record	8	EXPR IL	8/15/2010	Express Team Record
Boys 8 & Under 100 Back									
1	1:53.58	Y		F	8 & Under Express Team Record	8	EXPR IL	8/15/2010	Express Team Record

**EXPRESS SWIM TEAM
2010-11 SHORT COURSE SEASON**

Individual Top Times

Times since: 01-Aug-10

Number of Top Times: All Show Yards Only

	Time	P/F/S	Name	Age/Yr			
Boys 8 & Under 25 Breast							
1	21.90	Y	F	8 & Under Express Team Record	8	EXPR IL	8/15/2010 Express Team Record
2	27.91	Y	F	Bryan Lake	8	EXPR IL	11/6/2010 Maverick Roundup 2010
Boys 8 & Under 50 Breast							
1	49.69	Y B	F	8 & Under Express Team Record	8	EXPR IL	8/15/2010 Express Team Record
Boys 8 & Under 25 Fly							
1	18.43	Y	F	8 & Under Express Team Record	8	EXPR IL	8/15/2010 Express Team Record
Boys 8 & Under 50 Fly							
1	44.43	Y B	F	8 & Under Express Team Record	8	EXPR IL	8/15/2010 Express Team Record
Boys 8 & Under 100 IM							
1	1:31.99	Y B	F	8 & Under Express Team Record	8	EXPR IL	8/15/2010 Express Team Record
2	2:05.24	Y	F	Bryan Lake	8	EXPR IL	11/6/2010 Maverick Roundup 2010
Boys 9-10 50 Free							
1	29.13	Y AAA	F	John Ebersold	10	EXPR IL	8/15/2010 Express Team Record
2	30.29	Y AA	F	Connor Kaplan	10	EXPR IL	7/19/2011 2011 CASSL Gold Championships
3	30.49	Y A	F	9 - 10 State Qualifying	9	EXPR IL	8/15/2010 State Qualifying
4	33.49	Y BB	F	9 - 10 Regional Qualifying	10	EXPR IL	8/15/2010 Regional Qualifying
5	35.79	Y B	F	Owen Wahlgren	10	EXPR IL	2/11/2011 12th Annual Winter Classic
6	39.78	Y	F	Phillip Pakowski	10	EXPR IL	2/21/2011 2011 Chicagoland Silver Conference
7	40.31	Y	F	Benjamin Ellstrom	10	EXPR IL	10/16/2010 FOX Fall First Splash
8	42.18	Y	F	Karolis Vaitkevicius	9	EXPR IL	2/21/2011 2011 Chicagoland Silver Conference
9	43.95	Y	F	Bryan Lake	9	EXPR IL	2/4/2011 2011 IN FINS FEBRUARY INVITE
10	44.23	Y	F	Charles Peiffer	10	EXPR IL	2/21/2011 2011 Chicagoland Silver Conference
11	46.03	Y	F	Zachary Shelton	10	EXPR IL	11/6/2010 Maverick Roundup 2010
Boys 9-10 100 Free							
1	1:03.04	Y AAA	F	John Ebersold	10	EXPR IL	8/15/2010 Express Team Record
2	1:07.39	Y AA	F	9 - 10 State Qualifying	9	EXPR IL	8/15/2010 State Qualifying
3	1:12.33	Y BB	F	Connor Kaplan	9	EXPR IL	2/25/2011 2011 LWSA Winter Regional Championship
4	1:14.09	Y BB	F	9 - 10 Regional Qualifying	10	EXPR IL	8/15/2010 Regional Qualifying
5	1:24.23	Y B	F	Owen Wahlgren	10	EXPR IL	2/20/2011 Chicagoland A Conference
6	1:28.92	Y B	F	Phillip Pakowski	9	EXPR IL	11/6/2010 Maverick Roundup 2010
7	1:35.57	Y	F	Bryan Lake	9	EXPR IL	2/11/2011 12th Annual Winter Classic
8	1:36.21	Y	F	Zachary Kargol	10	EXPR IL	1/7/2011 2011 Speedo Invitational
9	1:36.68	Y	F	Charles Peiffer	10	EXPR IL	2/21/2011 2011 Chicagoland Silver Conference
10	1:38.98	Y	F	Zachary Shelton	10	EXPR IL	11/6/2010 Maverick Roundup 2010
Boys 9-10 200 Free							
1	2:16.53	Y AAA	F	John Ebersold	10	EXPR IL	8/15/2010 Express Team Record
2	2:29.59	Y A	F	9 - 10 State Qualifying	9	EXPR IL	8/15/2010 State Qualifying
3	2:44.59	Y BB	F	9 - 10 Regional Qualifying	10	EXPR IL	8/15/2010 Regional Qualifying
4	3:24.46	Y	F	Bryan Lake	9	EXPR IL	2/11/2011 12th Annual Winter Classic
Boys 9-10 500 Free							
1	6:10.09	Y AAA	F	John Ebersold	10	EXPR IL	8/15/2010 Express Team Record
2	6:28.29	Y A	F	9 - 10 State Qualifying	9	EXPR IL	8/15/2010 State Qualifying
3	8:25.49	Y B	F	9 - 10 Regional Qualifying	10	EXPR IL	8/15/2010 Regional Qualifying
Boys 9-10 50 Back							
1	35.88	Y AA	F	John Ebersold	10	EXPR IL	8/15/2010 Express Team Record
2	35.99	Y AA	F	9 - 10 State Qualifying	9	EXPR IL	8/15/2010 State Qualifying
3	37.40	Y A	F	Connor Kaplan	10	EXPR IL	7/22/2011 2011 LWSA Summer Regional Championsh

**EXPRESS SWIM TEAM
2010-11 SHORT COURSE SEASON**

Individual Top Times

Times since: 01-Aug-10

Number of Top Times: All Show Yards Only

	Time		P/F/S	Name	Age/Yr				
4	39.59	Y	BB	F	9 - 10 Regional Qualifying	10	EXPR IL	8/15/2010	Regional Qualifying
5	45.73	Y	B	F	Benjamin Ellstrom	10	EXPR IL	10/16/2010	FOX Fall First Splash
6	46.59	Y	B	F	Owen Wahlgren	10	EXPR IL	2/11/2011	12th Annual Winter Classic
7	51.17	Y		F	Phillip Pakowski	10	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference
8	51.95	Y		F	Karolis Vaitkevicius	9	EXPR IL	2/11/2011	12th Annual Winter Classic
9	53.46	Y		F	Charles Peiffer	10	EXPR IL	10/16/2010	FOX Fall First Splash
10	56.03	Y		F	Bryan Lake	9	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
11	58.32	Y		F	Zachary Shelton	10	EXPR IL	10/16/2010	FOX Fall First Splash
Boys 9-10 100 Back									
1	1:15.18	Y	AA	F	John Ebersold	10	EXPR IL	8/15/2010	Express Team Record
2	1:18.09	Y	A	F	9 - 10 State Qualifying	9	EXPR IL	8/15/2010	State Qualifying
3	1:25.89	Y	BB	F	9 - 10 Regional Qualifying	10	EXPR IL	8/15/2010	Regional Qualifying
4	1:46.33	Y		F	Owen Wahlgren	10	EXPR IL	2/11/2011	12th Annual Winter Classic
5	1:58.99	Y		F	Phillip Pakowski	10	EXPR IL	1/7/2011	2011 Speedo Invitational
Boys 9-10 50 Breast									
1	35.01	Y	AAAA	F	John Ebersold	10	EXPR IL	8/15/2010	Express Team Record
2	41.09	Y	A	F	9 - 10 State Qualifying	9	EXPR IL	8/15/2010	State Qualifying
3	45.19	Y	BB	F	9 - 10 Regional Qualifying	10	EXPR IL	8/15/2010	Regional Qualifying
4	49.17	Y	B	F	Connor Kaplan	9	EXPR IL	1/7/2011	2011 Speedo Invitational
5	51.47	Y	B	F	Owen Wahlgren	10	EXPR IL	2/11/2011	12th Annual Winter Classic
6	55.37	Y		F	Bryan Lake	9	EXPR IL	2/20/2011	Chicagoland A Conference
Boys 9-10 100 Breast									
1	1:16.48	Y	AAAA	F	John Ebersold	10	EXPR IL	8/15/2010	Express Team Record
2	1:30.59	Y	A	F	9 - 10 State Qualifying	9	EXPR IL	8/15/2010	State Qualifying
3	1:39.69	Y	BB	F	9 - 10 Regional Qualifying	10	EXPR IL	8/15/2010	Regional Qualifying
4	2:05.73	Y		F	Bryan Lake	9	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
Boys 9-10 50 Fly									
1	33.34	Y	AA	F	John Ebersold	10	EXPR IL	8/15/2010	Express Team Record
2	34.12	Y	AA	F	Connor Kaplan	10	EXPR IL	7/19/2011	2011 CASSL Gold Championships
3	34.79	Y	AA	F	9 - 10 State Qualifying	9	EXPR IL	8/15/2010	State Qualifying
4	38.29	Y	BB	F	9 - 10 Regional Qualifying	10	EXPR IL	8/15/2010	Regional Qualifying
5	49.68	Y		F	Owen Wahlgren	10	EXPR IL	1/7/2011	2011 Speedo Invitational
6	52.59	Y		F	Phillip Pakowski	9	EXPR IL	10/16/2010	FOX Fall First Splash
7	56.53	Y		F	Zachary Kargol	10	EXPR IL	1/7/2011	2011 Speedo Invitational
8	1:06.84	Y		F	Bryan Lake	9	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
Boys 9-10 100 Fly									
1	1:14.90	Y	AAA	F	John Ebersold	10	EXPR IL	8/15/2010	Express Team Record
2	1:21.49	Y	A	F	9 - 10 State Qualifying	9	EXPR IL	8/15/2010	State Qualifying
3	1:23.84	Y	A	F	Connor Kaplan	9	EXPR IL	2/25/2011	2011 LWSA Winter Regional Championship
4	1:29.59	Y	BB	F	9 - 10 Regional Qualifying	10	EXPR IL	8/15/2010	Regional Qualifying
Boys 9-10 100 IM									
1	1:11.55	Y	AAA	F	John Ebersold	10	EXPR IL	8/15/2010	Express Team Record
2	1:17.99	Y	A	F	9 - 10 State Qualifying	9	EXPR IL	8/15/2010	State Qualifying
3	1:25.79	Y	BB	F	9 - 10 Regional Qualifying	10	EXPR IL	8/15/2010	Regional Qualifying
4	1:26.92	Y	BB	F	Connor Kaplan	9	EXPR IL	2/20/2011	Chicagoland A Conference
5	1:41.28	Y	B	F	Owen Wahlgren	10	EXPR IL	2/11/2011	12th Annual Winter Classic
6	1:51.08	Y		F	Zachary Kargol	10	EXPR IL	1/7/2011	2011 Speedo Invitational
7	1:56.98	Y		F	Phillip Pakowski	9	EXPR IL	11/6/2010	Maverick Roundup 2010
8	1:58.20	Y		F	Bryan Lake	9	EXPR IL	1/7/2011	2011 Speedo Invitational

**EXPRESS SWIM TEAM
2010-11 SHORT COURSE SEASON**

Individual Top Times

Times since: 01-Aug-10

Number of Top Times: All Show Yards Only

	Time		P/F/S	Name	Age/Yr				
Boys 9-10 200 IM									
1	2:36.61	Y	AAA	F	John Ebersold	10	EXPR IL	8/15/2010	Express Team Record
2	2:49.69	Y	A	F	9 - 10 State Qualifying	9	EXPR IL	8/15/2010	State Qualifying
3	3:03.13	Y	BB	F	Connor Kaplan	10	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championsh
4	3:06.69	Y	BB	F	9 - 10 Regional Qualifying	10	EXPR IL	8/15/2010	Regional Qualifying
Boys 11-12 50 Free									
1	25.45	Y	AAA	P	Michael Tegeler	12	EXPR IL	3/11/2011	Age Group State Championships
2	26.58	Y	AA	F	11 - 12 Express Team Record	12	EXPR IL	8/15/2010	Express Team Record
3	26.89	Y	AA	F	11 - 12 State Qualifying	12	EXPR IL	8/15/2010	State Qualifying
4	27.61	Y	A	F	Charles Kaufmann	12	EXPR IL	7/19/2011	2011 CASSL Gold Championships
5	28.20	Y	A	F	Matthew Benge	12	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championsh
6	28.74	Y	BB	F	Tanner Howland	12	EXPR IL	2/25/2011	2011 LWSA Winter Regional Championship:
7	29.59	Y	BB	F	11 - 12 Regional Qualifying	12	EXPR IL	8/15/2010	Regional Qualifying
8	30.26	Y	BB	F	John Lambert	11	EXPR IL	2/20/2011	Chicagoland A Conference
9	30.44	Y	BB	F	Sky Arend	12	EXPR IL	2/11/2011	12th Annual Winter Classic
10	31.48	Y	B	F	Justin Smusz	12	EXPR IL	2/11/2011	12th Annual Winter Classic
11	31.61	Y	B	F	Emmet Elisha	12	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
12	34.27	Y		F	Nicholas Synak	11	EXPR IL	2/11/2011	12th Annual Winter Classic
13	34.36	Y		F	Jacob Hare	11	EXPR IL	2/11/2011	12th Annual Winter Classic
14	34.58	Y		F	Benjamin Ellstrom	11	EXPR IL	2/11/2011	12th Annual Winter Classic
15	35.49	Y		F	Alden Pritchard	12	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference
16	41.60	Y		F	Zachary Kargol	11	EXPR IL	2/11/2011	12th Annual Winter Classic
17	49.43	Y		F	John Hiatt III	12	EXPR IL	2/11/2011	12th Annual Winter Classic
Boys 11-12 100 Free									
1	54.97	Y	AAA	P	Michael Tegeler	12	EXPR IL	3/11/2011	Age Group State Championships
2	56.13	Y	AAA	F	11 - 12 Express Team Record	12	EXPR IL	8/15/2010	Express Team Record
3	58.79	Y	AA	F	11 - 12 State Qualifying	12	EXPR IL	8/15/2010	State Qualifying
4	59.72	Y	L AA	F	Charles Kaufmann	12	EXPR IL	3/11/2011	Age Group State Championships
5	1:01.41	Y	A	F	Matthew Benge	12	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championsh
6	1:04.69	Y	BB	F	11 - 12 Regional Qualifying	12	EXPR IL	8/15/2010	Regional Qualifying
7	1:05.06	Y	BB	F	Tanner Howland	12	EXPR IL	2/20/2011	Chicagoland A Conference
8	1:07.83	Y	BB	F	John Lambert	11	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference
9	1:09.28	Y	B	F	Sky Arend	12	EXPR IL	2/11/2011	12th Annual Winter Classic
10	1:10.46	Y	B	F	Emmet Elisha	12	EXPR IL	1/7/2011	2011 Speedo Invitational
11	1:12.39	Y	B	F	Justin Smusz	12	EXPR IL	2/11/2011	12th Annual Winter Classic
12	1:14.24	Y		F	Jacob Hare	11	EXPR IL	2/11/2011	12th Annual Winter Classic
13	1:15.38	Y		F	Benjamin Ellstrom	11	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
14	1:16.44	Y		F	Nicholas Synak	11	EXPR IL	2/11/2011	12th Annual Winter Classic
15	1:21.48	Y		F	Alden Pritchard	12	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
16	1:47.96	Y		F	John Hiatt III	12	EXPR IL	2/11/2011	12th Annual Winter Classic
Boys 11-12 200 Free									
1	1:58.84	Y	AAAA	F	Michael Tegeler	12	EXPR IL	3/11/2011	Age Group State Championships
2	2:01.03	Y	AAA	F	11 - 12 Express Team Record	12	EXPR IL	8/15/2010	Express Team Record
3	2:09.29	Y	AA	F	11 - 12 State Qualifying	12	EXPR IL	8/15/2010	State Qualifying
4	2:13.52	Y	A	F	Charles Kaufmann	12	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championsh
5	2:14.13	Y	A	F	Matthew Benge	12	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championsh
6	2:22.19	Y	BB	F	11 - 12 Regional Qualifying	12	EXPR IL	8/15/2010	Regional Qualifying
7	2:26.58	Y	BB	F	Tanner Howland	12	EXPR IL	1/7/2011	2011 Speedo Invitational
8	2:38.56	Y	B	F	John Lambert	11	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
9	2:40.22	Y		F	Justin Smusz	12	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210

**EXPRESS SWIM TEAM
2010-11 SHORT COURSE SEASON**

Individual Top Times

Times since: 01-Aug-10

Number of Top Times: All Show Yards Only

	Time		P/F/S	Name	Age/Yr		
10	2:43.89 Y		F	Emmet Elisha	12	EXPR IL	12/10/2010 Elmhurst December ISI Meet- ILS10-1210
11	2:52.25 Y		F	Benjamin Ellstrom	11	EXPR IL	1/7/2011 2011 Speedo Invitational
12	3:02.87 Y		F	Alden Pritchard	12	EXPR IL	2/4/2011 2011 IN FINS FEBRUARY INVITE
Boys 11-12 500 Free							
1	5:25.88 Y	AAA	F	Michael Tegeler	12	EXPR IL	3/11/2011 Age Group State Championships
2	5:26.71 Y	AAA	F	11 - 12 Express Team Record	12	EXPR IL	8/15/2010 Express Team Record
3	5:49.79 Y	A	F	11 - 12 State Qualifying	12	EXPR IL	8/15/2010 State Qualifying
4	5:57.40 Y	A	F	Matthew Benge	12	EXPR IL	2/25/2011 2011 LWSA Winter Regional Championship
5	6:24.79 Y	BB	F	11 - 12 Regional Qualifying	12	EXPR IL	8/15/2010 Regional Qualifying
6	6:38.37 Y	B	F	Tanner Howland	12	EXPR IL	2/4/2011 2011 IN FINS FEBRUARY INVITE
Boys 11-12 50 Back							
1	31.48 Y	AA	F	Michael Tegeler	12	EXPR IL	2/4/2011 2011 IN FINS FEBRUARY INVITE
2	31.79 Y	AA	F	11 - 12 State Qualifying	12	EXPR IL	8/15/2010 State Qualifying
3	32.23 Y	A	F	11 - 12 Express Team Record	12	EXPR IL	8/15/2010 Express Team Record
4	33.53 Y	BB	F	Charles Kaufmann	12	EXPR IL	2/25/2011 2011 LWSA Winter Regional Championship
5	34.99 Y	BB	F	11 - 12 Regional Qualifying	12	EXPR IL	8/15/2010 Regional Qualifying
6	36.08 Y	BB	F	Matthew Benge	12	EXPR IL	2/4/2011 2011 IN FINS FEBRUARY INVITE
7	36.46 Y	BB	F	Tanner Howland	12	EXPR IL	2/4/2011 2011 IN FINS FEBRUARY INVITE
8	37.87 Y	B	F	Justin Smusz	12	EXPR IL	2/4/2011 2011 IN FINS FEBRUARY INVITE
9	38.79 Y	B	F	Sky Arend	12	EXPR IL	1/7/2011 2011 Speedo Invitational
10	38.87 Y	B	F	John Lambert	11	EXPR IL	2/4/2011 2011 IN FINS FEBRUARY INVITE
11	39.89 Y		F	Benjamin Ellstrom	11	EXPR IL	2/11/2011 12th Annual Winter Classic
12	40.13 Y		F	Emmet Elisha	12	EXPR IL	10/16/2010 FOX Fall First Splash
13	40.87 Y		F	Jacob Hare	11	EXPR IL	2/11/2011 12th Annual Winter Classic
14	42.53 Y		F	Alden Pritchard	12	EXPR IL	2/21/2011 2011 Chicagoland Silver Conference
15	44.51 Y		F	Nicholas Synak	11	EXPR IL	1/7/2011 2011 Speedo Invitational
16	51.53 Y		F	Zachary Kargol	11	EXPR IL	2/21/2011 2011 Chicagoland Silver Conference
17	1:02.90 Y		F	John Hiatt III	11	EXPR IL	12/10/2010 Elmhurst December ISI Meet- ILS10-1210
Boys 11-12 100 Back							
1	1:07.11 Y	AA	F	11 - 12 Express Team Record	12	EXPR IL	8/15/2010 Express Team Record
2	1:07.37 Y	AA	F	Michael Tegeler	12	EXPR IL	2/11/2011 12th Annual Winter Classic
3	1:08.29 Y	AA	F	11 - 12 State Qualifying	12	EXPR IL	8/15/2010 State Qualifying
4	1:12.34 Y	BB	F	Matthew Benge	12	EXPR IL	7/22/2011 2011 LWSA Summer Regional Championsh
5	1:12.42 Y	BB	F	Charles Kaufmann	12	EXPR IL	7/22/2011 2011 LWSA Summer Regional Championsh
6	1:15.09 Y	BB	F	11 - 12 Regional Qualifying	12	EXPR IL	8/15/2010 Regional Qualifying
7	1:18.27 Y	BB	F	Tanner Howland	12	EXPR IL	2/11/2011 12th Annual Winter Classic
8	1:22.28 Y	B	F	Justin Smusz	12	EXPR IL	2/11/2011 12th Annual Winter Classic
9	1:22.34 Y	B	F	John Lambert	11	EXPR IL	2/11/2011 12th Annual Winter Classic
10	1:24.03 Y	B	F	Emmet Elisha	12	EXPR IL	1/7/2011 2011 Speedo Invitational
11	1:24.72 Y	B	F	Sky Arend	12	EXPR IL	2/11/2011 12th Annual Winter Classic
12	1:28.37 Y		F	Benjamin Ellstrom	11	EXPR IL	2/11/2011 12th Annual Winter Classic
13	1:37.44 Y		F	Nicholas Synak	11	EXPR IL	2/4/2011 2011 IN FINS FEBRUARY INVITE
14	1:38.95 Y		F	Alden Pritchard	12	EXPR IL	12/10/2010 Elmhurst December ISI Meet- ILS10-1210
15	1:50.19 Y		F	Zachary Kargol	11	EXPR IL	2/11/2011 12th Annual Winter Classic
Boys 11-12 200 Back							
1	2:59.39 Y		F	11 - 12 Regional Qualifying	12	EXPR IL	8/15/2010 Regional Qualifying
Boys 11-12 50 Breast							
1	34.42 Y	AA	F	11 - 12 Express Team Record	12	EXPR IL	8/15/2010 Express Team Record
2	35.69 Y	A	F	11 - 12 State Qualifying	12	EXPR IL	8/15/2010 State Qualifying
3	36.33 Y	A	F	Michael Tegeler	12	EXPR IL	2/20/2011 Chicagoland A Conference

**EXPRESS SWIM TEAM
2010-11 SHORT COURSE SEASON**

Individual Top Times

Times since: 01-Aug-10

Number of Top Times: All Show Yards Only

	Time	P/F/S	Name	Age/Yr				
4	39.29 Y	BB	F	11 - 12 Regional Qualifying	12	EXPR IL	8/15/2010	Regional Qualifying
5	41.22 Y	B	F	Tanner Howland	12	EXPR IL	2/20/2011	Chicagoland A Conference
6	41.90 Y	B	F	Matthew Benge	12	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
7	42.09 Y	B	F	Sky Arend	12	EXPR IL	2/20/2011	Chicagoland A Conference
8	42.77 Y	B	F	Emmet Elisha	12	EXPR IL	11/6/2010	Maverick Roundup 2010
9	43.59 Y	B	F	Nicholas Synak	11	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference
10	45.66 Y		F	Charles Kaufmann	12	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
11	46.06 Y		F	Justin Smusz	12	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
12	46.84 Y		F	Benjamin Ellstrom	11	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
13	47.10 Y		F	John Lambert	11	EXPR IL	1/7/2011	2011 Speedo Invitational
14	47.93 Y		F	Jacob Hare	11	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference
15	56.45 Y		F	Alden Pritchard	12	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
16	56.47 Y		F	John Hiatt III	12	EXPR IL	2/11/2011	12th Annual Winter Classic
Boys 11-12 100 Breast								
1	1:14.13 Y	AA	F	11 - 12 Express Team Record	12	EXPR IL	8/15/2010	Express Team Record
2	1:17.77 Y	A	F	Michael Tegeler	12	EXPR IL	2/11/2011	12th Annual Winter Classic
3	1:18.19 Y	A	F	11 - 12 State Qualifying	12	EXPR IL	8/15/2010	State Qualifying
4	1:25.99 Y	BB	F	11 - 12 Regional Qualifying	12	EXPR IL	8/15/2010	Regional Qualifying
5	1:29.75 Y	B	F	Emmet Elisha	12	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
6	1:31.42 Y	B	F	Sky Arend	12	EXPR IL	2/11/2011	12th Annual Winter Classic
7	1:33.16 Y	B	F	Matthew Benge	12	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
8	1:36.79 Y		F	Tanner Howland	12	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
9	1:37.06 Y		F	Nicholas Synak	11	EXPR IL	1/7/2011	2011 Speedo Invitational
10	1:42.90 Y		F	John Lambert	11	EXPR IL	1/7/2011	2011 Speedo Invitational
Boys 11-12 200 Breast								
1	3:21.79 Y		F	11 - 12 Regional Qualifying	12	EXPR IL	8/15/2010	Regional Qualifying
Boys 11-12 50 Fly								
1	28.84 Y	AAA	F	11 - 12 Express Team Record	12	EXPR IL	8/15/2010	Express Team Record
2	29.54 Y	AA	F	Michael Tegeler	12	EXPR IL	2/11/2011	12th Annual Winter Classic
3	30.29 Y	AA	F	11 - 12 State Qualifying	12	EXPR IL	8/15/2010	State Qualifying
4	30.40 Y	AA	F	Charles Kaufmann	12	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championsh
5	30.97 Y	A	F	Matthew Benge	12	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championsh
6	33.29 Y	BB	F	11 - 12 Regional Qualifying	12	EXPR IL	8/15/2010	Regional Qualifying
7	36.27 Y	B	F	Tanner Howland	12	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
8	37.27 Y	B	F	John Lambert	11	EXPR IL	2/11/2011	12th Annual Winter Classic
9	38.19 Y	B	F	Sky Arend	12	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
10	38.23 Y		F	Justin Smusz	12	EXPR IL	2/11/2011	12th Annual Winter Classic
11	39.80 Y		F	Emmet Elisha	12	EXPR IL	11/6/2010	Maverick Roundup 2010
12	42.57 Y		F	Benjamin Ellstrom	11	EXPR IL	1/7/2011	2011 Speedo Invitational
13	44.52 Y		F	Nicholas Synak	11	EXPR IL	2/11/2011	12th Annual Winter Classic
14	46.02 Y		F	Alden Pritchard	11	EXPR IL	10/16/2010	FOX Fall First Splash
15	48.67 Y		F	Jacob Hare	11	EXPR IL	2/11/2011	12th Annual Winter Classic
16	1:00.31 Y		F	John Hiatt III	12	EXPR IL	2/11/2011	12th Annual Winter Classic
17	1:00.62 Y		F	Zachary Kargol	11	EXPR IL	2/11/2011	12th Annual Winter Classic
Boys 11-12 100 Fly								
1	1:01.71 Y	AAA	F	Michael Tegeler	12	EXPR IL	3/11/2011	Age Group State Championships
2	1:04.13 Y	AAA	F	11 - 12 Express Team Record	12	EXPR IL	8/15/2010	Express Team Record
3	1:08.49 Y	A	F	11 - 12 State Qualifying	12	EXPR IL	8/15/2010	State Qualifying
4	1:08.86 Y	A	F	Matthew Benge	12	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championsh
5	1:10.98 Y	A	F	Charles Kaufmann	12	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championsh

**EXPRESS SWIM TEAM
2010-11 SHORT COURSE SEASON**

Individual Top Times

Times since: 01-Aug-10

Number of Top Times: All Show Yards Only

	Time		P/F/S	Name	Age/Yr				
6	1:15.29	Y	BB	F	11 - 12 Regional Qualifying	12	EXPR IL	8/15/2010	Regional Qualifying
7	1:23.46	Y	B	F	Tanner Howland	12	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
8	1:26.78	Y		F	Sky Arend	12	EXPR IL	1/7/2011	2011 Speedo Invitational
9	1:29.51	Y		F	Justin Smusz	12	EXPR IL	2/11/2011	12th Annual Winter Classic
10	1:48.96	Y		F	Alden Pritchard	12	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
Boys 11-12 200 Fly									
1	3:04.69	Y		F	11 - 12 Regional Qualifying	12	EXPR IL	8/15/2010	Regional Qualifying
Boys 11-12 100 IM									
1	1:06.18	Y	AA	F	Michael Tegeler	12	EXPR IL	2/20/2011	Chicagoland A Conference
2	1:08.59	Y	A	F	11 - 12 State Qualifying	12	EXPR IL	8/15/2010	State Qualifying
3	1:09.88	Y	A	F	11 - 12 Express Team Record	12	EXPR IL	8/15/2010	Express Team Record
4	1:15.49	Y	BB	F	11 - 12 Regional Qualifying	12	EXPR IL	8/15/2010	Regional Qualifying
5	1:16.55	Y	BB	F	Matthew Bengel	12	EXPR IL	2/20/2011	Chicagoland A Conference
6	1:19.14	Y	B	F	Sky Arend	12	EXPR IL	2/11/2011	12th Annual Winter Classic
7	1:19.32	Y	B	F	Tanner Howland	12	EXPR IL	2/11/2011	12th Annual Winter Classic
8	1:20.32	Y	B	F	John Lambert	11	EXPR IL	2/11/2011	12th Annual Winter Classic
9	1:20.83	Y	B	F	Charles Kaufmann	12	EXPR IL	11/6/2010	Maverick Roundup 2010
10	1:21.58	Y	B	F	Emmet Elisha	12	EXPR IL	1/7/2011	2011 Speedo Invitational
11	1:24.34	Y		F	Justin Smusz	12	EXPR IL	2/11/2011	12th Annual Winter Classic
12	1:24.86	Y		F	Benjamin Ellstrom	11	EXPR IL	2/11/2011	12th Annual Winter Classic
13	1:27.90	Y		F	Nicholas Synak	11	EXPR IL	2/11/2011	12th Annual Winter Classic
14	1:34.33	Y		F	Jacob Hare	11	EXPR IL	2/11/2011	12th Annual Winter Classic
15	1:38.18	Y		F	Alden Pritchard	12	EXPR IL	2/11/2011	12th Annual Winter Classic
16	1:54.34	Y		F	Zachary Kargol	11	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference
17	2:22.63	Y		F	John Hiatt III	11	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210
Boys 11-12 200 IM									
1	2:15.58	Y	AAA	F	Michael Tegeler	12	EXPR IL	3/11/2011	Age Group State Championships
2	2:25.76	Y	AA	F	11 - 12 Express Team Record	12	EXPR IL	8/15/2010	Express Team Record
3	2:28.09	Y	AA	F	11 - 12 State Qualifying	12	EXPR IL	8/15/2010	State Qualifying
4	2:39.08	Y	BB	F	Matthew Bengel	12	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championsh
5	2:40.61	Y	BB	F	Charles Kaufmann	12	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championsh
6	2:42.89	Y	BB	F	11 - 12 Regional Qualifying	12	EXPR IL	8/15/2010	Regional Qualifying
7	2:51.58	Y	B	F	Tanner Howland	12	EXPR IL	2/11/2011	12th Annual Winter Classic
8	2:56.60	Y	B	F	Sky Arend	12	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
9	2:57.33	Y	B	F	Emmet Elisha	12	EXPR IL	1/7/2011	2011 Speedo Invitational
10	3:00.49	Y	B	F	Justin Smusz	12	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
11	3:11.04	Y		F	Benjamin Ellstrom	11	EXPR IL	2/11/2011	12th Annual Winter Classic
12	3:16.08	Y		F	Nicholas Synak	11	EXPR IL	2/11/2011	12th Annual Winter Classic
Boys 11-12 400 IM									
1	6:27.29	Y		F	11 - 12 Regional Qualifying	12	EXPR IL	8/15/2010	Regional Qualifying
Boys 13-14 50 Free									
1	23.03	Y	AAA	F	13 - 14 Express Team Record	14	EXPR IL	8/15/2010	Express Team Record
2	24.19	Y	AA	F	13 - 14 State Qualifying	14	EXPR IL	8/15/2010	State Qualifying
3	25.79	Y	A	F	Michael Tegeler	13	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championsh
4	25.82	Y	A	F	Robert Bonnano	13	EXPR IL	2/25/2011	2011 LWSA Winter Regional Championship
5	26.59	Y	BB	F	13 - 14 Regional Qualifying	14	EXPR IL	8/15/2010	Regional Qualifying
6	26.93	Y	BB	F	Michael Cortesio	14	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championsh
7	29.33	Y	B	F	Tanner Howland	13	EXPR IL	7/12/2011	2011 CASSL Silver Conference Championsh
8	29.86	Y	B	F	Emmet Elisha	13	EXPR IL	7/19/2011	2011 CASSL Gold Championships
9	29.98	Y	B	F	Sean O'Connell	14	EXPR IL	2/11/2011	12th Annual Winter Classic

**EXPRESS SWIM TEAM
2010-11 SHORT COURSE SEASON**

Individual Top Times

Times since: 01-Aug-10

Number of Top Times: All Show Yards Only

	Time		P/F/S	Name	Age/Yr			
10	30.18	Y B	F	Alanzo Marsh	13	EXPR IL	1/7/2011	2011 Speedo Invitational
11	30.26	Y B	F	Sean Lyons	13	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
12	30.92	Y	F	Russell McKenzie	14	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
13	30.98	Y	F	William Troy	13	EXPR IL	1/7/2011	2011 Speedo Invitational
14	32.45	Y	F	Carlos Hunt	14	EXPR IL	11/13/2010	Alligator Fall Swamp Meet 2010
15	35.18	Y	F	Kyle McMillan	13	EXPR IL	2/20/2011	Chicagoland A Conference
16	35.52	Y	F	John Woywod	13	EXPR IL	11/6/2010	Maverick Roundup 2010
Boys 13-14 100 Free								
1	50.16	Y AAAA	F	13 - 14 Express Team Record	14	EXPR IL	8/15/2010	Express Team Record
2	52.79	Y AA	F	13 - 14 State Qualifying	14	EXPR IL	8/15/2010	State Qualifying
3	54.16	Y AA	F	Michael Tegeler	13	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championsh
4	56.95	Y A	F	Robert Bonnano	13	EXPR IL	2/25/2011	2011 LWSA Winter Regional Championship
5	58.09	Y BB	F	13 - 14 Regional Qualifying	14	EXPR IL	8/15/2010	Regional Qualifying
6	59.03	Y BB	F	Michael Cortesio	14	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championsh
7	1:06.35	Y B	F	Alanzo Marsh	13	EXPR IL	2/11/2011	12th Annual Winter Classic
8	1:07.35	Y	F	Tanner Howland	13	EXPR IL	7/12/2011	2011 CASSL Silver Conference Champions
9	1:08.07	Y	F	William Troy	13	EXPR IL	1/7/2011	2011 Speedo Invitational
10	1:09.29	Y	F	Russell McKenzie	14	EXPR IL	2/11/2011	12th Annual Winter Classic
11	1:09.94	Y	F	Emmet Elisha	13	EXPR IL	2/11/2011	12th Annual Winter Classic
12	1:09.99	Y	F	Sean Lyons	13	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
13	1:11.43	Y	F	Carlos Hunt	14	EXPR IL	11/13/2010	Alligator Fall Swamp Meet 2010
14	1:12.59	Y	F	Daniel Mc Anally	14	EXPR IL	10/16/2010	FOX Fall First Splash
15	1:16.16	Y	F	Kyle McMillan	13	EXPR IL	2/20/2011	Chicagoland A Conference
16	1:20.19	Y	F	John Woywod	13	EXPR IL	1/7/2011	2011 Speedo Invitational
Boys 13-14 200 Free								
1	1:47.16	Y AAAA	F	13 - 14 Express Team Record	14	EXPR IL	8/15/2010	Express Team Record
2	1:55.49	Y AA	F	13 - 14 State Qualifying	14	EXPR IL	8/15/2010	State Qualifying
3	2:06.99	Y BB	F	13 - 14 Regional Qualifying	14	EXPR IL	8/15/2010	Regional Qualifying
4	2:07.95	Y BB	F	Michael Cortesio	14	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championsh
5	2:20.30	Y B	F	Robert Bonnano	13	EXPR IL	2/11/2011	12th Annual Winter Classic
6	2:25.20	Y B	F	William Troy	13	EXPR IL	11/6/2010	Maverick Roundup 2010
7	2:31.48	Y	F	Alanzo Marsh	13	EXPR IL	2/11/2011	12th Annual Winter Classic
8	2:34.21	Y	F	Russell McKenzie	14	EXPR IL	2/11/2011	12th Annual Winter Classic
9	2:36.51	Y	F	Emmet Elisha	13	EXPR IL	2/11/2011	12th Annual Winter Classic
10	2:42.98	Y	F	Sean Lyons	13	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
11	2:43.79	Y	F	Carlos Hunt	14	EXPR IL	11/13/2010	Alligator Fall Swamp Meet 2010
12	2:57.21	Y	F	John Woywod	13	EXPR IL	11/6/2010	Maverick Roundup 2010
Boys 13-14 500 Free								
1	4:44.03	Y AAAA	F	13 - 14 Express Team Record	14	EXPR IL	8/15/2010	Express Team Record
2	5:15.29	Y AA	F	13 - 14 State Qualifying	14	EXPR IL	8/15/2010	State Qualifying
3	5:21.02	Y AA	F	Michael Tegeler	13	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championsh
4	5:44.75	Y BB	F	Michael Cortesio	14	EXPR IL	7/19/2011	2011 CASSL Gold Championships
5	5:46.79	Y BB	F	13 - 14 Regional Qualifying	14	EXPR IL	8/15/2010	Regional Qualifying
6	6:20.55	Y B	F	William Troy	13	EXPR IL	2/11/2011	12th Annual Winter Classic
7	6:44.80	Y	F	Russell McKenzie	14	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE
8	7:01.62	Y	F	Alanzo Marsh	13	EXPR IL	2/11/2011	12th Annual Winter Classic
9	7:02.99	Y	F	Emmet Elisha	13	EXPR IL	2/11/2011	12th Annual Winter Classic
10	7:27.95	Y	F	Kyle McMillan	13	EXPR IL	2/11/2011	12th Annual Winter Classic
Boys 13-14 1000 Free								
1	12:05.51	Y BB	F	13 - 14 Express Team Record	14	EXPR IL	8/15/2010	Express Team Record

**EXPRESS SWIM TEAM
2010-11 SHORT COURSE SEASON**

Individual Top Times

Times since: 01-Aug-10

Number of Top Times: All Show Yards Only

	Time	P/F/S	Name	Age/Yr				
2	1:12:14.99 Y	F	13 - 14 Regional Qualifying	14	EXPR IL	8/15/2010	Regional Qualifying	
Boys 13-14 1650 Free								
1	11:08.29 Y	AAAA F	13 - 14 State Qualifying	14	EXPR IL	8/15/2010	State Qualifying	
2	16:23.23 Y	AAAA F	13 - 14 Express Team Record	14	EXPR IL	8/15/2010	Express Team Record	
3	20:30.09 Y	BB F	13 - 14 Regional Qualifying	14	EXPR IL	8/15/2010	Regional Qualifying	
Boys 13-14 50 Back								
1	32.27 Y L	F	William Troy	14	EXPR IL	7/19/2011	2011 CASSL Gold Championships	
Boys 13-14 100 Back								
1	58.05 Y	AAA F	13 - 14 Express Team Record	14	EXPR IL	8/15/2010	Express Team Record	
2	1:00.89 Y	AA F	13 - 14 State Qualifying	14	EXPR IL	8/15/2010	State Qualifying	
3	1:03.63 Y	A F	Michael Tegeler	13	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championsh	
4	1:05.37 Y	BB F	Michael Cortesio	14	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championsh	
5	1:06.99 Y	BB F	13 - 14 Regional Qualifying	14	EXPR IL	8/15/2010	Regional Qualifying	
6	1:09.86 Y	B F	William Troy	14	EXPR IL	7/22/2011	2011 LWSA Summer Regional Championsh	
7	1:12.02 Y	B F	Robert Bonnano	13	EXPR IL	2/20/2011	Chicagoland A Conference	
8	1:16.80 Y	F	Tanner Howland	13	EXPR IL	7/12/2011	2011 CASSL Silver Conference Champions	
9	1:18.99 Y	F	Russell McKenzie	14	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE	
10	1:20.54 Y	F	Sean O'Connell	14	EXPR IL	2/11/2011	12th Annual Winter Classic	
11	1:24.10 Y	F	Emmet Elisha	13	EXPR IL	2/20/2011	Chicagoland A Conference	
12	1:25.65 Y	F	Alanzo Marsh	13	EXPR IL	2/11/2011	12th Annual Winter Classic	
13	1:26.39 Y	F	John Woywod	13	EXPR IL	12/10/2010	Elmhurst December ISI Meet- ILS10-1210	
14	1:27.21 Y	F	Daniel Mc Anally	14	EXPR IL	10/16/2010	FOX Fall First Splash	
15	1:28.32 Y	F	Carlos Hunt	14	EXPR IL	11/13/2010	Alligator Fall Swamp Meet 2010	
16	1:30.26 Y	F	Sean Lyons	13	EXPR IL	1/7/2011	2011 Speedo Invitational	
Boys 13-14 200 Back								
1	2:07.55 Y	AA F	13 - 14 Express Team Record	14	EXPR IL	8/15/2010	Express Team Record	
2	2:13.19 Y	A F	13 - 14 State Qualifying	14	EXPR IL	8/15/2010	State Qualifying	
3	2:26.49 Y	BB F	13 - 14 Regional Qualifying	14	EXPR IL	8/15/2010	Regional Qualifying	
4	2:35.89 Y	B F	William Troy	13	EXPR IL	2/11/2011	12th Annual Winter Classic	
5	2:40.81 Y	B F	Michael Cortesio	14	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE	
6	2:51.47 Y	F	Russell McKenzie	14	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE	
7	3:01.30 Y	F	Emmet Elisha	13	EXPR IL	2/11/2011	12th Annual Winter Classic	
Boys 13-14 100 Breast								
1	1:04.67 Y	AAA F	13 - 14 Express Team Record	14	EXPR IL	8/15/2010	Express Team Record	
2	1:09.49 Y	A F	13 - 14 State Qualifying	14	EXPR IL	8/15/2010	State Qualifying	
3	1:16.39 Y	BB F	13 - 14 Regional Qualifying	14	EXPR IL	8/15/2010	Regional Qualifying	
4	1:22.66 Y	B F	Alanzo Marsh	13	EXPR IL	2/20/2011	Chicagoland A Conference	
5	1:27.35 Y	F	Sean O'Connell	14	EXPR IL	2/11/2011	12th Annual Winter Classic	
6	1:27.64 Y	F	Emmet Elisha	13	EXPR IL	7/19/2011	2011 CASSL Gold Championships	
7	1:34.43 Y	F	William Troy	14	EXPR IL	7/19/2011	2011 CASSL Gold Championships	
8	1:46.07 Y	F	Russell McKenzie	13	EXPR IL	11/6/2010	Maverick Roundup 2010	
9	1:47.43 Y	F	John Woywod	13	EXPR IL	1/7/2011	2011 Speedo Invitational	
Boys 13-14 200 Breast								
1	2:23.71 Y	AA F	13 - 14 Express Team Record	14	EXPR IL	8/15/2010	Express Team Record	
2	2:32.19 Y	A F	13 - 14 State Qualifying	14	EXPR IL	8/15/2010	State Qualifying	
3	2:47.39 Y	BB F	13 - 14 Regional Qualifying	14	EXPR IL	8/15/2010	Regional Qualifying	
4	3:20.47 Y	F	Emmet Elisha	13	EXPR IL	2/4/2011	2011 IN FINS FEBRUARY INVITE	
Boys 13-14 100 Fly								
1	55.24 Y	AAA F	13 - 14 Express Team Record	14	EXPR IL	8/15/2010	Express Team Record	

**EXPRESS SWIM TEAM
2010-11 SHORT COURSE SEASON**

Individual Top Times

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	Time	P/F/S	Name	Age/Yr			
2	59.79 Y	AA	F	13 - 14 State Qualifying	14	EXPR IL	8/15/2010 State Qualifying
3	1:01.93 Y	A	F	Michael Tegeler	13	EXPR IL	7/22/2011 2011 LWSA Summer Regional Championsh
4	1:04.71 Y	BB	F	Michael Cortesio	14	EXPR IL	7/22/2011 2011 LWSA Summer Regional Championsh
5	1:05.79 Y	BB	F	13 - 14 Regional Qualifying	14	EXPR IL	8/15/2010 Regional Qualifying
6	1:19.46 Y		F	Sean Lyons	13	EXPR IL	1/7/2011 2011 Speedo Invitational
7	1:19.94 Y		F	William Troy	13	EXPR IL	2/11/2011 12th Annual Winter Classic
8	1:24.35 Y		F	Alanzo Marsh	13	EXPR IL	2/11/2011 12th Annual Winter Classic
9	1:26.89 Y		F	Russell McKenzie	14	EXPR IL	2/11/2011 12th Annual Winter Classic
10	1:29.26 Y		F	Carlos Hunt	14	EXPR IL	11/13/2010 Alligator Fall Swamp Meet 2010
11	1:31.18 Y		F	Daniel Mc Anally	14	EXPR IL	10/16/2010 FOX Fall First Splash
12	1:32.65 Y		F	Kyle McMillan	13	EXPR IL	2/11/2011 12th Annual Winter Classic
Boys 13-14 200 Fly							
1	2:04.11 Y	AAA	F	13 - 14 Express Team Record	14	EXPR IL	8/15/2010 Express Team Record
2	2:18.09 Y	A	F	13 - 14 State Qualifying	14	EXPR IL	8/15/2010 State Qualifying
3	2:31.89 Y	BB	F	13 - 14 Regional Qualifying	14	EXPR IL	8/15/2010 Regional Qualifying
4	2:40.73 Y	B	F	Michael Cortesio	14	EXPR IL	2/11/2011 12th Annual Winter Classic
Boys 13-14 200 IM							
1	2:09.13 Y	AA	F	13 - 14 Express Team Record	14	EXPR IL	8/15/2010 Express Team Record
2	2:11.89 Y	AA	F	13 - 14 State Qualifying	14	EXPR IL	8/15/2010 State Qualifying
3	2:16.14 Y	A	F	Michael Tegeler	13	EXPR IL	7/22/2011 2011 LWSA Summer Regional Championsh
4	2:24.10 Y	BB	F	Michael Cortesio	14	EXPR IL	7/22/2011 2011 LWSA Summer Regional Championsh
5	2:25.09 Y	BB	F	13 - 14 Regional Qualifying	14	EXPR IL	8/15/2010 Regional Qualifying
6	2:36.11 Y	B	F	Robert Bonnano	13	EXPR IL	2/11/2011 12th Annual Winter Classic
7	2:43.46 Y	B	F	William Troy	14	EXPR IL	7/19/2011 2011 CASSL Gold Championships
8	2:48.19 Y		F	Emmet Elisha	13	EXPR IL	7/19/2011 2011 CASSL Gold Championships
9	2:52.28 Y		F	Alanzo Marsh	13	EXPR IL	2/11/2011 12th Annual Winter Classic
10	2:58.51 Y		F	Russell McKenzie	14	EXPR IL	2/4/2011 2011 IN FINS FEBRUARY INVITE
11	3:00.67 Y		F	Sean Lyons	13	EXPR IL	2/4/2011 2011 IN FINS FEBRUARY INVITE
12	3:09.00 Y		F	Kyle McMillan	13	EXPR IL	2/11/2011 12th Annual Winter Classic
13	3:20.76 Y		F	John Woywod	13	EXPR IL	12/10/2010 Elmhurst December ISI Meet- ILS10-1210
Boys 13-14 400 IM							
1	4:24.09 Y	AAA	F	13 - 14 Express Team Record	14	EXPR IL	8/15/2010 Express Team Record
2	4:45.79 Y	AA	F	13 - 14 State Qualifying	14	EXPR IL	8/15/2010 State Qualifying
3	4:52.95 Y	A	F	Michael Tegeler	13	EXPR IL	7/22/2011 2011 LWSA Summer Regional Championsh
4	4:54.21 Y	A	F	Michael Cortesio	14	EXPR IL	7/22/2011 2011 LWSA Summer Regional Championsh
5	5:14.39 Y	BB	F	13 - 14 Regional Qualifying	14	EXPR IL	8/15/2010 Regional Qualifying
6	5:45.21 Y	B	F	William Troy	13	EXPR IL	1/7/2011 2011 Speedo Invitational
7	6:16.81 Y		F	Russell McKenzie	14	EXPR IL	1/7/2011 2011 Speedo Invitational
Boys Senior 50 Free							
1	21.14 Y	AAAA	F	Senior Boys Express Team Record	16	EXPR IL	8/15/2010 Express Team Record
2	22.79 Y	AAA	F	Senior Boys State Qualifying	16	EXPR IL	8/15/2010 State Qualifying - Senior
3	24.50 Y	BB	F	Jacob Arnquist	17	EXPR IL	2/5/2011 WSC Silver Conference - Boys 2011
4	24.98 Y	A	F	Alexander Carroll	15	EXPR IL	2/5/2011 WSC Silver Conference - Boys 2011
5	25.08 Y	A	F	John Derrig	15	EXPR IL	2/21/2011 2011 Chicagoland Silver Conference
6	25.09 Y	A	F	Senior Boys Regional Qualifying	16	EXPR IL	8/15/2010 Regional Qualifying
7	25.14 Y	BB	F	Austin Boese	17	EXPR IL	11/13/2010 Alligator Fall Swamp Meet 2010
8	25.78 Y	BB	F	Mariano Derrig	18	EXPR IL	2/21/2011 2011 Chicagoland Silver Conference
9	26.18 Y	BB	F	Sean Collins	17	EXPR IL	11/13/2010 Alligator Fall Swamp Meet 2010
10	26.91 Y	B	F	Peter Wei	17	EXPR IL	11/13/2010 Alligator Fall Swamp Meet 2010
11	28.11 Y	B	F	Daniel Mc Anally	15	EXPR IL	7/19/2011 2011 CASSL Gold Championships

**EXPRESS SWIM TEAM
2010-11 SHORT COURSE SEASON**

Individual Top Times

Times since: 01-Aug-10

Number of Top Times: All Show Yards Only

	Time	P/F/S	Name	Age/Yr				
Boys Senior 100 Free								
1	46.22	Y AAAA	F Senior Boys Express Team Record	16	EXPR IL	8/15/2010	Express Team Record	
2	49.69	Y AAA	F Senior Boys State Qualifying	16	EXPR IL	8/15/2010	State Qualifying - Senior	
3	54.69	Y A	F Senior Boys Regional Qualifying	16	EXPR IL	8/15/2010	Regional Qualifying	
4	55.08	Y BB	F Austin Boese	17	EXPR IL	11/13/2010	Alligator Fall Swamp Meet 2010	
5	55.12	Y BB	F Jacob Arnquist	17	EXPR IL	2/5/2011	WSC Silver Conference - Boys 2011	
6	55.59	Y BB	F John Derrig	15	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference	
7	55.66	Y BB	F Alexander Carroll	15	EXPR IL	2/19/2011	IHSA Boys Sectional 2011	
8	56.47	Y BB	F Alex Matuzewich	17	EXPR IL	10/16/2010	FOX Fall First Splash	
9	56.60	Y BB	F Mike Adams	17	EXPR IL	2/5/2011	WSC Silver Conference - Boys 2011	
10	58.07	Y BB	F Mariano Derrig	18	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference	
11	59.96	Y B	F Patrick Pendergast	17	EXPR IL	10/16/2010	FOX Fall First Splash	
12	1:02.37	Y B	F Daniel Mc Anally	15	EXPR IL	7/19/2011	2011 CASSL Gold Championships	
13	1:03.02	Y	F Sean Collins	17	EXPR IL	11/13/2010	Alligator Fall Swamp Meet 2010	
14	1:03.26	Y	F Peter Wei	17	EXPR IL	11/13/2010	Alligator Fall Swamp Meet 2010	
Boys Senior 200 Free								
1	1:43.27	Y AAAA	F Senior Boys Express Team Record	16	EXPR IL	8/15/2010	Express Team Record	
2	1:49.69	Y AAA	F Senior Boys State Qualifying	16	EXPR IL	8/15/2010	State Qualifying - Senior	
3	1:59.51	Y A	F John Derrig	15	EXPR IL	2/19/2011	IHSA Boys Sectional 2011	
4	2:00.69	Y BB	F Senior Boys Regional Qualifying	16	EXPR IL	8/15/2010	Regional Qualifying	
5	2:07.31	Y BB	F Austin Boese	17	EXPR IL	11/13/2010	Alligator Fall Swamp Meet 2010	
6	2:11.19	Y B	F Alexander Carroll	15	EXPR IL	11/13/2010	Alligator Fall Swamp Meet 2010	
7	2:16.40	Y B	F Sean Collins	17	EXPR IL	11/13/2010	Alligator Fall Swamp Meet 2010	
8	2:17.28	Y B	F Peter Wei	17	EXPR IL	11/13/2010	Alligator Fall Swamp Meet 2010	
Boys Senior 500 Free								
1	4:36.24	Y AAAA	F Senior Boys Express Team Record	16	EXPR IL	8/15/2010	Express Team Record	
2	4:57.09	Y AAA	F Senior Boys State Qualifying	16	EXPR IL	8/15/2010	State Qualifying - Senior	
3	5:24.56	Y BB	F Mike Adams	17	EXPR IL	2/19/2011	IHSA Boys Sectional 2011	
4	5:26.37	Y BB	F Austin Boese	17	EXPR IL	2/19/2011	IHSA Boys Sectional 2011	
5	5:26.79	Y BB	F Senior Boys Regional Qualifying	16	EXPR IL	8/15/2010	Regional Qualifying	
6	6:08.32	Y B	F John Derrig	15	EXPR IL	10/30/2010	2010 NTSC IMX Challenge	
7	6:10.04	Y B	F Daniel Mc Anally	15	EXPR IL	7/19/2011	2011 CASSL Gold Championships	
8	6:28.00	Y	F Mariano Derrig	17	EXPR IL	10/30/2010	2010 NTSC IMX Challenge	
9	7:09.24	Y	F Adam Brayne	17	EXPR IL	2/5/2011	WSC Silver Conference - Boys 2011	
Boys Senior 1000 Free								
1	9:28.91	Y AAAA	F Senior Boys Express Team Record	16	EXPR IL	8/15/2010	Express Team Record	
2	10:39.99	Y AA	F Senior Boys State Qualifying	16	EXPR IL	8/15/2010	State Qualifying - Senior	
3	11:56.09	Y BB	F Senior Boys Regional Qualifying	16	EXPR IL	8/15/2010	Regional Qualifying	
Boys Senior 1650 Free								
1	15:59.30	Y AAAA	F Senior Boys Express Team Record	16	EXPR IL	8/15/2010	Express Team Record	
2	17:51.99	Y AA	F Senior Boys State Qualifying	16	EXPR IL	8/15/2010	State Qualifying - Senior	
3	19:39.19	Y BB	F Senior Boys Regional Qualifying	16	EXPR IL	8/15/2010	Regional Qualifying	
Boys Senior 100 Back								
1	53.00	Y AAAA	F Senior Boys Express Team Record	16	EXPR IL	8/15/2010	Express Team Record	
2	57.49	Y AA	F Senior Boys State Qualifying	16	EXPR IL	8/15/2010	State Qualifying - Senior	
3	1:00.52	Y BB	F Austin Boese	17	EXPR IL	2/19/2011	IHSA Boys Sectional 2011	
4	1:03.19	Y BB	F Senior Boys Regional Qualifying	16	EXPR IL	8/15/2010	Regional Qualifying	
5	1:04.03	Y BB	F Conor McCarter	18	EXPR IL	10/16/2010	FOX Fall First Splash	
6	1:05.57	Y BB	F John Ebersold	15	EXPR IL	2/19/2011	IHSA Boys Sectional 2011	
7	1:05.77	Y BB	F John Derrig	15	EXPR IL	2/21/2011	2011 Chicagoland Silver Conference	

**EXPRESS SWIM TEAM
2010-11 SHORT COURSE SEASON**

Individual Top Times

Times since: 01-Aug-10

Number of Top Times: All Show Yards Only

	Time	P/F/S	Name	Age/Yr					
8	1:07.90	Y B	F	Jacob Arnquist	16	EXPR IL	11/13/2010	Alligator Fall	Swamp Meet 2010
9	1:09.80	Y	F	Sean Collins	17	EXPR IL	11/13/2010	Alligator Fall	Swamp Meet 2010
10	1:10.79	Y	F	Patrick Pendergast	17	EXPR IL	10/16/2010	FOX Fall	First Splash
11	1:13.58	Y	F	Daniel Mc Anally	15	EXPR IL	2/20/2011	Chicagoland A	Conference
12	1:15.57	Y	F	Alexander Carroll	15	EXPR IL	10/16/2010	FOX Fall	First Splash
13	1:20.99	Y	F	Peter Wei	17	EXPR IL	11/13/2010	Alligator Fall	Swamp Meet 2010
14	1:24.31	Y	F	Adam Brayne	17	EXPR IL	2/5/2011	WSC Silver	Conference - Boys 2011
Boys Senior 200 Back									
1	1:56.92	Y AAA	F	Senior Boys Express Team Record	16	EXPR IL	8/15/2010	Express Team	Record
2	2:06.59	Y AA	F	Senior Boys State Qualifying	16	EXPR IL	8/15/2010	State Qualifying	- Senior
3	2:19.29	Y BB	F	Senior Boys Regional Qualifying	16	EXPR IL	8/15/2010	Regional	Qualifying
4	2:31.60	Y B	F	John Derrig	15	EXPR IL	10/30/2010	2010 NTSC	IMX Challenge
5	2:49.94	Y	F	Mariano Derrig	17	EXPR IL	10/30/2010	2010 NTSC	IMX Challenge
Boys Senior 100 Breast									
1	1:00.79	Y AAA	F	Senior Boys Express Team Record	16	EXPR IL	8/15/2010	Express Team	Record
2	1:05.49	Y AA	F	Senior Boys State Qualifying	16	EXPR IL	8/15/2010	State Qualifying	- Senior
3	1:09.09	Y BB	F	Alex Matuzewich	17	EXPR IL	10/16/2010	FOX Fall	First Splash
4	1:09.58	Y BB	F	Alexander Carroll	15	EXPR IL	2/5/2011	WSC Silver	Conference - Boys 2011
5	1:11.17	Y BB	F	Mariano Derrig	18	EXPR IL	2/21/2011	2011 Chicagoland	Silver Conference
6	1:11.99	Y BB	F	Senior Boys Regional Qualifying	16	EXPR IL	8/15/2010	Regional	Qualifying
7	1:14.16	Y B	F	Peter Wei	17	EXPR IL	11/13/2010	Alligator Fall	Swamp Meet 2010
8	1:16.34	Y B	F	Austin Boese	17	EXPR IL	11/13/2010	Alligator Fall	Swamp Meet 2010
9	1:16.89	Y B	F	John Derrig	15	EXPR IL	11/13/2010	Alligator Fall	Swamp Meet 2010
10	1:23.08	Y	F	Sean Collins	17	EXPR IL	11/13/2010	Alligator Fall	Swamp Meet 2010
11	1:23.40	Y	F	Patrick Pendergast	17	EXPR IL	10/16/2010	FOX Fall	First Splash
Boys Senior 200 Breast									
1	2:13.14	Y AAA	F	Senior Boys Express Team Record	16	EXPR IL	8/15/2010	Express Team	Record
2	2:25.39	Y A	F	Senior Boys State Qualifying	16	EXPR IL	8/15/2010	State Qualifying	- Senior
3	2:39.89	Y BB	F	Senior Boys Regional Qualifying	16	EXPR IL	8/15/2010	Regional	Qualifying
4	2:49.02	Y B	F	John Derrig	15	EXPR IL	10/30/2010	2010 NTSC	IMX Challenge
5	2:54.01	Y	F	Mariano Derrig	17	EXPR IL	10/30/2010	2010 NTSC	IMX Challenge
Boys Senior 100 Fly									
1	51.97	Y AAAA	F	Senior Boys Express Team Record	16	EXPR IL	8/15/2010	Express Team	Record
2	56.39	Y AA	F	Senior Boys State Qualifying	16	EXPR IL	8/15/2010	State Qualifying	- Senior
3	58.58	Y A	F	John Derrig	15	EXPR IL	2/25/2011	2011 LWSA	Winter Regional Championship
4	1:01.99	Y BB	F	Senior Boys Regional Qualifying	16	EXPR IL	8/15/2010	Regional	Qualifying
5	1:02.96	Y BB	F	Mike Adams	17	EXPR IL	2/5/2011	WSC Silver	Conference - Boys 2011
6	1:07.55	Y B	F	Alexander Carroll	15	EXPR IL	11/13/2010	Alligator Fall	Swamp Meet 2010
7	1:09.96	Y B	F	Austin Boese	16	EXPR IL	10/16/2010	FOX Fall	First Splash
8	1:11.03	Y	F	Mariano Derrig	17	EXPR IL	11/13/2010	Alligator Fall	Swamp Meet 2010
9	1:15.28	Y	F	Jacob Arnquist	16	EXPR IL	10/16/2010	FOX Fall	First Splash
Boys Senior 200 Fly									
1	1:57.98	Y AAA	F	Senior Boys Express Team Record	16	EXPR IL	8/15/2010	Express Team	Record
2	2:11.19	Y A	F	Senior Boys State Qualifying	16	EXPR IL	8/15/2010	State Qualifying	- Senior
3	2:12.33	Y A	F	John Derrig	15	EXPR IL	2/25/2011	2011 LWSA	Winter Regional Championship
4	2:24.29	Y BB	F	Senior Boys Regional Qualifying	16	EXPR IL	8/15/2010	Regional	Qualifying
5	2:56.60	Y	F	Mariano Derrig	17	EXPR IL	10/30/2010	2010 NTSC	IMX Challenge
Boys Senior 200 IM									
1	1:57.60	Y AAAA	F	Senior Boys Express Team Record	16	EXPR IL	8/15/2010	Express Team	Record
2	2:04.19	Y AA	F	Senior Boys State Qualifying	16	EXPR IL	8/15/2010	State Qualifying	- Senior

**EXPRESS SWIM TEAM
2010-11 SHORT COURSE SEASON**

Individual Top Times

Times since: 01-Aug-10

Number of Top Times: All Show Yards Only

	Time		P/F/S	Name	Age/Yr				
3	2:16.59	Y	BB	F	Senior Boys Regional Qualifying	16	EXPR	IL	8/15/2010 Regional Qualifying
4	2:21.46	Y	BB	F	John Derrig	15	EXPR	IL	11/13/2010 Alligator Fall Swamp Meet 2010
5	2:22.16	Y	BB	F	Mariano Derrig	18	EXPR	IL	2/19/2011 IHSA Boys Sectional 2011
6	2:22.96	Y	B	F	Alex Matuzewich	17	EXPR	IL	10/16/2010 FOX Fall First Splash
7	2:26.82	Y	B	F	Jacob Arnquist	16	EXPR	IL	11/13/2010 Alligator Fall Swamp Meet 2010
8	2:27.07	Y	B	F	Peter Wei	17	EXPR	IL	2/5/2011 WSC Silver Conference - Boys 2011
9	2:27.59	Y	B	F	Alexander Carroll	15	EXPR	IL	11/13/2010 Alligator Fall Swamp Meet 2010
10	2:28.10	Y	B	F	Austin Boese	17	EXPR	IL	11/13/2010 Alligator Fall Swamp Meet 2010
11	2:39.26	Y		F	Sean Collins	17	EXPR	IL	11/13/2010 Alligator Fall Swamp Meet 2010
Boys Senior 400 IM									
1	4:07.21	Y	AAAA	F	Senior Boys Express Team Record	16	EXPR	IL	8/15/2010 Express Team Record
2	4:35.79	Y	AA	F	Senior Boys State Qualifying	16	EXPR	IL	8/15/2010 State Qualifying - Senior
3	4:42.68	Y	A	F	John Derrig	15	EXPR	IL	2/25/2011 2011 LWSA Winter Regional Championship
4	5:03.39	Y	BB	F	Senior Boys Regional Qualifying	16	EXPR	IL	8/15/2010 Regional Qualifying
5	5:35.39	Y		F	Mariano Derrig	17	EXPR	IL	11/13/2010 Alligator Fall Swamp Meet 2010