

**EXPRESS SWIM TEAM**  
**2010-11 SHORT COURSE SEASON**

**Individual Meet Results**

2011 LWSA Summer Regional Championships 22-Jul-11 to 24-Jul-11 LC Meters

Sanction: ILL0805-11 Location: Lincoln-Way Central High School

Time	F/P/S	Event	Place	Points	Improv
<b>Elizabeth Arand (15) G</b>					
27.99Y	F # 45	Girls Senior 50 Free	26	---	0.19
2:24.13Y	F # 53	Girls Senior 200 Back	9	---	-0.90
<b>Anilyn Bengel (11) G</b>					
30.37Y	F # 23	Girls 12 & Under 50 Free	50	---	-0.70
33.82Y	F # 31	Girls 12 & Under 50 Back	9	---	-2.62
1:14.80Y	F # 71	Girls 12 & Under 100 Back	19	---	-6.60
<b>Eleanor Bengel (11) G</b>					
6:04.09Y	F # 15	Girls 12 & Under 500 Free	6	---	-22.60
29.63Y	F # 23	Girls 12 & Under 50 Free	35	---	0.26
2:37.20Y	F # 35	Girls 12 & Under 200 IM	16	---	1.02
2:17.12Y	F # 63	Girls 12 & Under 200 Free	9	---	-1.93
31.92Y	F # 67	Girls 12 & Under 50 Fly	13	---	0.30
1:04.46Y	F # 79	Girls 12 & Under 100 Free	26	---	0.37
1:14.75Y	F # 83	Girls 12 & Under 100 IM	15	---	0.82
<b>Matthew Bengel (12) B</b>					
1:08.86Y	F # 20	Boys 12 & Under 100 Fly	1	---	-2.80
28.20Y	F # 24	Boys 12 & Under 50 Free	5	---	-0.54
2:39.08Y	F # 36	Boys 12 & Under 200 IM	10	---	-4.65
2:14.13Y	F # 64	Boys 12 & Under 200 Free	5	---	-3.71
30.97Y	F # 68	Boys 12 & Under 50 Fly	2	---	-0.22
1:12.34Y	F # 72	Boys 12 & Under 100 Back	10	---	-4.85
1:01.41Y	F # 80	Boys 12 & Under 100 Free	4	---	-0.09
<b>Michael Cortesio (14) B</b>					
1:04.71Y	F # 44	Boys 14 & Under 100 Fly	12	---	-0.27
26.93Y	F # 48	Boys 14 & Under 50 Free	16	---	-1.99
4:54.21Y	F # 60	Boys 14 & Under 400 IM	2	---	-56.10
2:07.95Y	F # 88	Boys 14 & Under 200 Free	15	---	-8.56
1:05.37Y	F # 96	Boys 14 & Under 100 Back	7	---	-1.18
59.03Y	F # 104	Boys 14 & Under 100 Free	17	---	-2.61
2:24.10Y	F # 108	Boys 14 & Under 200 IM	13	---	-4.68
<b>Victoria Frank (14) G</b>					
12:09.62Y	F # 9	Girls 14 & Under 1000 Free	6	---	-44.83
5:46.20Y	F # 39	Girls 14 & Under 500 Free	7	---	-20.58
27.52Y	F # 47	Girls 14 & Under 50 Free	20	---	-0.23
2:13.88Y	F # 87	Girls 14 & Under 200 Free	25	---	-8.91
59.50Y	F # 103	Girls 14 & Under 100 Free	17	---	-2.21
<b>Jennifer Gockman (16) G</b>					
5:34.15Y	F # 37	Girls Senior 500 Free	6	---	9.06
1:07.87Y	F # 41	Girls Senior 100 Fly	18	---	1.38
<b>Erica Hagen (14) G</b>					
5:44.62Y	F # 39	Girls 14 & Under 500 Free	6	---	---
27.20Y	F # 47	Girls 14 & Under 50 Free	14	---	-1.54
1:20.84Y	F # 51	Girls 14 & Under 100 Breast	24	---	-10.68

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5:19.95Y	F # 59	Girls 14 & Under 400 IM	EXPR-IL	9	---	-41.39
2:11.70Y	F # 87	Girls 14 & Under 200 Free	EXPR-IL	20	---	-19.75
1:12.06Y	F # 95	Girls 14 & Under 100 Back	EXPR-IL	27	---	-9.11
58.55Y	F # 103	Girls 14 & Under 100 Free	EXPR-IL	12	---	-8.65
<b>Connor Kaplan (10) B</b>						
37.40Y	F # 30	Boys 10 & Under 50 Back	EXPR-IL	7	---	-1.75
3:03.13Y	F # 34	Boys 10 & Under 200 IM	EXPR-IL	11	---	---
<b>Charles Kaufmann (12) B</b>						
1:10.98Y	F # 20	Boys 12 & Under 100 Fly	EXPR-IL	3	---	-5.83
27.66Y	F # 24	Boys 12 & Under 50 Free	EXPR-IL	2	---	0.05
33.64Y	F # 32	Boys 12 & Under 50 Back	EXPR-IL	7	---	0.11
2:40.61Y	F # 36	Boys 12 & Under 200 IM	EXPR-IL	11	---	-16.01
2:13.52Y	F # 64	Boys 12 & Under 200 Free	EXPR-IL	4	---	---
30.40Y	F # 68	Boys 12 & Under 50 Fly	EXPR-IL	1	---	-1.05
1:12.42Y	F # 72	Boys 12 & Under 100 Back	EXPR-IL	11	---	-5.50
1:00.27Y	F # 80	Boys 12 & Under 100 Free	EXPR-IL	1	---	0.55
<b>Carolyn Lake (10) G</b>						
7:02.40Y	F # 3	Girls 10 & Under 500 Free	EXPR-IL	14	---	-3.75
32.54Y	F # 21	Girls 10 & Under 50 Free	EXPR-IL	13	---	-0.98
2:39.53Y	F # 61	Girls 10 & Under 200 Free	EXPR-IL	10	---	0.43
1:12.68Y	F # 77	Girls 10 & Under 100 Free	EXPR-IL	15	---	0.09
<b>Sydney Lydon (13) G</b>						
28.31Y	F # 47	Girls 14 & Under 50 Free	EXPR-IL	36	---	-0.17
1:18.15Y	F # 51	Girls 14 & Under 100 Breast	EXPR-IL	16	---	0.03
5:16.80Y	F # 59	Girls 14 & Under 400 IM	EXPR-IL	5	---	---
2:50.61Y	F # 99	Girls 14 & Under 200 Breast	EXPR-IL	13	---	-16.39
1:00.96Y	F # 103	Girls 14 & Under 100 Free	EXPR-IL	30	---	0.84
2:31.64Y	F # 107	Girls 14 & Under 200 IM	EXPR-IL	19	---	0.53
<b>Gabrielle Muzykansky (10) G</b>						
32.18Y	F # 21	Girls 10 & Under 50 Free	EXPR-IL	10	---	-5.20
1:35.51Y	F # 25	Girls 10 & Under 100 Breast	EXPR-IL	15	---	---
38.64Y	F # 29	Girls 10 & Under 50 Back	EXPR-IL	13	---	-4.93
3:01.56Y	F # 33	Girls 10 & Under 200 IM	EXPR-IL	11	---	---
2:42.03Y	F # 61	Girls 10 & Under 200 Free	EXPR-IL	15	---	-78.97
38.43Y	F # 65	Girls 10 & Under 50 Fly	EXPR-IL	17	---	-5.04
1:25.29Y DQ	F # 69	Girls 10 & Under 100 Back	EXPR-IL	---	---	---
1:15.02Y	F # 77	Girls 10 & Under 100 Free	EXPR-IL	29	---	1.78
<b>Alyssa Reinholz (12) G</b>						
1:20.82Y DQ	F # 27	Girls 12 & Under 100 Breast	EXPR-IL	---	---	---
37.57Y	F # 75	Girls 12 & Under 50 Breast	EXPR-IL	8	---	---
<b>Elaina Ricci (14) G</b>						
1:12.59Y	F # 51	Girls 14 & Under 100 Breast	EXPR-IL	1	---	-1.30
2:00.76Y	F # 87	Girls 14 & Under 200 Free	EXPR-IL	1	---	-7.54
2:39.21Y	F # 99	Girls 14 & Under 200 Breast	EXPR-IL	2	---	0.02

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56.15Y	F # 103	Girls 14 & Under 100 Free	EXPR-IL	1	---	-0.49
2:21.97Y	F # 107	Girls 14 & Under 200 IM	EXPR-IL	5	---	-3.10
<b>Claire Schoenberger (16) G</b>						
1:08.25Y	F # 41	Girls Senior 100 Fly	EXPR-IL	20	---	3.76
27.02Y	F # 45	Girls Senior 50 Free	EXPR-IL	15	---	0.84
1:16.40Y	F # 49	Girls Senior 100 Breast	EXPR-IL	8	---	3.45
<b>Stefanie Selvage (17) G</b>						
26.41Y	F # 45	Girls Senior 50 Free	EXPR-IL	7	---	-1.84
1:05.05Y	F # 93	Girls Senior 100 Back	EXPR-IL	5	---	-1.84
58.76Y	F # 101	Girls Senior 100 Free	EXPR-IL	11	---	0.92
<b>Michael Tegeler (13) B</b>						
5:21.02Y	F # 40	Boys 14 & Under 500 Free	EXPR-IL	2	---	-3.06
1:01.93Y	F # 44	Boys 14 & Under 100 Fly	EXPR-IL	4	---	0.22
25.79Y	F # 48	Boys 14 & Under 50 Free	EXPR-IL	11	---	0.34
4:52.95Y	F # 60	Boys 14 & Under 400 IM	EXPR-IL	1	---	---
1:03.63Y	F # 96	Boys 14 & Under 100 Back	EXPR-IL	3	---	-3.74
54.16Y	F # 104	Boys 14 & Under 100 Free	EXPR-IL	6	---	-0.81
2:16.14Y	F # 108	Boys 14 & Under 200 IM	EXPR-IL	6	---	0.56
<b>Maura Towey (16) G</b>						
5:31.12Y	F # 37	Girls Senior 500 Free	EXPR-IL	4	---	1.33
26.71Y	F # 45	Girls Senior 50 Free	EXPR-IL	11	---	-1.65
2:23.05Y	F # 53	Girls Senior 200 Back	EXPR-IL	6	---	-11.30
2:04.20Y	F # 85	Girls Senior 200 Free	EXPR-IL	6	---	1.23
2:49.49Y	F # 97	Girls Senior 200 Breast	EXPR-IL	10	---	-8.98
57.77Y	F # 101	Girls Senior 100 Free	EXPR-IL	8	---	0.81
<b>William Troy (14) B</b>						
1:09.86Y	F # 96	Boys 14 & Under 100 Back	EXPR-IL	14	---	-0.52
<b>Melissa Troy (9) G</b>						
6:53.18Y	F # 3	Girls 10 & Under 500 Free	EXPR-IL	10	---	-45.15
33.05Y	F # 21	Girls 10 & Under 50 Free	EXPR-IL	20	---	-1.26
39.47Y	F # 29	Girls 10 & Under 50 Back	EXPR-IL	20	---	-1.11
3:04.27Y	F # 33	Girls 10 & Under 200 IM	EXPR-IL	13	---	-12.99
2:39.83Y	F # 61	Girls 10 & Under 200 Free	EXPR-IL	11	---	-10.24
1:21.17Y	F # 69	Girls 10 & Under 100 Back	EXPR-IL	9	---	-5.21
1:13.44Y	F # 77	Girls 10 & Under 100 Free	EXPR-IL	21	---	-5.92
<b>Elizabeth Vetter (12) G</b>						
6:05.89Y	F # 15	Girls 12 & Under 500 Free	EXPR-IL	9	---	-23.00
30.69Y	F # 23	Girls 12 & Under 50 Free	EXPR-IL	52	---	0.51
2:20.01Y	F # 63	Girls 12 & Under 200 Free	EXPR-IL	17	---	-5.72
1:04.41Y	F # 79	Girls 12 & Under 100 Free	EXPR-IL	25	---	-2.96
<b>Daria Wick (14) G</b>						
26.65Y	F # 47	Girls 14 & Under 50 Free	EXPR-IL	6	---	0.25
2:21.49Y	F # 55	Girls 14 & Under 200 Back	EXPR-IL	3	---	0.61
2:04.73Y	F # 87	Girls 14 & Under 200 Free	EXPR-IL	6	---	2.05

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1:06.62Y	F # 95	Girls 14 & Under 100 Back	EXPR-IL	9	---	2.48
2:25.94Y	F # 107	Girls 14 & Under 200 IM	EXPR-IL	11	---	3.05